

# Korambayil Ahamed Haji Memorial UNITY WOMEN'S COLLEGE

Government Aided & Affiliated to University of Calicut Accredited by NAAC with CGPA 2.77 & B++ Grade



# **AQAR 2022-23**

Prepared by: -

**Internal Quality Assurance Cell (IQAC)** 

KORAMBAYIL AHAMED HAJI MEMORIAL UNITY WOMEN'S COLLEGE, MANJERI.

#### World Environment Day Celebration June 5, 2022



#### **Objectives**

Raising awareness: The competition aims to increase public awareness about environmental issues and concerns through the medium of photography. It encourages participants to capture and showcase the beauty of nature or highlight environmental challenges.

Encouraging engagement: The competition provides a platform for photographers of all levels to actively engage with environmental issues. It encourages participants to observe their surroundings, explore nature, and document environmental stories through their lenses.

Fostering creativity: The competition fosters creativity and artistic expression by challenging participants to find innovative ways to communicate environmental messages through their photographs. It encourages photographers to think critically about the environment and its preservation.

Promoting positive change: By showcasing powerful and impactful images, the competition aims to inspire positive action and change. It can motivate individuals and communities to take steps towards conservation, sustainable practices, or advocacy for environmental causes.

Building a community: The competition brings together photographers, environmental enthusiasts, and the wider community. It provides a platform for networking, sharing ideas, and fostering a sense of collective responsibility towards the environment.

#### The outcomes of the competition can include:

Exhibition and recognition: The winning photographs and selected entries may be exhibited in galleries, public spaces, or online platforms, gaining recognition for the photographers and their work. This exposure helps amplify the environmental messages conveyed through the photographs.

Education and learning: The competition can serve as an educational tool by showcasing diverse environmental issues and perspectives. It encourages participants and viewers to learn about the environment, fostering a deeper understanding and connection with nature.

Awareness and advocacy: The photographs can be used for promotional purposes, raising awareness about specific environmental concerns. They may be shared on social media, in publications, or during environmental campaigns, amplifying the reach and impact of the messages.

Inspiration and motivation: The competition can inspire others to take up photography or become more involved in environmental initiatives. It can encourage individuals to explore the environment, observe its beauty, and become active advocates for its protection.

Collaboration and partnerships: The competition may foster collaborations between photographers, environmental organizations, and communities. It can create opportunities for partnerships to address environmental challenges, initiate conservation projects, or organize future events focused on environmental awareness.

Overall, a photography competition on Environment Day seeks to leverage the power of visuals to inspire change, raise awareness, and foster a deeper appreciation for the environment.

#### Report

World Environment Day in the campus is celebrated on June 5 by Women Cell with a competition to capture the greenery in the campus of KAHM Unity Women's College. Out of the numerous entries received, the photographs taken by Shahna P- BA History, Ansheera CM Bsc FCS and Fathima Najva- BA History received first, second and third prizes respectively. Shabna Basheer of B. Sc. CS and Loosiya K P: Faculty member FCS Department received special Jury mention.

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First Prize winning photograph

#### Women and Awareness on Health: Yoga Day Celebration: June 21, 2022



As a part of the celebration of Yoga Day 2022, Women Cell organized an online quiz competition to promote awareness about the significance of Yoga. Afla Hanna of B. Sc. Psychology got the first prize in the competition. Fathima Febna of BA History and Jumana Jabin of B.Sc. FCS shared the second prize.

2. Campus Radio: Voice of Unity, An Initiative of Women Cell

With a perspective to inculcate confidence among the students to voice their ideas, the Campus radio programmes are broadcasted every week. Department of Mathematics and Department of Botany hosted the programmes in September 2022.



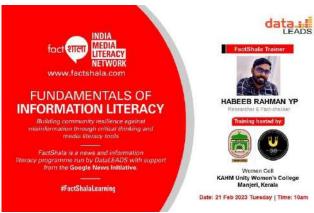
Supporting the physically challenged -Cake Challenge



Women Cell of the college conducted a cake challenge programme with MIND (Mobility in Dystrophy), an association for the welfare of the people who suffered from Muscular Atrophy, in the month of December. Students and teachers bought cakes to support MIND.

### 1. Workshop on Fundamentals of Information Literacy





Women Cell in collaboration with FactShala, a community for truth checking, organized a one day workshop on Fundamentals of Information Literacy on 21st February 2023. Mr. Habeeb Rahman PY who works in All India Radio was the resource person. The programme was a Google News Initiative. Ms. Aswathi M. P. coordinated the event.

#### 14. Anti-dowry Campaign



Under the initiative of the Women Cell of the college, the students took part in the Anti-dowry Campaign on 28<sup>th</sup> November 2022. As a part of creating awareness against the evil practice of dowry, the students took an oath that they would neither offer nor accept dowry.

The objective of an anti-dowry pledge is to combat the social practice of dowry, which is the giving of gifts, property, or money from the bride's family to the groom's family at the time of marriage. Dowry practices can lead to financial burdens, exploitation, and various forms of abuse against women and their families. By taking an anti-dowry pledge, individuals commit to refusing and discouraging the acceptance or exchange of dowry during marriages.

The primary objectives of an anti-dowry pledge are:

Promoting gender equality: Dowry practices reinforce traditional gender roles and contribute to the subordination of women. By rejecting dowry, the pledge aims to promote equal treatment and respect for women in marriage.

Empowering women: The pledge encourages women and their families to stand against the pressure to give dowry, empowering them to assert their rights and maintain their dignity.

Combating financial exploitation: Dowry demands can place a significant financial burden on the bride's family, leading to economic hardship and debt. The pledge aims to alleviate the financial strain on families and prevent exploitation.

Raising awareness: Taking the pledge helps raise awareness about the negative impacts of dowry and promotes discussions around gender-based discrimination and violence.

Challenging societal norms: The pledge challenges deeply entrenched societal norms and expectations related to dowry, encouraging individuals to question and reject these practices.

The expected outcomes of an anti-dowry pledge include:

Reduction in dowry-related violence: By refusing to accept or demand dowry, the pledge contributes to reducing instances of domestic violence, harassment, and abuse that may occur when dowry expectations are not met.

Economic empowerment: Families are relieved from the financial burden of dowry, allowing them to invest their resources in education, healthcare, and other productive activities. This contributes to the overall empowerment of women and their families.

Change in societal attitudes: Taking the pledge can influence wider societal attitudes towards dowry, challenging the social acceptance of this practice and encouraging a more egalitarian view of marriage.

Enhanced legal protection: Anti-dowry pledges can create awareness about existing legal protections against dowry and support efforts to enforce laws that criminalize dowry-related offenses.

Promotion of alternative marriage practices: The pledge encourages individuals to explore alternative marriage practices that prioritize love, respect, and equal partnership rather than material exchange.

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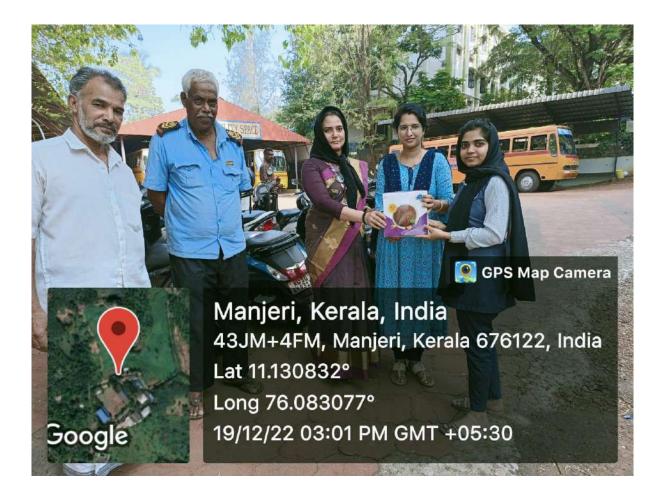
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KAHM Unity Women's college, Manjeri Supporting the physically challenged -Cake Challenge



Women Cell of the college conducted a cake challenge programme with MIND (Mobility in Dystrophy), an association for the welfare of the people who suffered from Muscular Atrophy, in the month of December. Students and teachers bought cakes to support MIND.

Economic Empowerment: Objective: To provide income-generating opportunities for physically challenged individuals. Outcome: By purchasing their cakes, you contribute to their financial independence and empower them economically. This helps them gain a sense of dignity and self-worth, and reduces their dependence on others for financial support.

Social Inclusion: Objective: To promote the inclusion of physically challenged individuals in society. Outcome: By supporting their cake-making endeavors, you encourage their participation in the community and help break down social barriers. This can lead to greater acceptance, respect, and understanding of their abilities and potential, fostering a more inclusive society.

Skill Development: Objective: To enhance the skills and talents of physically challenged individuals. Outcome: By buying their cakes, you provide an incentive for them to continue honing their baking skills. This can lead to improved craftsmanship, creativity, and expertise, opening doors to future opportunities in the culinary field. Additionally, the experience of running a small business can enhance their entrepreneurial and management skills.

Self-Confidence and Well-being: Objective: To boost the self-confidence and overall well-being of physically challenged individuals. Outcome: When you appreciate and support their cake-making efforts, it positively impacts their self-esteem and self-belief. It shows them that their contributions are valued, which can significantly improve their mental and emotional well-being. This increased confidence can also spill over into other areas of their lives, empowering them to pursue their goals and aspirations.

Awareness and Advocacy: Objective: To raise awareness about the abilities and potential of physically challenged individuals. Outcome: By purchasing and enjoying their cakes, you become an advocate for their capabilities. Sharing your positive experiences and recommending their products can help create a ripple effect, encouraging others to support and appreciate their talents. This increased awareness can challenge stereotypes, reduce stigma, and promote a more inclusive society.

Overall, supporting physically challenged individuals by buying the cakes they make can contribute to their empowerment, inclusion, skill development, self-confidence, and societal awareness. It is a meaningful way to make a positive impact and promote equality and dignity for all individuals, regardless of their physical abilities.

# KAHM Unity Women's College, Manjeri

## Programme Report

(The format is prepared and circulated by IQAC)

1.Name of the programme	A Session on Happiness and Wellness
2.Aim, Objectives, and Scope of the programme	To help the students think deeply about happiness, companionship, mercifulness, passion, vision.  To instil confidence in the students to face tears
3.Name of the coordinator/organizing secretary	Aswathi M.P.
4.Date of programme	06 <sup>th</sup> January 2023
5.Mode of the programme(offline/online)	Offline
6.Total number of attendees/participants	90
7.Organizing body	Women Cell
8.Organizing committee members	Aswathi M.P.
9.Students' involvement in organizing the programme	Students actively participated in the discussion and extended vote of thanks.

10.Detailed report of the programme	Women cell of the college, in collaboration with the Department of Psychology, organized a session on "Happiness and Wellness" on 06 <sup>th</sup> January 2023. Mr. Shabeerali, UNICEF and WHO Certified speaker handled the session. Companionship, love and friendship, mercifulness, passion, mission and vision, acceptance etc. were the topics discussed during the session.
11.Feedback of the programme	Attached
12.Feedback analysis	Attached.
13.Outcome, Evaluation, and results of the programme	The session supported the students to follow their dreams to attain happiness and face challenges with confidence.
14.Signature of the organizing secretary	

# Seethi Sahib Chair for Cultural and Political Studies Annual Report 2022-23

Seethi Sahib Chair for Cultural and Political Studies, the first Chair in the institution, has been inaugurated by the Honourable Parliamentarian, Janab. E.T. Muhammed Basheer M. P, on 15 September, 2022. The Governing Body of the college, with the support of IQAC, took initiative for setting up the new chair in connection with the Thirtieth Anniversary Celebrations of the institution. The Chair aims to nurture politically aware and socially committed student community for brighter tomorrows.

#### Vision, Mission and Objectives: -

- ➤ To empower the stakeholders in order to respond proactively towards the socio-cultural and political issues of the society and the nation.
- > To inculcate the skills and values of critical thinking among the students so as to contribute to the holistic development of the society

- ➤ To conduct various events that contribute to the intercultural co-existence of societies and communities adding to the core values of the institution
- > To instill the democratic and secular values among the student community of parent institution as well as neighbouring institutions
- ➤ To ensure platform for study and documentation of oral history, regional history and marginal cultures
- > To facilitate interactions with the renowned scholars, political activists and civil society groups with a view to strengthen the ideas and institutions of democracy

#### **Proposed Activities and Action Plans**

- Organize memorial talks of the founders and management committee members of the college in every academic year
- ➤ Invite reputed scholars and dignitaries at the national level and organize table talks and interactions with the faculty members and students
- > Organize events that will contribute national integration
- > Organize residential camps for the selected students to hone their leadership skills
- Organize workshops on regional history and community history for the students and the public
- Organize lectures on Secularism, democracy and equity so as to sensitize the students community
- ➤ Bring reputed women to the campus and organize events that contribute to the women empowerment
- Organize seminars, conferences and debates that contribute to the empowerment of Minorities, Dalits and other backward communities
- > Organize events in collaborations with other organizations and institutes.

#### Office Bearers of the Chair 2022-23 to 2025-26 (3 Years)

Chief Patron Janab Munavvarali Shihab Thangal

Patron - Manager

Director - Mr. Abdul Rof V

Members - Dr. Muhammed Basheer Ummathur (Principal)

-Dr. A.K. shahina Mol(Teaching Representative)

-Mr. Muhammedali P(Teaching Representative)

Mr. Basheer Hussain Thangal(Non-Teaching Representative)

Mr. P.A Rasheed (CH Chair, University of Calicut)

Union Representative

#### Discover the Spark in You

Leadership Programme

Seethi Sahib Chair for Cultural and Political Studies & Debate and Politics Club

K A H M Unity Women's College

25/11/2022

Seethi Sahib Chair for Cultural and Political Studies in collaboration with Debate and Politics Club has organized a leadership programme titled Discover the Spark in You. Shahid Thiruvallur, IIS, Assistant Director, Ministry of Information and Broadcasting Govt. of India, was the chief guest of the programme. Through his talk on the topic **Discover the Spark in You,** he motivated students to aspire in the Civil Service Sector drawing from his own personal experience. Though it is prestigious and highly competitive, with focus and perseverance, any Indian can dream of reaching the goal. Mr. Muhammedali P., Coordinator of the event, welcomed the gathering. The talk was followed by an interaction with the students. Dr. Muhammed Basheer Ummathoor, Principal, Er. O. Abdul Ali, Manager, Dr. Shahina Mol A.K., IQAC Coordinator, and Dr. Usman A, PTA Representative, spoke in the event. Mr. Abdul Rof, Director, Seethi Sahib Chair for Cultural and Political Studies, has delivered vote of thanks.







#### **Debate of New Generation and Changing Future Thoughts**

Seethi Sahib Chair and Manjeri Public Library jointly organized a debate on New Generation and Changing Future Thoughts on 24 February 2023. The program was presided over by NT Farooq, president Manjeri Public Library and inaugurated by Dr. K.K Balachandran, District Library Council Secretary. Adv. Beena Joseph presented the topic. College Principal Dr. Muhammed Basheer Ummathur, Mr. Abdul Rof V and Union Representative Fathima Thesni addressed the gathering.



Government of India, Department of Posts and KAHM Unity Women's College Staff club jointly conducted a financial literacy session based on various investments and Insurance Schemes on 6<sup>th</sup> July pm at Ac Seminar hall. Mrs. Jaseena c, Assistant Professor of History and Staff club secretary welcomed the programme and presided over by Principal Dr. Muhammed Basheer Ummathur. In this session handled by Dileep Kumar , Development officer PLI ,Manjeri Division. On the topic "Postal Life Insurance" In this was very informative for all the staff. Vote of thanks offered by Mr. Noushadali PK, ,Head and Assistant Professor of Arabic.

#### Anti- Islamophobia Day

#### Erica Students Union & Debate and Politics Club

#### K A H M Unity Women's College, Manjeri

Debate and Politics Club in Collaboration with Erica Students Union organized a discussion on Islamophobia on 15<sup>th</sup> March 2023 as United Nation declared the day as Anti- Islamophobia Day. Keynote Speaker, Dr. V. Hikmathulla, Assistant Professor & Head, Department of Malayalam, has traced the origin of Islamophobia in the cultural domain and the way in which it is being used as a tool to create paranoia against Muslims. Dr. A K Shahina Mol, IQAC Coordinator, O. Abdul Ali, Manager of the College, Aneesa Minnath Beevi, Chair Person of the College Union have participated in the discussion followed by the Key note speech. Muhammedali P, Coordinator of the Debate Club, moderated the event.

# KAHM Unity Women's College, Manjeri

# Programme Report- Dance Club

(The format is prepared and circulated by IQAC)

1.Name of the programme	'Say No To Drugs'- Flash Mob

2.Aim, Objectives, and Scope of the programme	1.The flash mob with the theme "Say No to Drugs" at Manjeri bus stand aimed to raise awareness about the harmful consequences of drug abuse within the community. Engaging a diverse audience, including commuters, passersby, and local residents, the flash mob successfully delivered a powerful message against drug abuse. The outcomes included increased awareness, positive media coverage, and inspiration for future initiatives addressing social issues. Through careful planning, collaboration with local organizations, and leveraging social media, the flash mob fostered healthier thoughts and awareness among the students, at the same time instilling a sense of responsibility towards the community.
3.Name of the coordinator/organizing secretary	Dr. Poornima R, Ms. Keerthana Sivan
4.Date of programme	28/10/2022
5. Duration In Days	Half a day
6.Total number of attendees/participants	29
7.Organizing body	Dance Club, KAHM Unity Women's College
8.Organizing committee members	The Faculty and students of the Dance Club
9.Students' involvement in organizing the programme	coordinating the programme, Presenting the flash mob

#### 10.Detailed report of the programme

On October 28, 2022, a flash mob on "Say No to Drugs" flash mob took place at the Manjeri bus stand, organized by the Dance Club of the college. The event aimed to address the rising concerns of drug abuse within the community through creative and engaging means.

The flash mob commenced with an enthusiastic group of participants converging at the bus stand, surprising commuters with a sudden burst of energetic and choreographed dance performances. Dressed in eye-catching attire with anti-drug slogans, the participants effectively attracted the attention of onlookers and passers by.

The event successfully engaged a diverse audience, including commuters awaiting buses, pedestrians, and local residents. The interactive nature of the flash mob encouraged spontaneous participation from the community, creating a lively and supportive atmosphere.

The event attracted positive media coverage from local news outlets, amplifying the message to a broader audience.

The flash mob stands as a testament to the effectiveness of community-driven initiatives in addressing social issues. Through a combination of creativity, education, and community engagement, the event successfully contributed to fostering a healthier and drug-free community in Manjeri.

11.Feedback of the programme	Feedback from participants and spectators highlighted the success of the flash mob in achieving its objectives. Increased awareness and a sense of responsibility towards the community were instilled among the students, besides creating an increased awareness in society about the abuse of drugs.
12.Feedback analysis	Feedback indicated a highly positive community response, with appreciation for the initiative. Many responded that the flash mob effectively captured their attention and conveyed the anti-drug message in an engaging manner.
13.Outcome, Evaluation, and results of the programme	Feedback from participants and spectators highlighted the success of the flash mob in achieving its objectives. Increased awareness and a sense of responsibility towards the community were instilled among the students. The social media campaign associated with the event further extended its reach, with
14.Signature of the organizing secretary	



KAHM Unity Women's College, Manjeri

# Programme Report- Dance Club

(The format is prepared and circulated by IQAC)

1.Name of the programme	'Say No To Drugs'- Dance Drama
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2.Aim, Objectives, and Scope of the programme	The objective was to utilize the artistry of dance and poetry to deliver a compelling anti-drug message, educate the college community about the consequences of substance abuse, and inspire positive behavioral change. The college performance not only focused on drug abuse but was a creative and engaging initiative to teach of the potential of art in addressing pertinent social issues within educational institutions.
3.Name of the coordinator/organizing secretary	Dr. Poornima R. Ms. Keerthana Sivan
4.Date of programme	2/11/2022
5. Duration	10 mts
6.Total number of attendees/participants	750
7.Organizing body	Dance Club and Alumni Association, KAHM Unity Women's College
8. Organizing committee members	The Faculty and students of the Dance Club
9.Students' involvement in organizing the programme	coordinating the programme

10.Detailed report of the programme	The collaborative dance drama, themed "Say No to Drugs," was performed within the college setting through the joint effort of the Alumni Association of the English Department and the Dance Club on 2 <sup>nd</sup> November 2022. The performance took place in the college auditorium. The choreography complemented the thought-provoking poem, creating a dynamic and immersive experience for the audience. The performance was done by Dr. Poornima R and Ms. Reena C.M. (Faculty and Alumnae of English Department) and the poem was recited by Ms. Abida Abdulla (Alumna of English Department). The students of the dance club rendered music to the recitation.
11.Feedback of the programme	Feedback from the students highlighted the success of the performance in achieving its objectives. The programme informed the students of how art can creatively be used for addressing the social issues.
12.Feedback analysis	Feedback indicated a highly positive response, with appreciation for the initiative. It opened a new possibility for the students to understand the potential of art in addressing social issues.
13.Outcome, Evaluation, and results of the programme	The choreography, paired with the emotive poetry recitation, was lauded for its creativity and ability to convey a powerful anti-drug message. This performance served as a compelling example of how creative expressions, such as dance and poetry, can become powerful mediums for conveying meaningful messages and inspiring positive change within a community. The event illuminated the capacity of art to transcend traditional boundaries, providing a fresh perspective on its role as a catalyst for social awareness and collective engagement among the student body.



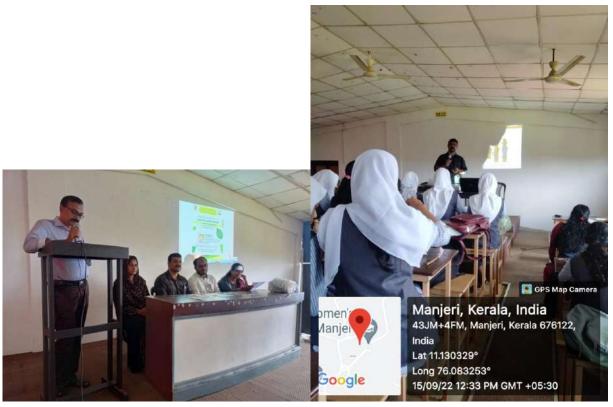


Eco and Nature Club Inauguration and hands-on training program in Plant Propagation Techniques

Eco and Nature club inauguration and the hands-on training program in Plant Propagation Techniques organized by the Eco and Nature Club in association with P.G. Department of Botany. The program was held on 15th September 2022 and was attended by plus one students of C.H.M.K.M. H.S.S Kavanur, Irivetty, BSc. Botany final year students and club members. The inauguration was presided over by Dr. Faseela P, Assistant Professor, Department of Botany, who welcomed the gathering and spoke about the importance of the program. Dr. Muhammed Basheer Ummathur, Principal, addressed the gathering and appreciated the efforts of the P.G. Department of Botany and the associated clubs in organizing such a useful program. Mr. Jubail. E., Farm Manager, Agricultural Research Station, Anakkayam, who was the resource person for the program, took over the session. He started with a brief introduction to the importance of plant propagation techniques and their applications in agriculture, horticulture, and environmental conservation. The resource person inaugurated the Eco & Nature club and explained the different propagation techniques like grafting, budding, layering, etc. The students were given a detailed explanation of the principles and techniques

involved in each method. After the theoretical session, the resource person demonstrated the different techniques or hands-on training, and the students were given an opportunity to practice these techniques under his guidance. The program concluded with a vote of thanks by Mr. Aleem Yousuf M Assistant Professor, Department of Botany.







#### World Bamboo Day Celebrated

Eco and Nature Club in association with P.G. Department of Botany organized an inter-department pencil drawing competition on 18th September 2022 to celebrate World Bamboo Day. The competition was open to students from various departments, and the aim was to promote awareness about the importance of bamboo as a sustainable resource for environmental conservation and economic development. The competition witnessed enthusiastic participation from students across various departments. They expressed their creativity and artistic skills through pencil drawing. The judges evaluated the drawings based on creativity, originality, and adherence to the theme. Mrs. Amjadha Shoukath, a 1st Sem BA History student, won the first prize for her exceptional artwork that demonstrated her keen understanding of the theme. Mrs. Anshida P.P., a 3rd Sem B.Sc. Mathematics student, won the second prize for her unique and captivating drawing. Mrs. Thasliya K., a 3rd Sem BA English student, won the third prize for her impressive artwork that conveyed the importance of bamboo in sustainable development.











Eco & Nature Club conducted one day Nature camp

On 24<sup>th</sup> December 2022, Eco & Nature Club and Bhoomithrasena Club organized a one-day nature camp at Anakkampoyil in association with Friends of Nature, an NGO of Malappuram District. The aim of the camp was to expose students to the rich biodiversity and natural beauty of the region and to promote awareness and appreciation for the environment. 46 students from various departments, along with four teachers, participated in the nature camp. The group was accompanied and guided by members of the Friends of Nature NGO. The participants were enthusiastic and eager to learn about the environment and engage in eco-friendly activities. The group was led by the NGO members who guided the participants through a 12 km long trek through the jungle path. The participants were divided into smaller groups, and each group was assigned an NGO member as a guide. During the trek, the participants had the opportunity to observe and learn about the flora and fauna of the region. The NGO members provided information about the different species and their importance in the ecosystem. The participants also listened to the sounds of nature and appreciated the beauty of the environment. 46 students from various departments with four teachers were participated in the camp. NGO members accompanied and guided 12 km long trucking through jungle path. Walking through

the forest by listening nature's rhythm was an amazing experience to our students.











#### Signing MoU with a Non-Governmental Organization - Friends of Nature

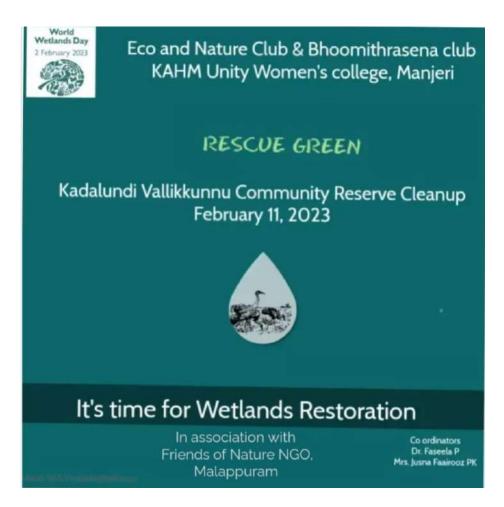
Eco and Nature Club in association with the Department of Botany signed a MoU with a Non Governmental Organisation - Friends of Nature, Calicut Airport, Malappuram, Kerala on 20 January, 2023. Friends of Nature is renowned for its active engagement in the fields of environmental education, nature awareness, climate change and sustainable development and the college aims for an effective participation of students in programs related to environmental protection and biodiversity conservation in and outside the campus.



#### **Community Reserve Cleaning**

The cleaning event organized as part of the World Wetlands Day campaign was a great success. The event was held on 11th February 2023 at Bala Thuruthi Bridge and surrounding areas of the Kadalundi Vallikkunnu Community Reserve (KVCR) in collaboration with the Community Reserve Managing Committee and Friends of Nature, an environmental group 'Rescue Green'. The volunteers from Eco & Nature Club and Bhumithrasena of Korambayil Ahmed Haji Memorial Unity Women's College, Manjeri, also actively participated in the event. KVCR Managing Committee Chairman P. Shivdasan inaugurated the event.

The event started with a brief introduction by the organizers about the importance of wetlands and their conservation. The volunteers were then divided into groups and assigned different areas to clean. During the cleaning process, the volunteers picked up litter and debris from the area and segregated them for proper disposal. The volunteers were provided with gloves, face masks, and garbage bags to ensure their safety. The organizers made sure that the waste was disposed of properly and did not harm the environment. The volunteers were also educated about the importance of wetlands and their role in maintaining the ecological balance. The event was successful in creating awareness about the importance of wetlands and their conservation. The volunteers actively participated in the cleaning process, and the collaboration between the Community Reserve Managing Committee, Friends of Nature, and the volunteers ensured the success of the event. The event also provided an opportunity for the students to actively engage in environmental conservation efforts.











#### ചന്ദ്രിക

പ്രവർത്തകർ

## കമ്വൂണിറ്റി റിസർവ് ശുചികരണം

മഞ്ചേരി: ലോക തണ്ണിർത്തട ദിന കാമ്പതി ഒരു ഭാഗമായി കടലുണ്ടി വള്ളിക്കുന്ന് കമ്യു ണിറ്റി റിസർവിലെ ബാലാ തുരുത്തി പാലവും പരിസര പ്രദേശങ്ങളും ശുചീകരിച്ചു. കമ്യൂ ണിറ്റി റിസർവ് മാനേജിങ് കമ്മിറ്റിയുടെയും പരിസ്ഥിൽ കുട്ടായ്മയായ ഫ്രണ്ട്സ്ഓഫ് നേ ചനിന്റെയും സഹകരണത്തോടെ മഞ്ചേരി കാരവയിൽ അഹമ്മദ് ഹാജി മെമ്മോറിയൽ യുണിറ്റി വിമൻസ് കോളജിലെ ഇക്കോ ആന്റ് നേചർ ക്ലബ്ബിന്റെയും ഭൂമിത്രസേനയുടെയും പ്രവർത്തകരാണ് സന്നദ്ധ സേവന ത്തിലേർപ്പെട്ടത്. മാനേജിങ് കമ്മിറ്റി ചെയർ മാൻ പി. ശിവദാസൻ പരിപാടി ഉദ്ഘാടനം ചെയ്തു. ഫ്രണ്ട്സ് ഓഫ് നേചർ സെക്രട്ടറി റഫീഖ് ബാബു, യൂണിറ്റി വിമൻസ് കോളജ് സസ്യശാസ്ത്രഅധ്യാപകർഡോഫസില, ജുസ്ന ഫൈറൂസ്, അലിം, ഉനൈസുദ്ദിൻ പ്രസം ഗിച്ചു. വിവിധ തരത്തിൽ പെട്ട മൂന്ന് കിന്റ് ലോളം മാലിന്യങ്ങൾ തരം തിരിച്ചു ശേഖരിച്ചു. ക്ലബ് കോടാർഡിനേറ്റഴ്സ് ഡോ. പി. ഫ സില, പി.കെ ജുസ്ന ഫൈറൂന്റ് എന്നിവരും വിദ്യാർഥിനികളായ ആസിയ നഷാത്, റാഷി ദ നേതൃത്വം നൽകി.

Chandrika Edition Feb 15, 2023 Page No. 15 Powered by : eReleGo.com

FLASH TALK -2





Flash talk: talk to the moment, episode 2 is held on 2<sup>nd</sup> February 2023 at 12:30pm. Mubeena of BSc chemistry talked about the topic; prospects and challenges in contemporary issues. This is the 2<sup>nd</sup> talk organized by Hone your Leadership Skills club with the cooperation of IQAC of KAHM Unity women's college Manjeri. Ms Irfana NK started with the welcome speech. Fathima Thesni noted vote of thanks. Fathima Jesni shared her view on the topic. The program came an end by the words of Dr. Shahina miss.

#### 75th INDEPENDENCE DAY CELEBRATIONS

75th Independence Day Celebrations at KAHM Unity College Manjeri was inaugurated by Dr. K. S. Madhavan, the renowned historian and public intellectual who took the audience on an awakening and enlightening journey of the spirit of freedom and independence highlighting the concept of "Swaraj" as envisioned by legendary leader like Jawaharlal Nehru, Mahatma Gandhi, B. R. Ambekar and the like. He highlighted that constitutional values such as secularism, justice and cultural inclusiveness must be celebrated in the wake of 75th Independence day celebrations. The Anticolonial perspective and the inclusive democratic spirit which led the freedom fighters and the people alike formed the rock bed of revolutionary movements in Indian History which he said should be laid down as sharing memories in every Indian's consciousness especially among the youth. Chief Guest of the day Dr. K. S. Madhavan inaugurated the Azadi Square and visited the Freedom Wall. Sri. O.



Mon, HoD of History, formally welcomed the gathering and Mr. Siddhique, Convenor of Arts Club, rendered vote of Thanks.

#### **ONAGHOSHAM**

This year's Unity Onagosham was celebrated in a grand manner on Thursday 1st September 2022 under the leadership of Finearts Club, IQAC, NCC, NSS, and Physical Education Sections. Teams from various departments participated in competitions such as Tiruvathirakali, Pookalam, Musical Hat, and Tug of War. The psychology team won the tug-of-war competition in which nine departments participated. The Family and Community Science team became the runners-up.In 'Pookala' competition, the Mathematics, B.Com CA, and English departments won one, two, and three positions, respectively. A ripple of excitement went through the auditorium as the teachers performed Thiruvathira. The colourful ceremony was inaugurated by Principal Dr. Muhammad Basheer Ummatur. In the program, the head of the chemistry department, Dr. P. Jyoti, gave the welcome message. I.Q. A.C. Coordinator Dr. AK Shahinamol, NTS Secretary Basheer Hussain Thangal, and Staff Club Secretary Jasina C congratulated the students. Finearts Club Coordinator Siddique P. welcomed the gathering and Hamraz Ahmed proposed a vote of thanks.



December 2022 at 2 Pm. All the faculty members and students were present in large numbers to celebrate the birth of Lord Jesus Christ. A specially ordered Christmas cake sweetened the already festive atmosphere. There was great joy among the students and their teachers when the college choir sang the traditional Christmas carols with devotion and gusto. Dr. Annie Ninan explained the spiritual meaning of Christmas to the students and pointed out the relevance of the teachings of Jesus Christ, in which Love, Joy, Forgiveness and Peace are core values to be practiced for world peace and harmony. The sudden arrival of Santa Claus added more fun and the Christmas cake was cut by the

Principal Dr. Muhammed Basheer Ummathur. The College Manger, O Abdul Ali , IQAC Coordinator, Dr. A. K. Shahina Mol, Fine Arts Directors Mr. Sidhique P and Dr. Thasnim P and Fine Arts Secretary , Safa offered Felicitations. The memory of that celebration still lingers in our minds as a very memorable joyous event.













# EK BHARAT SHRESHTHA BHARAT (EBSB) CLUB

#### **Programme Report**

- 1. Name of the programme: Learning Pahadi Natti
- 2. Aim, Objectives and scope of the programme:

**Aim:** To generate the vibrance of understanding & appreciation amongst the people and forged mutual bonding, thus securing an enriched value system of unity in the nation through interaction between different segments of the population of each pair of States

#### Objectives:

- 1. To understand and appreciate the culture/folk dances of Himachal Pradesh
- 2. To learn Pahadi Natti
- 3. To create an affinity with the paired state- Himachal Pradesh

**Scope:** The students will learn the cultural aspects especially Pahadi Natti, the traditional folk dance of HP

- **3.** Name of the coordinator/ organizing secretary: Dr. N.V.Fatimathu Zuhara, Assistant Professor in Home Science
- **4. Date of Programme:** 26<sup>th</sup> July 2022
- 5. Mode of the programme: Online

- 6. Total number of attendees/participants: 189
- 7. Organizing body: EBSB Club
- 8. Organizing committee members:

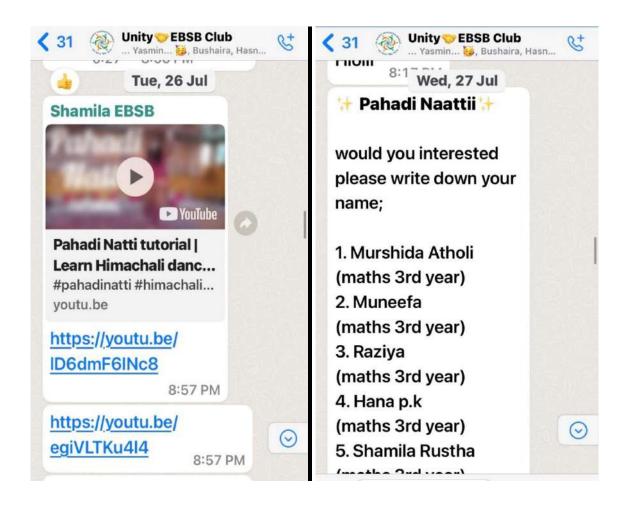
Ms Shamila Rustha, V semester B Sc Mathematics (Student Coordinator)

#### 9. Student's involvement in organizing the programme:

Fifteen students volunteered to learn Pahadi Natti and started to practice it.

#### 10. Detailed report of the programme:

On 26<sup>th</sup> July 2022, a video on 'Pahadi Natti Tutorial' was shared in the whatsapp group of EBSB club in order to facilitate the club members to learn 'Pahadi Natti', the traditional folk dance of Himachal Pradesh. The video included the step by step description of Pahadi Natti and few more related videos from the Youtube were also shared in the group for better learning. Around 15 students volunteered to learn Pahadi Natti and started to practice it. Understanding the culture of other states develops a deep sense of respect and appreciation for the people of other states and thereby strengthens national integrity.



#### 11. Feedback of the programme:

The students enjoyed and appreciated Pahadi Natti video. Around 15 students volunteered to practice the dance.

#### 12. Outcome, Evaluation and results of the programme

- 1. Developed a deep understanding of the traditional folk dance of HP
- 2. Enhanced the appreciation and respect towards the paired state

13. Signature of the organizing secretary:

**EBSB Coordinator** 

Dr N V Fatimathu Zuhara

Assistant Professor of Home Science

#### KAHM UNITY WOMEN'S COLLEGE

#### EK BHARAT SHRESHTHA BHARAT (EBSB) CLUB

#### **Programme Report**

- 1. Name of the programme: AZADI KA AMRIT MAHOTSAV -75<sup>TH</sup> INDEPENDENCE DAY CELEBRATION –HIMACHAL SONGS & NATIONAL INTEGRATION DANCE
- 2. Aim, Objectives and scope of the programme:

Aim: To appreciate unity in diversity to promote national integration Objectives:

- 6. To CELEBRATE the Unity in Diversity of our Nation
- 7. To SHOWCASE the rich heritage and culture, customs and traditions of either State for enabling people to understand and appreciate the diversity

*Scope:* Appreciating the diversity of states will enhance the respect and empathy among the people and strengthens national unity

- **3. Name of the coordinator/ organizing secretary:** Dr. N.V.Fatimathu Zuhara, Assistant Professor in Home Science & EBSB Coordinator
- **4. Date of Programme:** 17<sup>th</sup> August 2022

5. Mode of the programme: Offline

6. Total number of attendees/participants: 1250

7. Organizing body: EBSB Club

8. Organizing committee members:

Ms Vineetha K, Assistant Professor in English

Ms Loosiya KP, Assistant Professor (Adhoc)

Ms Shamila Rustha, V semester B Sc Mathematics (Student Coordinator)

#### 9. Student's involvement in organizing the programme:

Ms Anaina, V Sem B A English, assisted the student coordinator in conducting the national integration dance. There were team leaders for each type of dance group who coordinated the activities within the group like purchasing dresses and accessories for rent.

#### 10.Detailed report of the programme:

Azadi Ka Amrit Mahotsav, the 75<sup>TH</sup> Independence Day Celebration at the college was jointly organized by the IQAC, Department of History, EBSB Club, Arts Club, NCC and NSS on 17.08.2022. Dr.K S Madhavan, the renowned historian and public intellectual inaugurated the programme. Among the various events held on this auspicious occasion, 'Pahadi Song' and 'Culture Mix -National Integration Dance' were coordinated by the EBSB Club and EBSB & NCC respectively.

#### HIMACHAL SONGS

The EBSB Club members presented two songs of Himachal Pradesh, as a part of expressing our appreciation and respect towards Himachal Pradesh, the paired state under Ek Bharat Shrestha Bharat. The songs included a Himachali patriotic song and a Pahadi folk song. Around seven members of the club participated in the event.

#### **CULTURE MIX - NATIONAL INTEGRATION DANCE**

As a part of the Azadi Ka Amrit Mahotsav -75<sup>TH</sup> Independence Day Celebration held on 17<sup>th</sup> August 2022, the EBSB Club and NCC jointly organized a Culture Mix-National Integration Dance. A total of 77 students including the EBSB Club members, NCC cadets and students from various departments performed the traditional dances of various states of India. It included Ranga Pooja, Thiruvathira, Kummi, Garba, Ghoomar, Bhangra, Pahadi Naati and Bumbro dances of Kerala, Tamil Nadu, Gujarat, Rajasthan, Punjab, Himachal Pradesh and Kashmir respectively. The culture mix ended with the integration of all the nine dance teams in the presence of Bharat Matha. The Culture Mix- National Integration Dance of 45 minutes duration received wide applause from the audience. The EBSB Club student coordinator Ms. Shamila Rustha of V Sem B Sc Mathematics and NCC student coordinator Ms. Anaina of V Sem B A English arranged this mega event under the guidance of Dr. N V Fatimathu Zuhara (EBSB Coordinator), Ms. Loosiya (NCC Care taker) and Ms. Vineetha M K, Assistant Professor in English.



Department of History,

NSS & IQAC, Korambayil Ahamed Haji Memorial Unity Women's College

Manjeri invite you to the

Indian Independence Day Celebrations scheduled to be held at CH Auditorium

on Thursday, 17 August 2022 at 9:45 am.

Arts Club, EBSB, NCC

PROGRAM SCHEDULE

9:45 - 10:00 AM INAUGURATION OF AZADI SQUARE

Celebrations

K.A.H.M UNITY

WOMEN'S COLLEGE, MANJERI, KERALA Independence Day

10:00 - 10:15 AM

FREEDOM WALL VISIT

10:15 - 11:15 AM INAUGURATION

**AZADI KA AMRIT MAHOTSAV** 

(Chief Guest: Dr. K S Madhavan, Historian)

11:15 - 12:15 AM

PATRIOTIC SONG COMPETITION

12:15 - 12:45 PM

**TABLEAU COMPETITION & FUSION DANCE** 

12:45 - 01:15 - LUNCH BREAK

01:15 - 02:30 PM QUIZ COMPETITION FACE PAINTING COMPETITION

02:30 - 04:00 PM CULTURAL MIX (National Integration Dance)

Coordinators: Mr. Sidhique P, Dr. Fatimathu Zuhara NV, Mr. Shabeermon M





























## 11.Feedback of the programme:

The whole programme received wide appreciation from the audience. The dances of the seven states of India was a real eye feast to the audience.

# 12.Outcome, Evaluation and results of the programme

- 3. Created an awareness and generated an interest about the Pahadi song of the paired state
- 4. Developed a deep understanding of the folk dances, culture, language, and clothing of the various states including Himachal Pradesh
- 5. Inculcating unflinching patriotism

13. Signature of the organizing secretary:

**EBSB Coordinator** 

Dr N V Fatimathu Zuhara

Assistant Professor of Home Science

#### KAHM UNITY WOMEN'S COLLEGE

#### EK BHARAT SHRESHTHA BHARAT (EBSB) CLUB

#### **Programme Report**

- 1. Name of the programme: NATIONAL UNITY DAY PEN YOUR POEM ON "EK BHARAT SHRESHTHA BHARAT"
- 2. Aim, Objectives and scope of the programme:

*Aim:* To promote the spirit of national integration among the students of paired states

Objectives:

To celebrate the Unity in diversity of our nation through versification on the oneness of the nation

**Scope:** Secures national integration by strengthening the sense of identity and solidarity among the students

**3. Name of the coordinator/ organizing secretary:** Dr. N.V.Fatimathu Zuhara, Assistant Professor in Home Science & EBSB Coordinator

**4. Date of Programme:** 31st October 2022

5. Mode of the programme: Online

6. Total number of attendees/participants: 4

7. Organizing body: EBSB Club

8. Organizing committee members:

Ms Shamila Rustha, V semester B Sc Mathematics (Student Coordinator)

#### 9. Student's involvement in organizing the programme:

Ms Shamila Rustha, V semester B Sc Mathematics (Student Coordinator) prepared the brochure

#### 10.Detailed report of the programme:

On National Unity Day, 31<sup>st</sup> October 2022, an online poem writing competition was conducted on the topic "Ek Bharat Shreshtha Bharat" among the EBSB Club members of KAHM Unity Women's College and St. Bede's College, Shimla.



#### 11. Feedback of the programme:

The students opinioned that the event gave a platform to express their views about national integration

#### 12.Outcome, Evaluation and results of the programme

- 5. Inspired the students to analyze the diversified aspects of our nation
- 6. Strengthened the spirit of unity in diversity and patriotism among the students
- 7. Developed a sense of satisfaction and pride for the country

Signature of the organizing secretary:

**EBSB Coordinator** 

Dr N V Fatimathu Zuhara

Assistant Professor of Home Science

#### KAHM UNITY WOMEN'S COLLEGE

#### EK BHARAT SHRESHTHA BHARAT (EBSB) CLUB

#### **Programme Report**

# 1. Name of the programme: RASHTRIYA EKTA DIWAS PLEDGE & ONE INDIA MASHUP – NATIONAL UNITY DAY CELEBRATION

#### 2. Aim, Objectives and scope of the programme:

Aim: To reaffirm the solidarity among the people of India

#### **Objectives:**

To celebrate the Unity in diversity of our nation and to maintain and strengthen the fabric of traditionally existing emotional bonds between the people of our country

Scope: Strengthens unity, integrity and security among the citizens of the nation

# 3. Name of the coordinator/ organizing secretary: Dr. N.V.Fatimathu Zuhara, Assistant

Professor in Home Science & EBSB Coordinator

**4. Date of Programme:** 1st November 2022

5. Mode of the programme: Offline

6. Total number of attendees/participants: 1220

7. Organizing body: EBSB Club

#### 8. Organizing committee members:

Ms Shamila Rustha, V semester B Sc Mathematics (Student Coordinator)

#### 9. Student's involvement in organizing the programme:

Ms Shamila Rustha, the student coordinator prepared the brochure for the programme. She selected the students for the One India Mashup event and coordinated the rehearsal sessions of the event

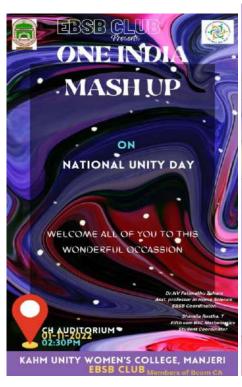
#### 10. Detailed report of the programme:

As a part of National Unity Day celebration, Rashtriya Ekta Diwas pledge was taken by all the staff and students of the college under the guidance of the Principal in order to foster and reinforce our dedication to preserve and strengthen unity, integrity and security of our nation.

Also, an event named 'One India Mashup' was staged by the EBSB club members to celebrate unity in diversity. The 'One India Mashup' event included skit, ramp walk and dances representing 9 states

of India namely Kerala, Himachal Pradesh, Maharashtra, Punjab, Haryana, Tripura, Goa, Rajasthan and Nagaland. Around 26 students participated in the event.













#### 11. Feedback of the programme:

The participants opinioned that the programme developed a deep appreciation and pride towards the diversified culture of the nation. The event also nourished the patriotism among the students and staff.

#### 12. Outcome, Evaluation and results of the programme

- 8. Appreciation of diversity and maintain unity in diversity
- 9. Inculcating unflinching patriotism
- 10. Strengthening national integration

13. Signature of the organizing secretary:

**EBSB Coordinator** 

Dr N V Fatimathu Zuhara

Assistant Professor of Home Science

KAHM UNITY WOMEN'S COLLEGE

EK BHARAT SHRESHTHA BHARAT (EBSB) CLUB

#### **Programme Report**

# 1. Name of the programme: REPUBLIC DAY CELEBRATION – PATRIOTIC SONG COMPETITION

#### 2. Aim, Objectives and scope of the programme:

*Aim*: To commemorate the spirit of Republic Day by honouring the freedom and rich heritage, culture and spirit of nation

*Objectives:* To celebrate the diversity and richness of Indian culture and to strengthen the sense of patriotism through patriotic song competition

Scope: Inculcates a sense of unity and belongingness to the nation

- **3.** Name of the coordinator/ organizing secretary: Dr. N.V.Fatimathu Zuhara, Assistant Professor in Home Science & EBSB Coordinator
- **4. Date of Programme:** 26<sup>th</sup> January 2023
- 5. Mode of the programme: Online
- 6. Total number of attendees/participants: 5
- 7. Organizing body: EBSB Club
- 8. Organizing committee members:

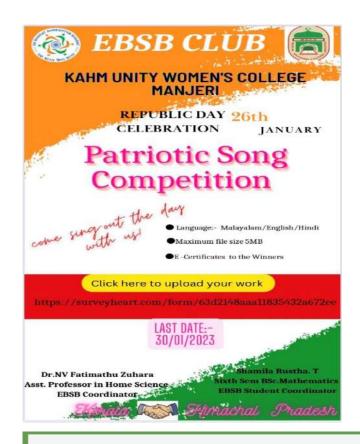
Ms Shamila Rustha, V semester B Sc Mathematics (Student Coordinator)

#### 9. Student's involvement in organizing the programme:

Ms Shamila Rustha, the student coordinator designed the brochure for the competition and prepared a SurveyHeart form to collect the recorded patriotic songs of the participants.

#### 10. Detailed report of the programme:

An online patriotic song competition was conducted among the students on the eve of Republic day, 26<sup>th</sup> January 2023. Ms Shamila Rustha, the student coordinator designed the brochure with the details of the competition and circulated among the EBSB club members through the whatsapp. A SurveyHeart form was also prepared to submit the recorded song and the link of the form was shared in the whatsapp group along with the brochure. The participants were asked to submit a recorded audio or video of their song through the SurveyHeart form. E certificate was issued to the winner.



#### KORAMBAYIL AHAMED HAJI MEMORIAL UNITY WOMEN'S COLLEGE



Malappuram, Kerala

Ek Bharat Shreshtha Bharat



#### CERTIFICATE OF APPRECIATION

Presented to

## **ADILA HAMNA C A**

I B.Sc. Computer Science

KAHM Unity Women's College, Manjeri

for winning First place in the Patriotic Song competition held on 26th January 2023





Prof. (Dr.) Muhammed Basheer Ummathur Principal

#### 11. Feedback of the programme:

The programme helped the students showcase their talent and reinforced patriotism among the students

#### 12. Outcome, Evaluation and results of the programme

Nourished the patriotic feeling, love and pride for the nation

#### 13. Signature of the organizing secretary



**EBSB Coordinator** 

Dr N V Fatimathu Zuhara

Assistant Professor of Home Science

# PG DEPARTMENT OF COMMERCE KAHM Unity Women's College, Manjeri

# Programme Report

1.Name of the programme	Inauguration of the Human Rights and Legal Awareness club and a talk on 'justice in gender justice'
2.Aim, Objectives, and Scope of the programme	Aims and Objectives  1. Educating participants on gender-related issues: The talk can provide participants with information on gender-related issues, such as gender-based violence, discrimination, and inequality. This can help participants understand the challenges that women face and the impact that gender inequality has on society as a whole.  2. Promoting gender equality: The talk can promote the idea of gender equality and challenge traditional
	gender roles and stereotypes. This can help participants recognize the importance of gender

	equality and advocate for it in their personal and professional lives.
3.Name of the	
coordinator/organizing secretary	Mr. T.T Abdul Razak
4.Date of programme	27 <sup>th</sup> Oct 2022
5.Mode of the	Offline
programme(offline/online)	
	100
attendees/participants	
7.Organizing body	PG Department of Commerce
8.Organizing committee members	Prof. TT Abdul Razak, Ms. Shilpa P.K

9.Students' involvement organizing the programme

in Students actively participated in the programme and interacted with the resource person.

Student coordinator: Anjala (Fifth sem B.Sc Maths)

10.Detailed report of the programme

By conveying the theme that the world must be a better place for every gender group, a talk on a topic entitled 'justice in gender justice' was organised jointly by Human Right and legal Awareness Club & PG Department of Commerce on 27th October 2022 at 2 PM in Room No. AB04. Dr. Muhammed Basheer Ummathur, Principal, delivered presidential address. The club was inaugurated by Adv. Abdurahman Karatt, President, Malappuram Block Panchayath and Lecturer in law, Unity Women's College. Followed by it, Adv. Ashitha TR, Advocate and a social worker, presented the topic by emphasizing the need for full equality and equity among all gender categories in all spheres of life. Anjala, student coordinator of the club from fifth sem Bsc Maths rendered the vote of thanks.

11.Feedback of the programme	95  Highly Iseful Useful
12.Feedback analysis	A total of 95 percent of the participants commented that the talk was highly useful and the rest 5 percent remarked that it was useful.
13.Outcome, Evaluation, and results of the programme	<ol> <li>Increased awareness and understanding: The talks helped participants gain a deeper understanding of the issues related to gender inequality and discrimination.</li> <li>Empowerment: The talk empowered the participants to advocate for their rights and challenge discrimination.</li> </ol>
14.Signature of the organizing secretary	

#### **Brochure**



**Photograph** 



## **Participants Details**

1	Ameena Banu.M.C	Fifth Bcom Coop
2	Amna.P	Fifth Bcom Coop
3	Anshida.N	Fifth Bcom Coop
4	Faheema.M	Fifth Bcom Coop
5	Fathima Fahma.P	Fifth Bcom Coop
6	Fathima Fida.T	Fifth Bcom Coop
7	Fathima Naseeka.P	Fifth Bcom Coop
8	Fathima Nasreen.M.T.	Fifth Bcom Coop
9	Fathima Rifa.K	Fifth Bcom Coop
10	Fathima Safa.C.M	Fifth Bcom Coop
11	Hasma Sirin.M	Fifth Bcom Coop
12	Hudha.T.P	Fifth Bcom Coop
13	Muhsina.T.M	Fifth Bcom Coop
14	Murshida Sherin. M	Fifth Bcom Coop
15	Raeesa.N.M	Fifth Bcom Coop

16	Safa. M.K	Fifth Bcom Coop
17	Safnas Salim.C.T	Fifth Bcom Coop
18	Sayana. T	Fifth Bcom Coop
19	Sehrabanu.K	Fifth Bcom Coop
20	Shahma Nasri.N	Fifth Bcom Coop
21	Shifana Sherin.M	Fifth Bcom Coop
22	Shifna Bangalath	Fifth Bcom Coop
23	Adithya Sreekumar.C	Fifth Bcom Coop
24	Ameera Faravi. V	Fifth Bcom Coop
25	Fathima Binsha.K	Fifth Bcom Coop
26	Fathima Fidha.K.V.S	Fifth Bcom Coop
27	Fathima Fidha.P	Fifth Bcom Coop
28	Fathima Rinsha.C.T	Fifth Bcom Coop
29	Jawhara.N.K	Fifth Bcom Coop
30	Nishba.C.K	Fifth Bcom Coop
31	Rinsha.E.K	Fifth Bcom Coop
32	Risna.C	Fifth Bcom Coop
33	Sarah Hamza Manappulan	Fifth Bcom Coop
34	Shibila Nargees.V.P	Fifth Bcom Coop
35	Thrishna.P	Fifth Bcom Coop
36	Adithya.K	Fifth Bcom Coop
37	Archana.T.M	Fifth Bcom Coop
38	Archana.V.P	Fifth Bcom Coop
39	Ardra.P	Fifth Bcom Coop
40	Ashitha.P.T	Fifth Bcom Coop
41	Bafna Hussain	Fifth Bcom Coop
42	Fathima Hiba.K	Fifth Bcom Coop
43	Fathima Shibla.M.K	Fifth Bcom Coop
44	Fathima Suhra	Fifth Bcom Coop

45	Fildha.M.T	Fifth Bcom Coop
46	Hridya K	Fifth Bcom Coop
47	Hyfa Sherin.K	Fifth Bcom Coop
48	Jinsha.M	Fifth Bcom Coop
49	Jithinsha.K.P	Fifth Bcom Coop
50	Mayadurga.C	Fifth Bcom Coop
51	Minu Dilfa.C.M	Fifth Bcom Coop
52	Shifa.N.P	Fifth Bcom Coop
53	Shilpa.A.K	Fifth Bcom Coop
54	Sneha. K	Fifth Bcom Coop
55	Sneha.K.T	Fifth Bcom Coop
56	Vijina.M	Fifth Bcom Coop
57	Wafa Mol.V.M	Fifth Bcom Coop
58	Afrah Hassan Mohamed Sajith	Fifth Bcom CA
59	Athika Safva P	Fifth Bcom CA
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62	Fathima Najiya PT	Fifth Bcom CA
63	Fathima Sana KK.	Fifth Bcom CA
64	Shamsiya	Fifth Bcom CA
65	Hafeefa CP	Fifth Bcom CA
66	Jamsheena Odakkal	Fifth Bcom CA
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68	Kadeejathul Haneena TV	Fifth Bcom CA
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76	76 Safana Thasneem Fifth Bcom C	
77	Sahla Sharin	Fifth Bcom CA
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90	FathimaRushda CT	Third Bcom CA
91	FidhaParveen C	Third Bcom CA
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93	HibaNasar KP	Third Bcom CA
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95	JuhainaCheladathil	Third Bcom CA
96	LaseenaNasreen K	Third Bcom CA
97	MishbaFathima	Third Bcom CA
98	Nahana AP	Third Bcom CA
99	NashidhaPalanthodi	Third Bcom CA
100	Nasila K	Third Bcom CA

#### Date: 06-10-2022

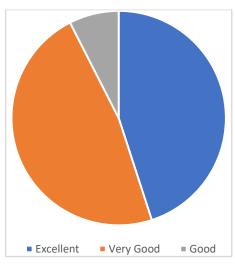
NSS unit of KAHM UNITY WOMEN'S COLLEGE conducted a blood donation camp in association with Red Ribbon Club and Blood Donors Kerala (BDK), Eranadu Taluk committee cooperated with MVR Blood centre at our campus auditorium. The camp arranged with all safety measures with 10 MVR staffs and 4 BDK Workers. The camp started at 9:30 AM. A great participation of students was seen. 95 students willingly came forward for blood donation. 28 of them were eligible for donation with all criteria. 1 teacher and 2 non-teaching staffs donated blood. 28 unit of blood collected from this camp. The camp ended at 1:00 PM.







Feedback, feedback analysis and result



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4. Name of the programme	WORLD AIDS DAY OBSERVATION
2.Aim, Objectives, and Scope of the programme	
3.Name of the coordinator/organizing secretary	Dr. Jasna V C and Dr, Shamsheera K.O
4.Date of programme	02.12. 2022
5.Mode of the programme(offline/online)	Offline
6.Total number of attendees/participants	90
7.Organizing body	RED RIBBON CLUB AND NSS
8.Organizing committee members	Dr. Jasna V.C and Dr. Shamsheera K O
9.Students' involvement in organizing the programme	Student coordinator: Fathima Jesni C P
10.Detailed report of the programme	
11.Feedback of the programme	
12.Feedback analysis	
13.Outcome, Evaluation, and results of the programme	

14.Signature of the organizing secretary

#### **Aim and Objectives of World AIDS Day Observation:**

The primary aim of observing World AIDS Day is to raise awareness about HIV/AIDS, reduce stigma, and improve education regarding prevention, treatment, and support for those affected. The specific objectives include increasing understanding about the global impact of HIV/AIDS, promoting safe behaviors to prevent transmission, advocating for accessible healthcare services, and showing solidarity with people living with HIV. Additionally, the day aims to commemorate those who have lost their lives to AIDS-related illnesses and celebrate the progress made in the fight against HIV/AIDS.

#### **Scope of World AIDS Day Observation:**

The scope of World AIDS Day observation is extensive, encompassing global, national, and local levels. Activities can include educational campaigns, community events, awareness programs, testing initiatives, and advocacy efforts. It involves collaboration between governments, non-governmental organizations, healthcare institutions, schools, and communities. The observance engages people of all ages, backgrounds, and professions to create a unified and inclusive response to the HIV/AIDS epidemic. The scope extends beyond a single day, encouraging ongoing efforts to address the challenges posed by HIV/AIDS.

#### WORLD AIDS DAY OBSERVATION

Date: 02-12-2022

To show support for people living with HIV and to remember those who have died from AIDS-related illnesses, the NSS Units and Red Ribbon Club of UNITY WOMEN'S College conducted a program on December 2, 2022 in accordance of aids day (December 1). The show started at 1:00pm and ended at 2:00 pm. The main objective of the program is to give a short message about aids day. The inaugural ceremony of aids day celebration was accomplished by the honourable Principal, Dr. Muhammad Basheer Ummathur. and finally, the inaugural session was concluded by the vote of thanks of NSS program officer Dr. Hikmathullah. Volunteers presented the significance of December 1 and asked few questions to generate awareness regarding HIV/ AIDS ensuring the active involvement of all staff members and students of the college. Various programmes were presented by our volunteers, they used the opportunity for the students to spread awareness about the pandemic and encourage progress in HIV/AIDS prevention through Rally, Chart show, aids awareness classes and also dominated a mime based on problems faced by HIV victims and approaches of the society to HIV patients.





#### Feedback and feedback analysis

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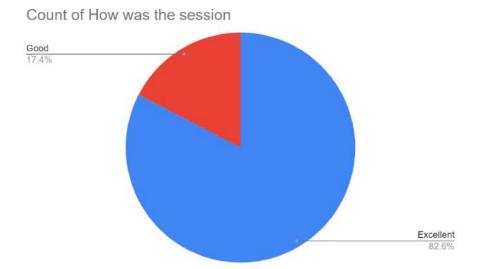
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**Outcome of World AIDS Day Observation:** The outcomes of World AIDS Day observation are varied and impactful. Immediate outcomes include heightened awareness about HIV/AIDS, increased knowledge about prevention and treatment, reduced stigma and discrimination, and improved access to testing and counseling services. The day often sparks discussions that contribute to policy changes, increased funding for HIV/AIDS programs, and strengthened community support networks. Over the long term, the observance aims to contribute to a reduction in new HIV infections, improved access to antiretroviral therapy, and ultimately, the elimination of HIV/AIDS as a global public health threat. Additionally, the day fosters a sense of solidarity and empathy, encouraging individuals and communities to play an active role in the ongoing fight against HIV/AIDS. Continuous evaluation and reflection on the outcomes help shape future initiatives to address the evolving challenges posed by the epidemic.

# 30<sup>th</sup> ANNIVERSARY CELEBRATION PG DEPARTMENT OF CHEMISTRY AND SCIENCE CLUB KAHM UNITY WOME'S COLLEGE, MANJERI SCIENCE DAY CELEBRATION 2023 REPORT



On 2<sup>nd</sup> March 2023, as a part of Science Day Celebration conducted by PG department of chemistry and Science club of KAHM Unity Women's College, Manjeri, on the focal theme 'Global science for Global Wellbeing' at 10.30 am in CH01. Palmphlet making competition on 'Water Conservation' and 'Energy Conservation' and two minute talk competition on the focal theme 'Global science for Global Wellbeing' were held in the program. The programme

kicked off with a welcome speech by Dr. Jyothi. P, Associate Professor and Head, PG Department of Chemistry, KAHM Unity Women's College, Manjeri.

#### **Two Minutes Talk on Focal Theme**

As a part of the Science Day Celebration 2023, the PG department of Chemistry and Science club conducted a two minutes talk competition on the focal theme 'Global science for Global Wellbeing' on 2nd March 2023 at 10.30 am in CH01. Dr. Jyothi. P, Associate Professor, and Head, PG Department of Chemistry inaugurated the program. All the students presented the theme well by point outing the importance of Global Science in different fields like medicine, agriculture, education, defense, etc. Dr. Jyothi P. and Dr. Deepa K judged the competition. Savithri, 4th Sem B.Sc. Chemistry won the first prize. Fahira, 6th Sem B.Sc. Chemistry and Irfana 4th Sem B.Sc. Chemistry won the second and third prizes.

#### Participants are

- 1. Irfana from 4<sup>th</sup> Sem B.Sc. Chemistry
- 2. Savithri from 4<sup>th</sup> Sem B.Sc. Chemistry
- 3. Jesni from 4<sup>th</sup> Sem B.Sc. Chemistry
- 4. Najiya from 2<sup>nd</sup> Sem M.Sc. Chemistry
- 5. Fahira from 6<sup>th</sup> Sem B.Sc. Chemistry











#### **Pamphlet making competition**

As a part of the Science Day Celebration 2023, the PG Department of Chemistry and Science club conducted a pamphlet-making competition on 'Water Conservation' and 'Energy Conservation' on 2nd March 2023 at 11.00 am in CH01. The objective of the event is to bring out the creative skills of the students. Students were instructed to use their mobile phones for making pamphlets and were free to use any language. Students were able to put out their artistic skills and it served the purpose of designing perfect pamphlets for any particular topic. Dr. Jyothi P., Dr. Deepa K, Dr. Jamsheena V, Dr. Shamseera KO, and Najeera PC evaluated the pamphlets. Ms. Isha M, 6th Sem B.Sc. Chemistry, Ms. Fathima Jesni C, 4th Sem B.Sc. Chemistry and Ms. Hanna P C 4th Sem B.Sc. Chemistry won the first, second, and third prizes for making energy conservation pamphlets. Ms. Safna Mozhikkal, 4th Sem B.Sc. Chemistry, Ms. Dilna, 6th Sem B.Sc. Chemistry and Ms. Praveena 2nd Sem M.Sc. Chemistry won the first, second, and third prizes for making water conservation pamphlets. The session ended with a vote of thanks by Dr. Jamsheena. V, Assistant Professor of Chemistry around 12.30 pm.

#### Participants are

- 1. Safna Mozhikkal from 4<sup>th</sup> Sem B.Sc. Chemistry
- 2. Rahmathbi from 2<sup>nd</sup> Sem BSc Chemistry
- **3.** Fathima Jesni CP from 4<sup>th</sup> sem BSc Chemistry
- **4.** Mubeena from 4<sup>th</sup> Sem B.Sc. Chemistry
- **5.** Hanna pc from 4<sup>th</sup> sem B.Sc. Chemistry
- **6.** Isha M., 6<sup>th</sup> sem B.Sc. Chemistry

- 7. Dilna from 6<sup>th</sup> sem B.Sc. Chemistry
- **8.** Praveena from 2<sup>nd</sup> sem M.Sc. Chemistry





Palmphlets are attached here with

Fathima Jesni CP from 4<sup>th</sup> sem BSc Chemistry

### LET'S SECURE OUR FUTURE THROUGH ENERGY CONSERVATION



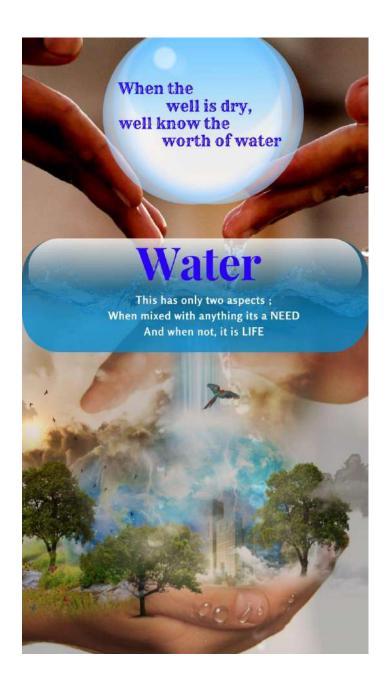


Saving energy TODAY will make TOMORROW bright.

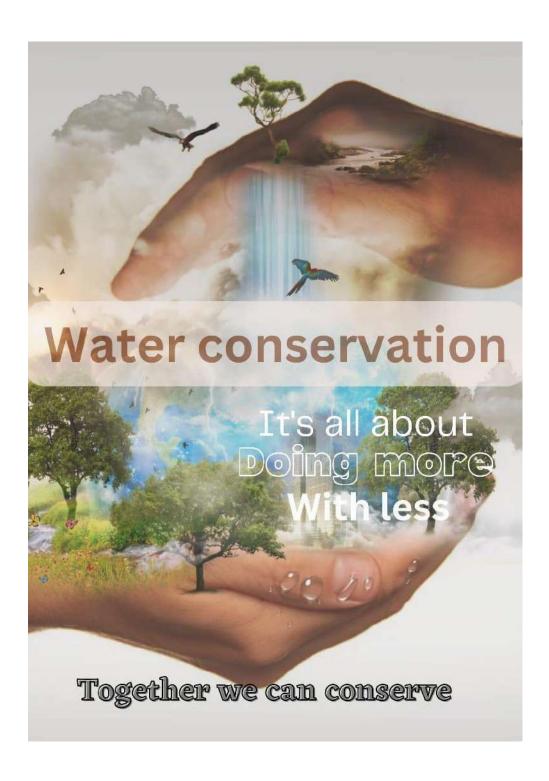


- •Switch off the lights after use
- •Use of heavy equipment in
- •non-peak hours
- •Replace the maximum used lights with solar LEDs
- ·Avoid leaving the equipment in standby mode
- ·Unplug inactive devices
- ·Take shorter showers
- •Clean the fan and air conditioner filter regularly
- -Wash full loads of laundry in cold water
- ·Adjust your thermostat while away and overnight
- Open hallway doors & open the windows at night if possible
- •Air dry laundry by using a clothesline

Mubeena from 4<sup>th</sup> Sem B.Sc. Chemistry

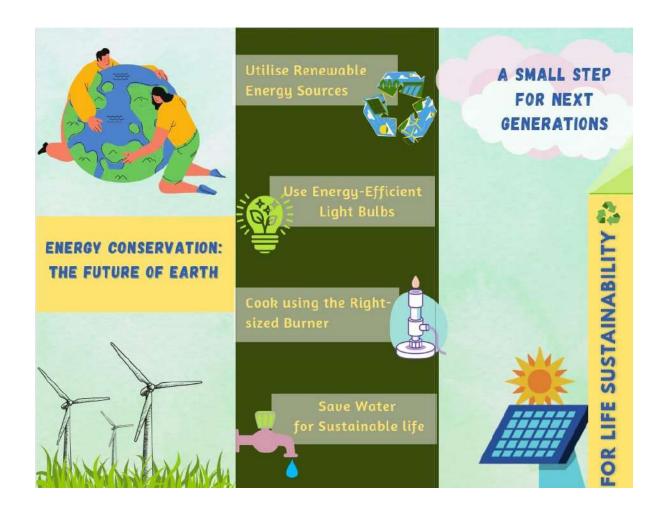


Rahmathbi from 2<sup>nd</sup> Sem BSc Chemistry



Safna Mozhikkal from 4<sup>th</sup> Sem B.Sc. Chemistry







Praveena from 2<sup>nd</sup> sem M.Sc. Chemistry

## <u>Calicut University Social Service programme (CUSSP) Annual Report</u> (2022-23)

#### **Objectives**

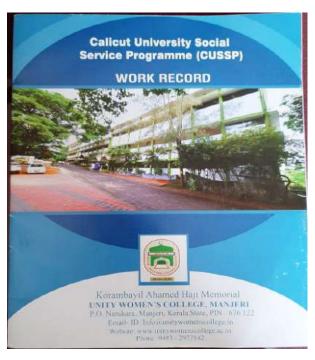
- To inculcate among students, the habit of taking care of those who are sick in their homes and in the pain and palliative Centre.
- To help students to spend quality time and become helping hand for the needy people.
- To show social commitment in the society in a constructive and pleasant way.
- To help students to spread love and care for underprivileged sections of the society.
- To increases the pro-social behaviour among the students.

#### **Outcome**

- Awareness is created among students on how effectively spend quality time with the needy people in the society.
- Old age people feel happy and they enjoy the company of students whom they feel as their real grandchild.
- Realizes students to contribute goods to society who are in need.
- Creates habit among the students which leads to social responsibility.

#### College Co-ordinator: Dr. Shamsheera K O

Work Record Book for Calicut University Social Service Programme (CUSSP) of the College has been released on 25/08/2022.



As a part of the CUSSP programmes students of various departments carried out different activities. The total strength of students under the programme comes 348. Students diligently involved in various activities as listed below:

- 1. Visit to the palliative care units
- 2. Home care activities under palliative care
- 3. Visit to blind School and differently abled school
- 4. Hair donation to the cancer patients
- 5. Distribution of 'Pothichor" to Shalom Matha, Cherani (an initiative of FCS Department)
- 6. Campaign against drug addiction
- 7. Visit to old age home and distribution of essentials.
- 8. Involved in 'Papier' project, which is the collection and recycling of waste papers.
- 9. Campus cleaning
- 10. Participation in blood donation camp
- 11. Awareness about Corona Virus during the time of pandemic.
- 12. Online tuition during the time of COVID pandemic
- 13. Free offline tuition
- 14. Distributed cloth mask during the COVID time.
- 15. Led awareness session against pollution.
- 16. Distributed hand wash for the residents of Adangampuram Colony, Narukara
- 17. Distribution of Dress and Cloth mask for the residents of Adangampuram Colony, Narukara
- 18. Distributed coupon of 'SAHAPADIKKORU VEEDU'.
- 19. Career guidance programmes to students in Panchayath

Students submitted their CUSSP diary and those were duly signed. All the activities of the students were documented as detail in CUSSP work diary. Internal was timely uploaded on the basis of their work.

# Department of Commerce KAHM Unity Women's College, Manjeri B.Com Co-operation (2020-2023) List of students for CUSSP

l. No.	Roll. No.	Register number	Name	
1	1063	UTAUBCM57	Anshida. N	
2	1064	UTAUBCM58	Dilsha Nasrin.C.K	
3	1065	UTAUBCM59	Faheema. M	
4	1066	UTAUBCM60	Farhana Sherin.P.K	
5	1067	UTAUBCM61	Fathima Fahma.P	
6	1068	UTAUBCM62	Fathima Fasna.K	
7	1070	UTAUBCM64	Fathima Naseeka.P	
8	1071	UTAUBCM65	Fathima Nasreen.M.T	
9	1072	UTAUBCM66	Fathima Rifa.K	
10	1074	UTAUBCM68	Fathima Sherin.P	

11	1075	UTAUBCM69	Hafeefa. M.T	
12	1076	UTAUBCM70	Hasma Sirin.M	
13	1077	UTAUBCM71	Hiba Shereefa.M.K	
14	1079	UTAUBCM73	Muhsina.T.M	
15	1080	UTAUBCM74	Murshida Sherin.M	
16	1082	UTAUBCM75	Rabeeha.k	
17	1083	UTAUBCM76	Raeesa.N.M	
18	1085	UTAUBCM78	Safnas Salim.C.T	
19	1086	UTAUBCM79	Sayana.T	
20	1087	UTAUBCM80	Sehrabanu.K	
21	1088	UTAUBCM81	Shahma Nasri.N	
22	1090	UTAUBCM82	Shifana Sherin.M	
23	1091	UTAUBCM83	Shifna Bangalath	
24	1097	UTAUBCM89	Fathima Rinsha.C.T	
25	1098	UTAUBCM90	Jawhara . N.K	
26	1099	UTAUBCM91	Nishba. C.K	
27	1103	UTAUBCM95	Shibila Nargees.V.P	
28	1104	UTAUBCM96	Sumayya.V.K	
29	1105	UTAUBCM97	Thrishna.P	

30	1106	UTAUBCM98	Adithya.K	
31	1108	UTAUBCM99	Archana.T.M	
32	1109	UTAUBCM100	Archana.V.P	
33	1110	UTAUBCM101	Ardra.P	
34	1111	UTAUBCM102	Ashitha.P.T	
35	1112	UTAUBCM103	Bafna Hussain	
36	1114	UTAUBCM105	Fathima Shibla.M.K	
37	1119	UTAUBCM110	Jinsha.M	
38	1120	UTAUBCM111	Jithinsha.K.P	
39	1124	UTAUBCM115	Shilpa.A.K	
40	1125	UTAUBCM116	Sneha.K	
41	1129	UTAUBCM120	Wafa Mol.V.M	

# KAHM UNITY WOMEN'S COLLEGE, MANJERI, MALAPPURAM PG DEPARTMENT OF CHEMISTRY

BSc. Chemistry Programme (2021-2024) Third and Fourth Semester
Calicut University Social Service Programme (CUSSP) 2020-2023

SI. No.	Roll. No.	Reg. No.	Admn. No.	Name of student
1	1311	UTAVSCH001	8465	AFNA RIMZI K T

2	1314	UTAVSCH004	8323	DILSHA K
3	1316	UTAVSCH005	8509	FAHMIDA FARHATH P
4	1317	UTAVSCH006	8320	FATHIMA ANOODA C K
5	1318	UTAVSCH007	8290	FATHIMA FIDA K P
6	1319	UTAVSCH008	8733	FATHIMA HIBA B
7	1321	UTAVSCH010	8313	FATHIMA LIYANA K T
8	1322	UTAVSCH011	8627	FATHIMA MIRSHANA T P
9	1323	UTAVSCH012	8739	FIDHA M
10	1324	UTAVSCH013	8473	FIDHA NASHMA T P
11	1325	UTAVSCH014	8729	HANNA JASMIN K M
12	1327	UTAVSCH016	8713	HASNA NUSRY P N
13	1328	UTAVSCH017	8650	HIBA CHATHOLI
14	1330	UTAVSCH019	8577	KADEEJA SULFANA K
15	1332	UTAVSCH021	8541	MUHSINA C
16	1333	UTAVSCH022	8342	MURSHIDHA K P
17	1334	UTAVSCH023	8519	MUSLIHA M
18	1337	UTAVSCH026	8371	SAFNA MUBASHIRA P
19	1338	UTAVSCH027	8493	SAHLA K
20	1339	UTAVSCH028	8428	SAIFUNNISA M K

21	1341	UTAVSCH030	8677	SHAHANA SHERIN T
22	1352	UTAVSCH041	8444	NISHNA K
23	1354	UTAVSCH042	8288	NUMA NASRIN V P
24	1356	UTAVSCH044	8414	SIVANI N
25	1357	UTAVSCH045	8417	SREELAKSHMI M P
26	1358	UTAVSCH046	8439	VARSHA K

#### 4. Title: Art and Literary Competitions on Anti-Drug Campaign at KAHM Unity Women's College

#### Introduction:

On October 10, 2022, KAHM Unity Women's College, Manjeri NSS Units, and Malayalavedi jointly organized a series of art and literary competitions for the students. The theme of the competition was "Drug the Great Disaster" as a part of the state government's anti-drug campaign. The competitions aimed to create awareness among the students about the dangers of drug abuse and to encourage them to participate in the campaign.

#### Aim:

The aim of the art and literary competitions was to create awareness among the students about the dangers of drug abuse and to encourage them to participate in the anti-drug campaign. The competitions aimed to showcase the creative talents of the students and to inspire them to use their skills to spread awareness about social issues.

#### Objective:

The objective of the event was to promote the anti-drug campaign among the students and to encourage them to participate in it. The competitions aimed to motivate the students to use their creative skills to spread awareness about the dangers of drug abuse. The event aimed to promote the importance of social responsibility among the students and to encourage them to be proactive in addressing social issues.

#### Scope:

The art and literary competitions were open to all the students of KAHM Unity Women's College. The competitions included poem, story, essay writing, and poster-making competitions. The event aimed to showcase the creative skills of the students and to promote awareness about the dangers of drug abuse. The NSS programme officers and Malayalavedi secretary organized the programs and provided instructions to the candidates.

#### Conclusion:

As a part of antidrug campaign of State government, on 10 oct.2022 KAHM Unity Women's College, Manjeri NSS Units and malayalavedi jointly conducted poem, story, essay writing and poster making competition for students. The topic of competition was "Drug the Great Disaster"; Irfana K from third semester Chemistry, Fathima S from first BSc Mathematics and Arya K from Bom Co-operation got first, second and third prize respectively in poem writing competition. In story writing, Liyana N of first BA English, Rishana P.P of third semester FCS respectively got first and second prize. In poster designing, Thasliya from first BAEnglish, Fathima Femina from first BSc Mathematics and Fathima from first BSc Mathematics got first, second and third positions respectively. NSS programme officers Dr. V Hikmathulla, Dr. Jasna V.C and malayalavedi secretary Nandana organized the programmes and gave instructions to the candidates

The art and literary competitions on the anti-drug campaign at KAHM Unity Women's College were successful in creating awareness among the students about the dangers of drug abuse. The competitions provided a platform for the students to showcase their creative skills and to use their talents to promote social awareness. The event was a reflection of the college's commitment to promoting social responsibility among the students and encouraging them to be proactive in addressing social issues. The NSS programme officers and Malayalavedi secretary played a crucial role in organizing the programs and providing instructions to the candidates.

മലയാളവേദി, കെ.എ.എച്ച്.എം. യൂനിറ്റി വിമൻസ് കോളേജ്, മഞ്ചേരി



സംസ്ഥാന സർക്കാറിന്റെ ലഹരിമുക്തകേരളം കാമ്പയിനിന്റെ ഭാഗമായി മൽസരം .

കവിത, കഥ, ലേഖനം, ലഘുനാടകം, പോസ്റ്റർനിർമാണം

> <u>ലഹ്രി</u> <u>എന്ന</u> വിപത്ത്

തയ്യാറാക്കിയ സൃഷ്ടികൾ ഏല്പിക്കേണ്ട തിയതി :

> 2022 ഒക്ടോബർ 17 തിങ്കളാഴ്ച 4 PM

#### CONTACT:

ഡോ. വി. ഹിക്മത്തുല്ല (അധ്യക്ഷൻ, മലയാളവിഭാഗം )

നന്ദന - 3RD SEM BSC MATHEMATICS, ( സെക്രട്ടറി, മലയാളവേദി)







#### June 2022.

# INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING -26 June 2022.

The International Day against Drug abuse and Illicit Trafficking is observed on 26 June 2022. The main aim of this day is to spread awareness about the physical and psychological impact of substance abuse, drug related problems across the world. In connection with the International Day against Drug abuse and Illicit Trafficking, NSS units organized a Flash mob in association with Home science department. They appeared with a 10-minute performance in which anti-narcotic messages were conveyed through songs and placards. The programme conducted Infront of Academic block on 28.06.2022 at 12.30 pm. NSS units also organized an awareness class on 27.06.2022, Prof Anitha Beegum, Principal in charge, KAHM Unity Women's College Manjeri inaugurated the session, Programme officer Dr. V Hikmathulla presided the function, manager O Abdul Ali, Dr. Jasna V C, Nss secretaries facilitated the function. The awareness class was lead by Miss Fathima K, M.Sc student, PG Department of Home Sience, KAHM Unity Women's College, Manjeri. NSS volunteers also presented a mime based on anti drug campaign.

NSS has also collaborated with Pulikal Kite Foundation's Ummeed project, which supports kidney patients and students who are facing difficulties in their studies. College Manager O. Abdul Ali handed over fund to kidney patient and study materials and books for the library to the delegates from KITE foundation. Programme ended by the vote of thanks of Miss Jesni.











#### Independence day celebration on 15th August at Narukara L.P School.15aug.2022

Our NSS unit (008 &171) held an independence day celebration on 15th August at Narukara L.P School. 20 volunteers participated in this occasion. The programme started on 10 AM. After the raising the flag We conducted different games for students of different classes which enhances their knowledge about our nation and our greatest freedom fighters.

'Identify the great Personalities' was the game conducted for 3rd and 4thstandards students. Abinanth, Subishri and Fathima sajva-V.P got 1st , 2nd & 3rd prizes. Drawing a picture of Flag and colouring was the game conducted for pre-primary , 1st and 2nd standard students. Volunteers teached the students how to draw a flag and color it then we took a first prize from each classes. Alina, Adi nidhan and Sana got first prizes from respective classes. During the programme we interacted with students , gave an open stage to show their talents and told them some pieces of history of freedom fighting in India. It was great experience we have ever got. We got to share what we know about our country to some of up coming generation.



### NSS DAY CELEBRATION-24 SEPTEMBER 2022.

Our NSS Units Celebrated NSS Day with Campus Cleaning. Principal Inaugurated the Programme.

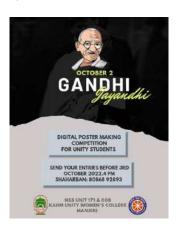


**Blood Donation Awareness and world Heart Day Celebration- September 29** 

A blood donation awareness class was conducted at Unity Womens College on the occasion of World Heart Day on September 29 under NSS and Red Ribbon Club. Mr. Arun, Malappuram District Secretary of Blood Donors Kerala who delivered the keynote speech said that blood donation is beneficial for heart health. .Mr. Muhammad Hanifa K.P. (Basic Life Support Trainer)talked about the importance of heart day and life saving training. Principal Dr. Muhammed Basheer ummathur inaugurated the program. Dr.V. Hikmatulla (Programme officer, NSS) presided . Fatima Fida T. (Volunteer Secretary)Welcomed and R.R.C. Coordinator Dr. Jasna VC, Dr. Shamseera K.O, Irfana and Fatima Jasni spoke.



#### GANDHI JAYANDHI October 2, 2022



**Survey For Vaccination Awareness** 13.12.2022.

Survey For Vaccination Awareness- collaborated with Manjeri Municipality and the Department of Health. Our 50 volunteers participated in the Health survey to find out the un vaccinated people at the manjeri municipality. With the help of district medical office, Manjeri on-13,12,2022.

#### **February**

#### world cancer day- 6 February, 2023

NSS unit 171 and 008 of KAHM UNITY WOMEN'S COLLEGE MANJERI affiliated with Calicut university has conducted program on February 6,2023 in accordance of world cancer day(February 4). The program started at 9.30 am and ended at 3.40am. The main objective of the program is to give a short message about cancer day.

The inaugural session of program was commenced by welcome speech of NSS joint secretary JASIRA BEEGAM P(unit171). The inaugural ceremony of cancer day celebration was accomplished by the honorable principal of UNITY WOMEN'S COLLEGE DR. MUHAMMAD BASHEER UMMATHUR and finally the inaugural session was concluded by the vote of thanks of NSS PROGRAM OFFICER HIKMATHULLA SIR(008 unit). In this session 90 plus volunteers of both units were attended.

NSS volunteers displayed a white canvas in front of administration block with title 'one hand one support'. The principal took initiative on giving his hand impression on the canvas then volunteers gave their hand impression on the canvas. Every hand impression represents the support to every cancer patients and survivors.

NSS volunteers also conducted a quiz program based on cancer day and placed box to drop answers. The winner of this quiz competition is FATHIMA HAIFA UT(1st year BCom coop). Ultimately this program was exclusively for all students of KAHM UNITY WOMEN'S COLLEGE and teaching and non-teaching staff of the college. We used this opportunity to spread awareness and give support to cancer patients through quiz ,hand impression. The program was successful one.

#### KAHM UNITY WOMEN'S COLLEGE, MANJERI

#### NCC ARMY WING

#### **SOCIAL SERVICE ACTIVITIES 2022-23**

Sl No.	Name of Activity	No. of participants	Report
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World Senior Citizen's Day (21 August 2022)	20	Every year World Senior Citizen's Day is celebrated on August 21 to highlight the contribution of elderly individuals to humankind. NCC Cadets visited and spent time with elders from their home and neighbors.
World Ozone Day – Cleaning Campaign - 'Green Campus, Clean campus' (16 September 2022)	72	On behalf of International Day for the Preservation of the Ozone Layer, the NCC Cadets conducted a cleaning campaign named as 'Green Campus, Clean Campus'. The theme of the day was 'Global Cooperation Protecting Life on Earth'.
	20	
Gandhi Jayanti – Swachh Bharat Abhiyan – Cleaning Campaign (2 October 2022)	20	As part of Swatch Bharath Abhiyan, on 3 <sup>rd</sup> October 2022, Cadets cleaned the Gandhi Sculpture in Town hall, Manjeri. CTO Loosiya KP and UO Ayisha Anaina PK coordinated the cleaning programme.

International Day For Older Persons The overall umbrella theme for (3 October 2022) the United Nations NCC Cadets attended the celebration International Day of Older and honoring ceremony of Older Persons in 2022 was 'Resilience of Older Persons Persons conducted by Manjeri Municipality in a Changing World'. The important outcomes observing this day were to raise public awareness about the opportunities and challenges presented to the ageing populations and to mobilize the families. community groups and 20 stakeholders to address the difficulties faced by older people. By volunteering the programme, Cadets got a chance to care for them with lots of pleasure. The entire program 'The confluence of beneficiaries of vayomithram and felicitation of senior citizens' was conducted by Manjeri municipality with the message 'Let's wait with care, let's hold hands'.

White Cane Day - Stamp collection (1 November 2022)	72	NCC cadets collected fund for blinds on behalf of White Cane day (October 15). A stamp sheet was given to each cadets containing 20 stamps which was distributed to other students and staffs by collecting 10 rs per stamp. Total 15000 rupees was collected.

World Aids Day – Blood Donation (2 December 2022)

Every year, on 1 December, the world commemorates World AIDS Day. People around the world unite to show support for people living with and affected by HIV and to remember those who lost their lives to AIDS. The NCC Army wing observed World AIDS Day on 2nd December 2022 by donating blood. Under officer Ayisha Anaina PK(5th Sem BA English) and three first year cadets donated blood to Blood Bank, Medical College, Manjeri. The blood donation aimed at encouraging students to step forward and donate blood. The main objectives were to sensitize the need to donate blood to the needy in time, to instill the feeling of helping others to breathe life with their precious donation, to impart to them the value of blood donation, and to be aware of scientific information about the blood group. The blood donation was coordinated **CTO** by Loosiya. KP.

4

Visit To Pakalveed (For Senior		NCC Cadets of KAHM Unity
Citizens) – (31 December 2022)		women's College, Manjeri
		visited 'Pakalveed' for senior
		citizens at Karikkad,
		Trikalangode Grama Panchayat
		on 31st December 2022.
		Pakalveed is a platform for the
	20	elderly to spend their daytime,
	20	to share their life experience
		and to perform various cultural
		activities. They shared their life
		experiences that enlightened the
		cadets' hearts and strengthened
		their knowledge.

Palliative Care Day Fund Collection		As a part of Palliative Care Day
(12 January 2023)		(15 Jan 2023) NCC cadets
		actively participated in the fund
		collection on 12 Jan 2023,
		organized by Palliative Care
		Units in Manjeri area. Palliative
		care is an approach that
		improves the quality of life of
		patients and their families
		facing the problems associated
		with a life-threatening illness,
	10	through the prevention and
		relief of suffering by means of
		early identification and
		impeccable assessment and
		treatment of pain and other
		problems, physical,
		psychosocial and spiritual.10
		cadets participated in the fund
		collection at Manjeri Bus stand.

Cleaning Campaign (27 January 2022)	20	NCC Cadets of KAHM Unity Women's College, Manjeri participated in the 'Litter Free Kerala Campaign' conducted by Manjeri Municipality on 27 Jan 2023 at Mullampara junction, Manjeri. The campaign was inaugurated by Smt. VM Subaida, Chairperson of Manjeri Municipality. 20 cadets participated in the campaign. CTO Loosiya KP coordinated the students.
Visit to ILU Thanal (Early Intervention Centre), Manjeri (23 Feb 2023)	130	20 NCC Cadets and CTO Loosiya KP, visited ILU Thanal (Early Intervention Centre), Manjeri. The centre helps differently abled children to improve their abilities and learn new skills through therapies and activities.

Care		Hastham, Manjeri Municipality
		conducted a get-together of
		Palliative Care Units of Manjeri
		area named as 'Sparsham 2023'
		on 14th March 2023 at VP Hall,
		Manjeri. The programme
		inaugurated by Smt. VM
		Subaida, Chairperson of
		Manjeri Municipality. 10 NCC
		cadets got a chance to be a part
		of the event and the opportunity
	20	to interact and entertain the
		patients who gathered. A total
		of 500 people attended the
		programme. Cadets and
		palliative care inmates
		performed various cultural
		activities. LCPL Ayisha Risni
		was the student coordinator.
	Care	

# KAHM UNITY WOMEN'S COLLEGE, MANJERI $\underline{\text{NCC ARMY WING}}$

## **SOCIAL SERVICE ACTIVITIES 2022-23**

Sl No.	Name of Activity	No. of participants	Report
	World Senior Citizen's Day (21 August 2022)	20	Every year World Senior Citizen's Day is celebrated on August 21 to highlight the contribution of elderly individuals to humankind. NCC Cadets visited and spent time with elders from their home and neighbors.
	World Ozone Day – Cleaning Campaign - 'Green Campus, Clean campus' (16 September 2022)	72	On behalf of International Day for the Preservation of the Ozone Layer, the NCC Cadets conducted a cleaning campaign named as 'Green Campus, Clean Campus'. The theme of the day was 'Global Cooperation Protecting Life on Earth'.
	Swachhata hi seva Rally (17 September 2022)	20	As part of the Indian Swachhata League, Manjeri Municipality conducted a 'SWACHHATA HI SEVA RALLY' on 17th September, 2022 from the Municipal Building to Seethi Haji Bus Stand, Manjeri.

Gandhi Jayanti – Swachh Bharat		As part of Swatch Bharath
Abhiyan – Cleaning Campaign		Abhiyan, on 3 <sup>rd</sup> October 2022,
(2 October 2022)		Cadets cleaned the Gandhi
	20	Sculpture in Town hall,
	20	Manjeri. CTO Loosiya KP and
		UO Ayisha Anaina PK
		coordinated the cleaning
		programme.

International Day For Older Persons
(3 October 2022)

NCC Cadets attended the celebration and honoring ceremony of Older

Persons conducted by Manjeri

Municipality

The overall umbrella theme for the United Nations International Day of Older Persons in 2022 was 'Resilience of Older Persons in a Changing World'. The important outcomes observing this day were to raise public awareness about the opportunities and challenges presented to the ageing populations and to mobilize the families, community groups and stakeholders to address the difficulties faced by older people. By volunteering the programme, Cadets got a chance to care for them with lots of pleasure. The entire program 'The confluence of beneficiaries of vayomithram and felicitation of senior citizens' was conducted by Manjeri municipality with the message 'Let's wait with care, let's hold hands'.

20

Pothichoru (25 October 2022)	35	NCC Cadets donated Pothichoru (Packed Lunchs) to Shalomatha Bhavan, Cherani, Manjeri in association with the Home Science department. It belongs to the Franciscan Missionary Sisters Association. It is a home for mentally ill and destitute women. Presently, 68 inmates are there. Cadets donated 35 packed lunches.
White Cane Day - Stamp collection (1 November 2022)	72	NCC cadets collected fund for blinds on behalf of White Cane day (October 15). A stamp sheet was given to each cadets containing 20 stamps which was distributed to other students and staffs by collecting 10 rs per stamp. Total 15000 rupees was collected.

Swatchhata Campaign		As a part of Swatchhata
(9 November 2022)		Campaign, twenty NCC cadets
		actively participated in cleaning
		process at a plot near to college
	20	on 9th November 2022.The
		program was led by Sub. Sunil
		Kumar, CTO Loosiya KP and
		UO Ayisha Anaina PK.

World Aids Day – Blood Donation (2 December 2022)

Every year, on 1 December, the world commemorates World AIDS Day. People around the world unite to show support for people living with and affected by HIV and to remember those who lost their lives to AIDS. The NCC Army wing observed World AIDS Day on 2nd December 2022 by donating blood. Under officer Ayisha Anaina PK(5th Sem BA English) and three first year cadets donated blood to Blood Bank, Medical College, Manjeri. The blood donation aimed at encouraging students to step forward and donate blood. The main objectives were to sensitize the need to donate blood to the needy in time, to instill the feeling of helping others to breathe life with their precious donation, to impart to them the value of blood donation, and to be aware of scientific information about the blood group. The blood donation was coordinated **CTO** by Loosiya. KP.

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Visit To Pakalveed (For Senior		NCC Cadets of KAHM Unity
Citizens) – (31 December 2022)		women's College, Manjeri
		visited 'Pakalveed' for senior
		citizens at Karikkad,
		Trikalangode Grama Panchayat
		on 31st December 2022.
		Pakalveed is a platform for the
	20	elderly to spend their daytime,
	20	to share their life experience
		and to perform various cultural
		activities. They shared their life
		experiences that enlightened the
		cadets' hearts and strengthened
		their knowledge.

Palliative Care Day Fund Collection		As a part of Palliative Care Day
(12 January 2023)		(15 Jan 2023) NCC cadets
		actively participated in the fund
		collection on 12 Jan 2023,
		organized by Palliative Care
		Units in Manjeri area. Palliative
		care is an approach that
		improves the quality of life of
		patients and their families
		facing the problems associated
		with a life-threatening illness,
	10	through the prevention and
		relief of suffering by means of
		early identification and
		impeccable assessment and
		treatment of pain and other
		problems, physical,
		psychosocial and spiritual.10
		cadets participated in the fund
		collection at Manjeri Bus stand.

Cleaning Campaign (27 January 2022)	20	NCC Cadets of KAHM Unity Women's College, Manjeri participated in the 'Litter Free Kerala Campaign' conducted by Manjeri Municipality on 27 Jan 2023 at Mullampara junction, Manjeri. The campaign was inaugurated by Smt. VM Subaida, Chairperson of Manjeri Municipality. 20 cadets participated in the campaign. CTO Loosiya KP coordinated the students.
Visit to ILU Thanal (Early Intervention Centre), Manjeri (23 Feb 2023)	130	20 NCC Cadets and CTO Loosiya KP, visited ILU Thanal (Early Intervention Centre), Manjeri. The centre helps differently abled children to improve their abilities and learn new skills through therapies and activities.

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	Sparsham 2023 – Palliative Care		Hastham, Manjeri Municipality
	Units Get Together		conducted a get-together of
	(14 March 2023)		Palliative Care Units of Manjeri
			area named as 'Sparsham 2023'
			on 14th March 2023 at VP Hall,
			Manjeri. The programme
			inaugurated by Smt. VM
			Subaida, Chairperson of
			Manjeri Municipality. 10 NCC
			cadets got a chance to be a part
			of the event and the opportunity
		20	to interact and entertain the
		-	patients who gathered. A total
			of 500 people attended the
			programme. Cadets and
			palliative care inmates
			performed various cultural
			activities. LCPL Ayisha Risni
			was the student coordinator.
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Dr. SHAHINA MOL. A. K. **IQAC** Co-ordinator KAHM Unity Women's College, Manjeri, Malappuram, Kerala. Prof. (Dr). Muhammed Basheer Ummathur
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