



Korambayil Ahamed Haji Memorial

UNITY WOMEN'S COLLEGE

Government Aided & Affiliated to University of Calicut

Accredited by NAAC with CGPA 2.77 & B++ Grade



AQAR 2022-23

Prepared by:-

Internal Quality Assurance Cell (IQAC)

**KORAMBAYIL AHAMED HAJI MEMORIAL
UNITY WOMEN'S COLLEGE, MANJERI.**

Best Practice- II

Institutional Social Responsibility of Unity (ISRU): Outreach Programmes aiming Value Addition.

KAHM Unity Women's College in Manjeri is dedicated to empowering individuals and the community through various outreach programs. Objective. The primary objective of the Outreach programme is to empower individuals and the community through a multifaceted approach. By addressing various aspects of education, health care, economic empowerment, environmental sustainability, and social welfare, the college aims to create a brighter and more inclusive future for all.

BEST PRACTICE 2022-23 – PROOFS

PRACTICE 2: AWARENESS AND EMPOWERMENT ACTIVITIES FOR THE COMMUNITY

DEPARTMENT OF ENGLISH – EFFECTIVE CLASSROOM COMMUNICATION

Serial no.	Name of the activity	Year	No. of teachers participated	No. of Faculty Participated
1	Effective Classroom Communication	2022-23	84 Primary school teachers	1

Department of English

UWC/DQAC/III-10

Community Outreach Activities

KAHM Unity Women's College, Manjeri

Programme Report

(The format is prepared and circulated by IQAC)

1. Name of the programme <i>1. Name of the programme</i>	Effective Classroom Communication
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2.Aim, Objectives, and Scope of the programme	<p>Continue to use positive language in communication with students.</p> <p>Foster active listening skills and nonverbal communication techniques to enhance classroom interactions.</p> <p>Ensure that feedback and assessment provided to students is constructive and meaningful.</p> <p>Promote effective communication with parents to foster a positive and collaborative home-school relationship</p>
3.Name of the coordinator/organizing secretary	Mr.SIDHIQUE P.
4.Date of programme	22/03/2023
5.Mode of the programme(offline/online)	Offline
6.Total number of attendees/participants	84

7.Organizing body	Department of English
8.Organizing committee members	Mr.Sidhique P Dr.Ak Shahina Mol
9.Students' involvement in organizing the programme	Yes

<p>10.Detailed report of the programme</p>	<p>Under the aegis of Community Language Aquisition Program (CLAP) , platform for schools based outreach program for English teaching and learning, PG and Research Department of English organized an orientation session on Effective Classroom Communication for the primary school teachers of HMSAUP school Thurakkal, Manjeri on 22/03/2023.</p> <p>Eighty teachers attended the program. Manager of the school inaugurated the training session. Head of the Department of English Dr Shahina Mol AK delivered the concept note of the program and Sidhique P, Assistant Professor of English, handled the session. Headmaster of the school Mr Saleem Perimbalam welcomed the gathering.</p>
<p>11.Feedback of the programme</p>	<p>COLLECTED</p>
<p>12.Feedback analysis</p>	



13.Outcome, Evaluation, and results of the programme

Improved teacher knowledge: The participants gained knowledge of new teaching methods, learning about the latest research in their subject area and developed skills in areas such as classroom

14. Signature of the organizing secretary	
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Report

Under the aegis of Community Language Acquisition Program (CLAP) , platform for schools based outreach program for English teaching and learning, PG and Research Department of English organized an orientation session on Effective Classroom Communication for the primary school teachers of HMSAUP school Thurakkal, Manjeri .

Eighty teachers attended the program. Manager of the school inaugurated the training session. Head of the Department of English Dr Shahina Mol AK delivered the concept note of the program and Sidhique P, Assistant Professor of English, handled the session. Headmaster of the school Mr Saleem Perimbalam welcomed the gathering.


DEPARTMENT OF MATHEMATICS – AWARENESS ABOUT OPPORTUNITIES IN MATHEMATICS FOR STANDARD IX STUDENTS OF Govt. Higher Sec. School, KARAKUNNU

Extension Activity

1.Name of the programme	Extension Activity
2.Aim, Objectives, and Scope of the programme	<p>Aim: The aim of the session was to create awareness among 9th std students of GHSS Karakkunnu about the opportunities available in the field of mathematics and to encourage them to pursue higher education in mathematics.</p> <p>Objectives:</p> <ol style="list-style-type: none"> 1. To introduce students to the different areas of mathematics and their applications in various fields. 2. To provide information about the courses available in mathematics and the career opportunities they offer. 3. To inspire students to develop an interest in mathematics and pursue higher education in the field. <p>Scope:</p>

	<p>The session covered various topics related to Mathematics such as its applications in Science, Engineering, Business, and Finance. The speakers shared their experiences and knowledge about the opportunities available in these fields for Mathematics graduates. The session also provided information about the courses and programs available in Mathematics.</p>
3.Name of the coordinator/organizing secretary	Abdul Rof V
4.Date of programme	24/02/2023
5.Mode of the programme(offline/online)	Offline
6.Total number of attendees/participants	30
7.Organizing body	Department of Mathematics
8.Organizing committee members	Students
9.Students' involvement in organizing the programme	<ol style="list-style-type: none"> 1. Coordinating the event 2. Promoting the event through various channels, such as social media and posters 3. Providing technical support during the event
10.Detailed report of the programme	<p>On February 24th, 2023, the Department of Mathematics organized a session on the Opportunities of Mathematics for 9th standard students of GHSS Karakkunnu. The session was conducted as an extension activity of the Department and aimed to educate students about the various opportunities available in the field of mathematics.</p> <p>The session was conducted by Hasna K and Mufeedha K, who are fourth-semester BSc Mathematics students, along with Rislá, a second-semester BSc Mathematics student. They began the session by introducing themselves and explaining their interest in the subject. They then proceeded to discuss the various opportunities available to students who pursue mathematics.</p>

	<p>The session covered various topics such as career opportunities, research opportunities, and higher education opportunities. The students were informed about the various career options available to them, including actuarial science, data analytics, and teaching. They were also informed about the research opportunities available in the field of mathematics, including opportunities for pursuing a Ph.D. in Mathematics.</p> <p>The speakers also provided information about the various higher education opportunities available to students who pursue mathematics. They explained the different undergraduate and postgraduate courses available in the field of mathematics, along with the eligibility criteria for each course.</p> <p>The students were encouraged to ask questions and clarify their doubts throughout the session. The speakers patiently answered all the questions asked by the students and ensured that the session was interactive and engaging.</p> <p>In conclusion, the session on Opportunities of Mathematics organized by the Department of Mathematics for 9th standard students of GHSS Karakkunnu on February 24th, 2023, was informative and engaging. The session was conducted by Hasna K, Mufeedha K, and Rislal, who are BSc Mathematics students. They provided valuable information about the various opportunities available in the field of mathematics, including career opportunities, research opportunities, and higher education opportunities. The session was a great way for students to learn more about the field of mathematics and the various opportunities available to them.</p>
11.Feedback of the programme	<p>The session received positive feedback from the students and the teachers. The students found the session informative and engaging.</p>

	<p>They appreciated the efforts of the department in organizing such a useful session. The teachers also appreciated the initiative of the department and felt that such sessions could help the students make informed decisions about their future careers.</p>
<p>12.Feedback analysis</p>	<p>The session was able to provide the students with valuable insights into the opportunities available in Mathematics. It helped them understand the importance of Mathematics in various fields and motivated them to pursue a career in this field. The session also highlighted the courses and programs available in Mathematics, which could help the students plan their future studies. Overall, the session was successful in achieving its objective of creating awareness and generating interest in Mathematics among the students.</p>
<p>13.Outcome, Evaluation, and results of the programme</p>	<p>The session was able to provide the students with valuable insights into the opportunities available in Mathematics. It helped them understand the importance of Mathematics in various fields and motivated them to pursue a career in this field. The session also highlighted the courses and programs available in Mathematics, which could help the students plan their future studies. Overall, the session was successful in achieving its objective of creating awareness and generating interest in Mathematics among the students.</p>
<p>14.Signature of the organizing secretary</p>	



DEPARTMENT OF FCS:

Name of the activity	No. of participants	Collaborating Agency/Centre
Kudamattom	150	Mobility in Dystrophy(MinD) Trust
Nutritional Status Assessment	20	HMSAUPS , Thurakkal, Manjeri
Pothichoru	80	Shalom Matha Bhavan
Nutritional Status Assessment of Fishing Community	20	Fishing Community of Chokidi Community
Nutritional Assessment and Health Checkup	20	Trend Pre School, Elayur
Awareness Class on Arthritis and its remedial measures.	20	Koolamadom Anganwadi, Narukara (Local Women)

KAHM UNITY WOMEN'S COLLEGE
PG DEPARTMENT OF HOME SCIENCE
Programme Report

1. Name of the programme: KUDAMATTAM – A Community Intervention Initiative

2. Aim, Objectives and scope of the programme:

Aim: To impart social empowerment through the joint activities among the people with dystrophy

Objectives:

1. To provide consultancy for embellishment of umbrellas made by MIND
2. To promote the sale of umbrellas for their economic empowerment

Scope: Creates an awareness on problems and challenges faced by the people with dystrophy and it reminds and enhances the social responsibility of the students in facilitating the empowerment of the people with dystrophy.

Name of the coordinator/ organizing secretary: Dr. N.V.Fatimathu Zuhara, Assistant Professor in Home Science

3. Date of Programme: 17/06/2022

3. Mode of the programme: Offline

3. Total number of attendees/participants: All college students; >1000 students; Dept. students-60

3. Organizing body: PG Department of Home Science in collaboration with the Women Cell of the college

3. Organizing committee members:

A S Anitha Begum, HoD (Convener)

Joint Coordinators

Dr Annie Ninan, Associate Professor

Mrs Bushaira V, Assistant Professor (Adhoc)

Mrs Shahla Karuthedath, Assistant Professor (Adhoc)

Ms Loosiya KP, Assistant Professor (Adhoc)

Mrs Nishida Haridhas, Assistant Professor (Adhoc)

Student Coordinator

Mrs. Shahna Jinu, II M Sc Home Science (Nutrition & Dietetics)

8. Student's involvement in organizing the programme:

Mrs. Shahna Jinu, II M Sc Home Science (Nutrition & Dietetics) coordinated the painting of the umbrellas purchased from MIND. At first, she tried a sample of painting on an old umbrella and based on its outcome, she charted the ways of umbrella embellishment. Ms. Nada Musthafa, Ms.Mridula, Ms. Fathima Dilna, Ms Shifna Thengunthodi and Ms. Fathima Fidha of V Semester FCS also participated in painting the umbrellas. They purchased the required the fabric paints and other necessary tools for embellishment. It took nearly a week for them to complete the painting.

On the day of inauguration, the students of II M Sc Home Science (Nutrition & Dietetics) displayed the painted umbrellas as a part of promotion. It popularized the umbrellas made by the people of MIND.

9. Detailed report of the programme:

The PG department of Home Science and Women cell of the college have jointly signed a MoU with Mobility in Dystrophy (MIND) Trust, Kerala, to impart social empowerment through their

joint activities among the people with dystrophy. Also, the Home Science department agreed to provide consultancy for embellishment of umbrellas made by MIND and promotion of its sale for their economic empowerment. As a first step, around 15 umbrellas were purchased and painted by the students of Home Science department. During the inaugural session, Mr. Prajith P, Treasurer, MIND Trust, created an awareness on problems and challenges faced by the people with dystrophy and gave an outline of the various activities of the Trust. Dr. N V Fatimathu Zuhara, Assistant Professor and Mrs. Shahna Jinu K, IInd MSc Home Science (Nutrition & Dietetics) are the department level coordinators for the programme.



Women Cell, Korambayil Ahamed Haji Memorial
Unity Women's College, Manjeri
&

Kerala State Women Development Cell
joining hands with



MINDIA
MOBILITY IN DYSTROPHY

FOR NAIPUNYA PROJECT

A COMMUNITY INTERVENTION INITIATIVE



KUDAMATTAM

sales of painted umbrellas
with the support of Department of FCS

On 17 June 2022

From 11.30 pm to 1.00 pm

At the college Auditorium

Let us make the lives of other better..

For more details contact: 9048911221 (M.K. Vineetha)
9447349388 (Aswathi M.P.)



LIST OF PATICIPANTS

S No.	NAME	CLASS
	AMNA P	V SEM B Sc FCS
	ANSHEERA CM	V SEM B Sc FCS
	FATHIMA NIDA P	V SEM B Sc FCS
	FATHIMA RINSHA AM	V SEM B Sc FCS
	HAMNA KM	V SEM B Sc FCS
	HIBA PARVIN TP	V SEM B Sc FCS
	INTHISHANA V	V SEM B Sc FCS
	IRFANA SAYYIDA KP	V SEM B Sc FCS
	JUMANA JABEEN C	V SEM B Sc FCS
	LIYANA PV	V SEM B Sc FCS
	MAJIDA M	V SEM B Sc FCS
	MISBA ASMI K	V SEM B Sc FCS
	MUBASHIRA P	V SEM B Sc FCS
	NASBA K	V SEM B Sc FCS
	NASEEBA K	V SEM B Sc FCS
	RASHA SMIJAS C	V SEM B Sc FCS
	RISBA SIRIN K	V SEM B Sc FCS
	RISVANA K	V SEM B Sc FCS
	RISWANA DILNA K	V SEM B Sc FCS
	SAHLA P	V SEM B Sc FCS
	AYISHA NISHANA ENGALAMPURATH	V SEM B Sc FCS
	FATHIMA SAFA	V SEM B Sc FCS
	MUFEEDA MOL M	V SEM B Sc FCS
	NADA MUSTHafa	V SEM B Sc FCS
	NITHASHA T	V SEM B Sc FCS
	RUSHDA K T	V SEM B Sc FCS
	SAFWA T	V SEM B Sc FCS
	SALMA FABa	V SEM B Sc FCS
	ADITHYA K	V SEM B Sc FCS
	ANJANA K	V SEM B Sc FCS
	A S HRIDYA	V SEM B Sc FCS
	ATHIFA THASNI P	V SEM B Sc FCS
	ATHILA K	V SEM B Sc FCS
	BINSHAMOL A	V SEM B Sc FCS
	FATHIMA AFLA	V SEM B Sc FCS
	HASNA JAN CK	V SEM B Sc FCS
	KAVYA P	V SEM B Sc FCS
	KHADEEJA SUMIN KP	V SEM B Sc FCS
	LIYANA ABDUL JABBAR E	V SEM B Sc FCS
	MRIDULA P	V SEM B Sc FCS
	SHIFNA THENGINTHODI	V SEM B Sc FCS
	AFEefa FARSANA M K	II M Sc Home Science (Nutrition & Dietetics)

	ASYA MURSHIDA	II M Sc Home Science (Nutrition & Dietetics)
	ATHIRA M P	II M Sc Home Science (Nutrition & Dietetics)
	FARHAT BAI	II M Sc Home Science (Nutrition & Dietetics)
	FATHIMA	II M Sc Home Science (Nutrition & Dietetics)
	FATHIMA SHIRIN P	II M Sc Home Science (Nutrition & Dietetics)
	HIBA M	II M Sc Home Science (Nutrition & Dietetics)
	JUMANA P	II M Sc Home Science (Nutrition & Dietetics)
	LULU NARGHEES	II M Sc Home Science (Nutrition & Dietetics)
	NADIYA ISHRATH	II M Sc Home Science (Nutrition & Dietetics)
	NAVYA SANTHOSH C P	II M Sc Home Science (Nutrition & Dietetics)
	PRIYA K BHASKER	II M Sc Home Science (Nutrition & Dietetics)
	RIMSHY SHERIN C	II M Sc Home Science (Nutrition & Dietetics)
	RISWANA K M	II M Sc Home Science (Nutrition & Dietetics)
	RIYA MUHAMMED	II M Sc Home Science (Nutrition & Dietetics)
	SAFA THASNI	II M Sc Home Science (Nutrition & Dietetics)
	SHAHNA JINU K	II M Sc Home Science (Nutrition & Dietetics)
	SISNA C	II M Sc Home Science (Nutrition & Dietetics)
	SNEHA K	II M Sc Home Science (Nutrition & Dietetics)

10. Feedback of the programme:

S No	Name	Semester and Department	Was the programme effective?	Does it encourage you to do more extension activity?	How do you rate the programme? 1- Poor 2- Satisfactory 3- Good

					4- Very good 5- Excellent
	AMNA P	V SEM B Sc FCS	Yes	Yes	3
	ANSHEERA CM	V SEM B Sc FCS	Yes	Yes	4
	FATHIMA NIDA P	V SEM B Sc FCS	Yes	Yes	5
	FATHIMA RINSHA AM	V SEM B Sc FCS	Yes	Yes	5
	HAMNA KM	V SEM B Sc FCS	Yes	Yes	3
	HIBA PARVIN TP	V SEM B Sc FCS	Yes	Yes	3
	INTHISHANA V	V SEM B Sc FCS	Yes	Yes	3
	IRFANA SAYYIDA KP	V SEM B Sc FCS	Yes	Yes	5
	JUMANA JABEEN C	V SEM B Sc FCS	Yes	Yes	4
	LIYANA PV	V SEM B Sc FCS	Yes	Yes	5
	MAJIDA M	V SEM B Sc FCS	Yes	Yes	4
	MISBA ASMI K	V SEM B Sc FCS	Yes	Yes	4
	MUBASHIRA P	V SEM B Sc FCS	Yes	Yes	5
	NASBA K	V SEM B Sc FCS	Yes	Yes	2
	NASEEBA K	V SEM B Sc FCS	Yes	Yes	4
	RASHA SMIJAS C	V SEM B Sc FCS	Yes	Yes	4
	RISBA SIRIN K	V SEM B Sc FCS	Yes	Yes	3
	RISVANA K	V SEM B Sc FCS	Yes	Yes	4
	RISWANA DILNA K	V SEM B Sc FCS	Yes	Yes	4
	SAHLA P	V SEM B Sc FCS	Yes	Yes	5
	AYISHA NISHANA ENGALAMPURATH	V SEM B Sc FCS	Yes	Yes	4
	FATHIMA SAFA	V SEM B Sc FCS	Yes	Yes	5
	MUFEEDA MOL M	V SEM B Sc FCS	Yes	Yes	5

	NADA MUSTHAFA	V SEM B Sc FCS	Yes	Yes	5
	NITHASHA T	V SEM B Sc FCS	Yes	Yes	4
	RUSHDA K T	V SEM B Sc FCS	Yes	Yes	4
	SAFWA T	V SEM B Sc FCS	Yes	Yes	5
	SALMA FABA	V SEM B Sc FCS	Yes	Yes	4
	ADITHYA K	V SEM B Sc FCS	Yes	Yes	4
	ANJANA K	V SEM B Sc FCS	Yes	Yes	5
	A S HRIDYA	V SEM B Sc FCS	Yes	Yes	5
	ATHIFA THASNI P	V SEM B Sc FCS	Yes	Yes	4
	ATHILA K	V SEM B Sc FCS	Yes	Yes	4
	BINSHAMOL A	V SEM B Sc FCS	Yes	Yes	4
	FATHIMA AFLA	V SEM B Sc FCS	Yes	Yes	3
	HASNA JAN CK	V SEM B Sc FCS	Yes	Yes	4
	KAVYA P	V SEM B Sc FCS	Yes	Yes	4
	KHADEEJA SUMIN KP	V SEM B Sc FCS	Yes	Yes	5
	LIYANA ABDUL JABBAR E	V SEM B Sc FCS	Yes	Yes	5
	MRIDULA P	V SEM B Sc FCS	Yes	Yes	4
	SHIFNA THENGINTHODI	V SEM B Sc FCS	Yes	Yes	5
	AFEEFA FARSANA M K	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	3
	ASYA MURSHIDA	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	5
	ATHIRA M P	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	5

	FARHAT BAI	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	4
	FATHIMA	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	5
	FATHIMA SHIRIN P	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	5
	HIBA M	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	5
	JUMANA P	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	3
	LULU NARGHEES	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	5
	NADIYA ISHRATH	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	5
	NAVYA SANTHOSH C P	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	5
	PRIYA K BHASKER	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	3
	RIMSHY SHERIN C	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	3
	RISWANA K M	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	4
	RIYA MUHAMMED	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	4

	SAFA THASNI	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	5
	SHAHNA JINU K	II M Sc Home Science (Nutrition & Dietetics)	Yes	Yes	4
	SISNA C	II M Sc Home Science (Nutrition & Dietetics)			
	SNEHA K	II M Sc Home Science (Nutrition & Dietetics)			

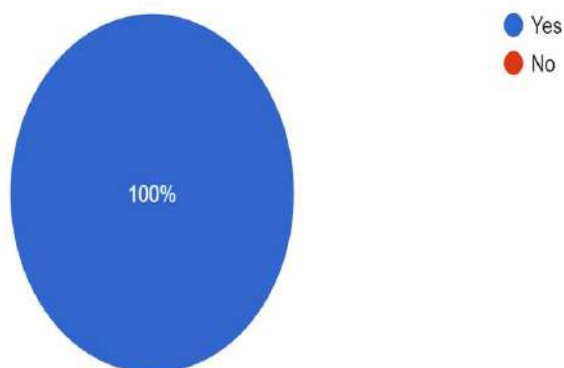
11. Feedback analysis:

All the participants appreciated the programme and it motivated the students to participate in community outreach activities.

Effectiveness of the Programme

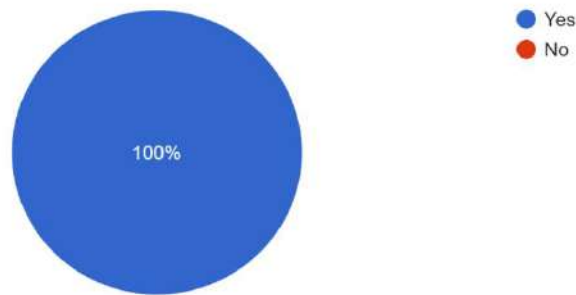
Did you get information about cancer, its symptoms and preventive measures?

58 responses



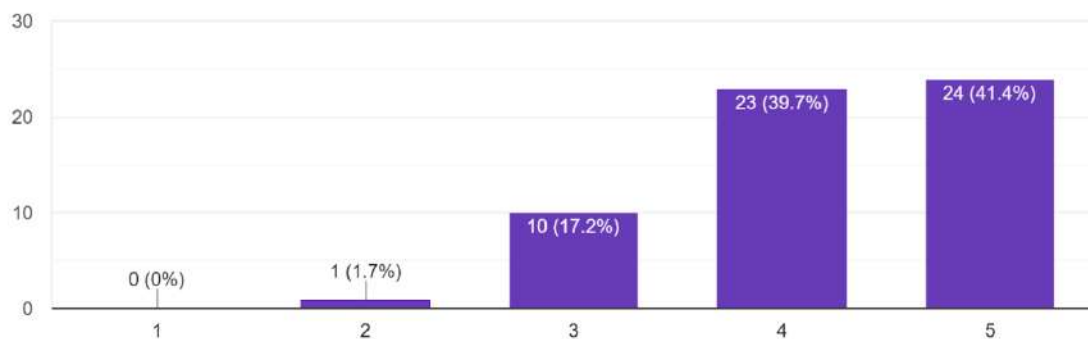
Was the seminar useful?

58 responses



How do you rate the seminar? 1- Poor 2- Satisfactory 3- Good 4- Very good 5- Excellent

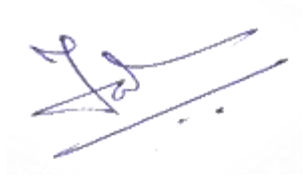
58 responses



12. Outcome, Evaluation and results of the programme

1. *The students and staff of the department succeeded in implementing their ideas in converting the plain umbrellas into beautifully painted ones thereby promoting their sale and profit*
2. *Increasing the sale value of the umbrellas of MIND will help to improve their economic status.*
3. *The consultancy service of umbrella embellishment gave a sense of confidence, achievement and satisfaction to the students who are involved in the painting of umbrellas*
4. *The participants developed a better understanding of the problems and challenges of people with dystrophy*
5. *It motivates the students to join and extend hands to uplift the*

13. Signature of the organizing secretary



Dr NV Fatimathu Zuhara

KAHM UNITY WOMEN'S COLLEGE

PG DEPARTMENT OF HOME SCIENCE

1. **Name of the programme:** National Child Health Day-Community Outreach Programme
2. **Aim, Objectives and scope of the programme:**
National Child Health Day is on the first Monday of every October where we show our support of children's health, family, and those that work hard to help them.
3. **Objectives:**

This observance focuses on raising people's awareness about how they can protect and develop children's health.
4. **Name of the coordinator/ organizing secretary:**
Mrs. Shahla Karuthedath, Assistant Professor Ad hoc
5. **Date of Programme: 03/10/2022**
5. **Mode of the programme: Offline**
5. **Total number of attendees/participants: 70**
5. **Organizing body: Home Science Department**
5. **Organizing committee members:** A S Anitha Begum, HoD (Convener)
Joint Coordinators
Dr Annie Ninan, Associate Professor
Mrs Bushaira V, Assistant Professor (Adhoc)
Mrs Shahla Karuthedath, Assistant Professor (Adhoc)
Ms Loosiyia KP, Assistant Professor (Adhoc)
Mrs Nishida Haridhas, Assistant Professor (Adhoc)
10. **Student's involvement in organizing the programme:**
The third semester Home Science students (Nutrition and Dietetics) students namely Rashidha Banu. P.P., Thashreefa P. M., Shamna. K., Raheela. Tiba, K. K. and Hasna Abdusalam assessed the nutritional status of the preschoolers.
11. **Detailed report of the programme:**
As part of national child health day, the PG Department of Home Science and Trend preschool, Elayur conducted a nutritional status assessment programme among preschool children on 3rd October 2022. The third semester Home Science students (Nutrition and Dietetics) students namely Rashidha Banu. P.P., Thashreefa P. M., Shamna. K., Raheela.

Tiba, K. K. and Hasna Abdusalam assessed the nutritional status of the preschoolers based on their height, weight and BMI and provided diet counselling to their parents. Mrs.Rashidha Banu P.P. conducted a general awareness class for the parents on the importance of nutritionally balanced food for preschoolers. Mrs Shahla.K., Assistant Professor (Adhoc) of PG. Department of Home Science was the faculty coordinator.



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Affiliated to the University of Calicut
Recognized by NAAC at B++ Grade
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PG DEPARTMENT OF HOME SCIENCE

03 October | NATIONAL CHILD HEALTH DAY

**NUTRITIONAL ASSESSMENT
AWARENESS PROGRAM
HEALTH CHECKUP
@TREND PRE SCHOOL ELAYUR
03 Oct 2022
10:30Am to 2:30 Pm**

STUDENT REPRESENTATIVES
TEJASHEEPA
RASHIDHA
SHAMMA
HASNA

STAFF COORDINATOR
Mrs. shahla
Assistant Professor
(Ad hoc)

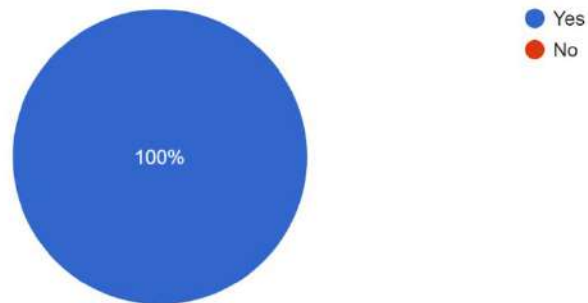


12. Feedback of the programme:

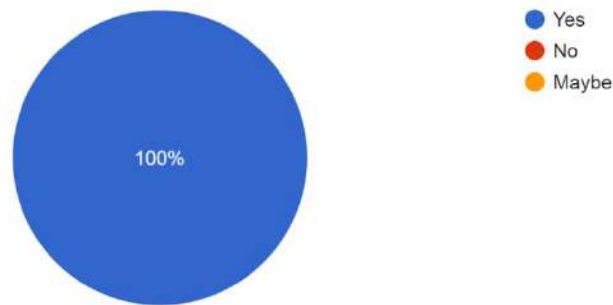
All of the school authorities commented that they understood the nutritional status of preschool children in their school and they will take necessary action to improve nutritional status of children.

13. Feedback analysis:

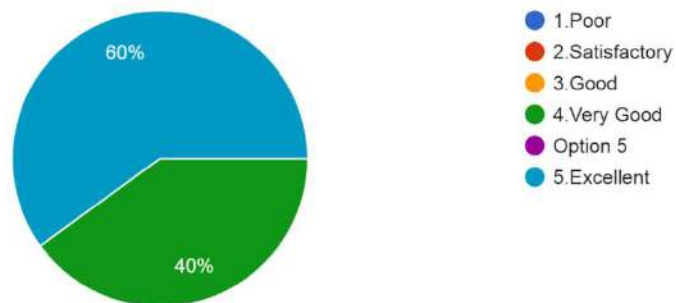
Did you understand the nutritional status of preschool children
5 responses



Did the school authorities will try to take necessary action to reduce under nutrition in children
5 responses



How do you rate this programme
5 responses



14. Outcome, Evaluation and results of the programme

The observance of this day is an amazing opportunity for raising awareness and support for the practices and people that protect children's health. Beyond that, National Child Health Day is an opportunity to empower students to make better choices that will have a positive impact on their health.

Signature of the organizing secretary

KAHM UNITY WOMEN'S COLLEGE
PG DEPARTMENT OF HOME SCIENCE

1. Name of the programme: World Arthritis Day

2. Aim, Objectives and scope of the programme:

Aim:

Its aim is to encourage people with arthritis, their caregivers, families and the general public to avail every opportunity to take action to improve their lifestyle.

Objectives and scope of the programme:

- Enhancing the understanding of the value of people making healthy choices and pursuing healthy lifestyles.
- Encouraging regular full body health check-ups and diagnostic tests for the early detection of arthritis.

3. Name of the coordinator/ organizing secretary:

Mrs. Nishidha Haridas, Assistant Professor Ad hoc

4. Date of Programme: 25th October

4. Mode of the programme: Offline

4. Total number of attendees/participants: 47

4. Organizing body: Home Science Department

4. Organizing committee members: Department faculties

4. Student's involvement in organizing the programme:

The Student coordinator for the programme was Ms. Rashida Banu from 2nd year M.Sc. Home Science Department. She prepared the flyer for the programme and circulated before one week of the programme. The first year and second year students of M.Sc. Home Science Department prepared some charts related to arthritis for exhibiting in the Anganwadi where the programme was conducted.

10. Detailed report of the programme:

World Arthritis day is a global awareness day held every year on 12 October. In connection with this, the PG Department of Home Science conducted a community outreach programme on 25th October 2022 at Koolamadom Anganawadi, Narukara. Mrs. Shirin E. K, III Sem M.Sc. Home Science conducted an awareness class on 'Arthritis and its remedial measures. After the talk, an exercise session was also conducted for the participants. A brochure of arthritis was circulated among the members. Mrs. Udaya (Anganwadi Teacher) delivered a vote of thanks for the programme. The programme was coordinated by Mrs. Nishidha Haridas, Assistant Professor (Ad hoc), and the student coordinator was Ms. Rashida Banu, III Sem M.Sc Home Science (Nutrition and Dietetics).



PG DEPARTMENT OF HOME SCIENCE



KAHM UNITY WOMEN'S COLLEGE,
MANJERI



Community Outreach Programme

'Arthritis & Its Remedial Measures'

Presentation: SHERIN EK
(Student of 3rd Sem MSc Home Science - Nutrition & Dietetics)



Koolamadam Anganwadi

Faculty Coordinator:
Mrs. NISHIDHA HARIDAS
Assistant Professor Ad hoc,
PG Dept. of Home Science

Student Coordinator:
Mrs. RASHIDA BANU
Student of 3rd Sem MSc Home
Science - Nutrition & Dietetics

October 25 2022
Tuesday
02:00 PM - 04:00 PM



11. Feedback of the programme:

The awareness class on behalf of World Arthritis Day was one of the informative programme conducted mainly for the community. Among them, majority of the attendees got awareness on arthritis and the precautions to be taken for the prevention.

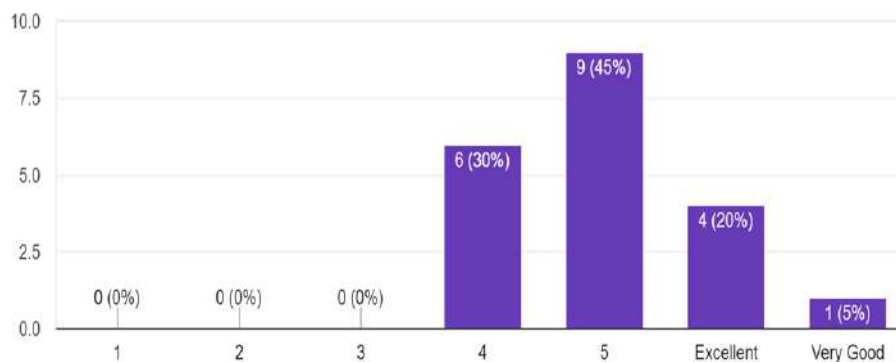
Timestamp	1. Name of the student	2. E.mail Id	3. Mobile number	4. Semester and Departm	5. Does this programme ç	6. Does this programme ç	7. Do you have any comments or suggestions to add?
10/26/2022	Hasna Abdussalam	hasnabinthsalam@gmail	07510291081		Excellent		
10/26/2022	Raheela Tiba k k	raheelatiba@gmail.com	8086796693		Excellent	No	
10/26/2022	Aartha H	aartha1999@gmail.com	8056157103		Excellent		
10/26/2022	Thasreefa PM	Thasreefapm1998@gmai	9188720701		Very Good	No	
10/26/2022	Shirin	Rishadchinnu98@gmail.c	9846086384		Excellent		
10/26/2022	Aartha H	aartha1999@gmail.com	8056157103	4th semester Msc home s	5	5. Excellent	Very informative section
10/26/2022	Bahira M	bahiram2002@gmail.com	7994073636	1st sem MSc FCS	5	4. Very Good	
10/26/2022	Areej Mehjabeen Pary	pary.areej@gmail.com	6238596627	3rd sem, Dept of Home S	4	4. Very Good	No
10/26/2022	Raheelatiba k k	raheelatiba@gmail.com	8086796693	3rd semester, MSc home	5	5. Excellent	No
10/26/2022	Shirin	Rishadchinnu98@gmail.c	9846086384	Msc 4th sem home scienc	5	5. Excellent	Need to give a poster like that
10/26/2022	shamna.k	shamakalappurath@gms	8086647296	four,msc home science	4	4. Very Good	no
10/26/2022	Nihala Birth Nazer	saeednihala@gmail.com	8085526445	4 semester, msc homesci	5	4. Very Good	Nil
10/26/2022	Fathima Shifa KP	shidafathima952@gmail.c	07736316014	Second year Msc Home s	5	5. Excellent	It was really useful program
10/26/2022	Shinana Sherin M T	sherinshinana@gmail.com	9747253747	2nd sem Msc Home Scier	4	4. Very Good	It was very informative programme
10/26/2022	Bahaboodiya CT	bbahaboodiyact@gmail.i	9746058076	Second sem & home soie	5	4. Very Good	It was informative
10/26/2022	Risvana P	risvanapookkatti@gmail.co	7994080890	1st Semester Msc Nutritio	5	5. Excellent	No
10/26/2022	Ayisha Fida k	ayshalidha08014@gmail.	8089873602	1st sem , Home science	4	4. Very Good	
10/26/2022	Shameena. CT	shameenashemict@gmai	9846431536	2nd Sem Msc. Home Scie	4	4. Very Good	No
10/26/2022	Riyana Nimshu u	riyanimz4837@gmail.com	8714438486	1st sem Msc Home scienc	4	4. Very Good	No
10/26/2022	Thahain	thtp333@gmail.com	9778076322	Msc.Hsc 2 nd sem	5	4. Very Good	

12. Feedback analysis:

A. Awareness on Arthritis

5. Does this programme give you an awareness on Arthritis?

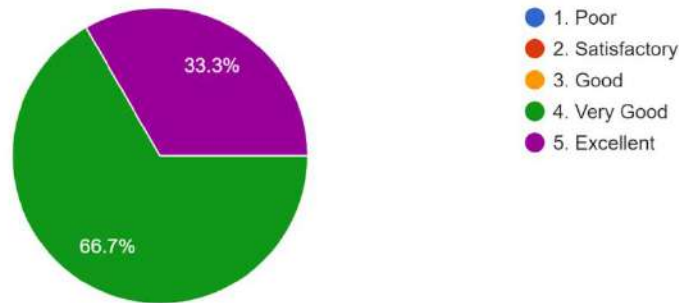
20 responses



B. Rating of the programme

6. How do you rate the programme?

15 responses



13. Outcome, Evaluation and results of the programme:

To highlight the importance of different types of arthritis and to take action to form a steppingstone towards the elimination of this problem in the future.

14. Signature of the organizing secretary:

PG DEPARTMENT OF HOME SCIENCE

KAHM UNITY WOMEN'S COLLEGE MANJERI

1. Name of the programme: Community Intervention Programme on School Health Day

2. Aim, Objectives and Scope of the Programme

Aim

To promote healthy behaviors among the children that they will inculcate for life. To detect and treat diseases early in children and adolescents including identification of malnourished and anemic children with appropriate referrals to PHCs and hospitals. To promote use of safe drinking water in schools.

Objectives and scope of the programme:

The main objective of the programme is to identify incipient diseases, disorders and disability by adequate and timely action and to become the anchor of promote and preventive health.

3. Name of the coordinator/ organizing secretary:

Mrs. Shahla Karuthedath, Assistant Professor Ad hoc

4. Date of Programme: 18/07/2022

5. Mode of the programme: Offline

6. Total number of attendees/participants: 100

7. Organizing body: Home Science Department

8. Organizing committee members: A S Anitha Begum, HoD (Convener)

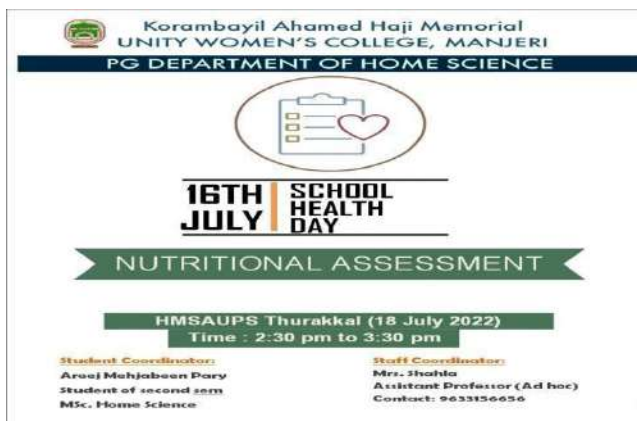
Joint Coordinators

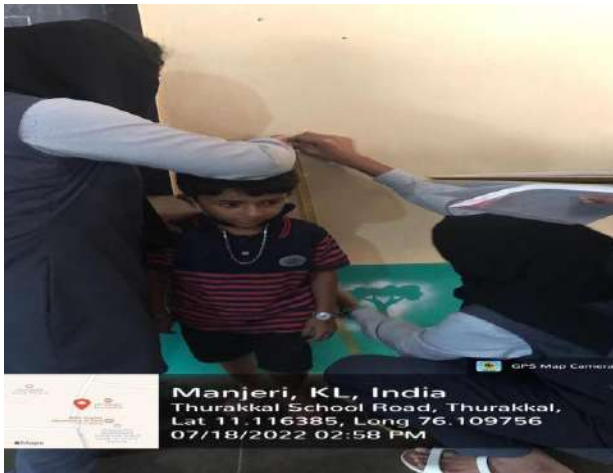
Dr Annie Ninan, Associate Professor
Mrs Bushaira V, Assistant Professor (Adhoc)
Mrs Shahla Karuthedath, Assistant Professor (Adhoc)
Ms Loosiya KP, Assistant Professor (Adhoc)
Mrs Nishida Haridhas, Assistant Professor (Adhoc)

9. Student's involvement in organizing the programme: The programme was conducted by PG students of Home Science and the student representative was Ms.Areej Mehjabeen Pary.

10. Detailed report of the programme:

The department of Home Science, on 18th July 2022, conducted a nutritional assessment programme on behalf of ' School Health Day' at HMSAUPS, Thurakkal, Manjeri. The programme was conducted by PG students of Home Science and the student representative was Ms.Areej Mehjabeen Pary. Around 100 students from the first standard were selected and they were divided into two groups. Their heights and weights were measured and the data collected was analysed to assess the nutritional status of the selected school students. The results were consolidated and the report was handed over to the school authorities.

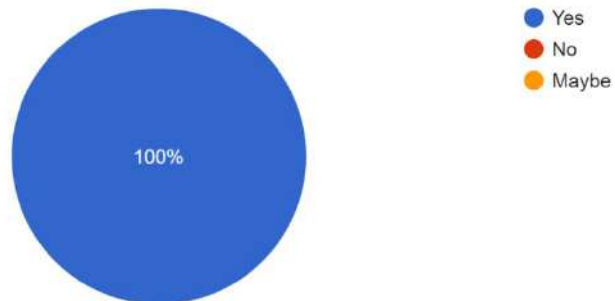




12. Feedback of the programme: All of the school authorities commented that they understood the nutritional status of preschool children in their school and they will take necessary action to improve nutritional status of children.

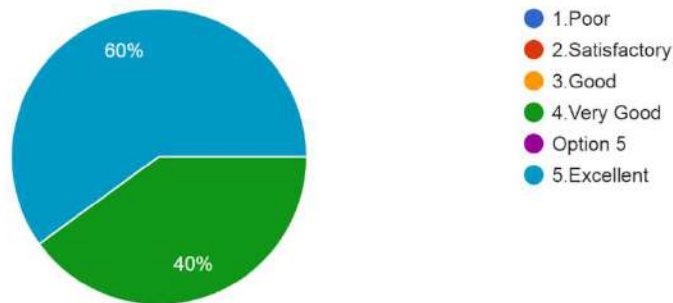
13. Feedback analysis:

Did the school authorities will try to take necessary action to reduce under nutrition in children
5 responses



How do you rate this programme

5 responses



14. Outcome, Evaluation and results of the programme

School Health Day was organized for the children in the Primary School with different activities taking place for each class. Children learned about taking care of their body through healthy eating, keeping clean, and doing exercise and many more ways

Signature of the organizing secretary

Timestamp	Email Address	NAME	Mobile number	Did you understand the r	Did the school authorities	How do you rate this programme
3/29/2023 7:26:40	Swapna.sujith@gmail.com	Swapna Sujith	9786432144	Yes	Yes	5 Excellent
3/29/2023 7:27:52	raahidanapp96@gmail.com	Rashida banu pp	9605237339	Yes	Yes	5 Excellent
3/29/2023 9:46:11	cmanshiya@gmail.com	Anshiya cm	9646348157	Yes	Yes	4 Very Good
3/29/2023 9:54:22	shamnakkalappurath@gmail.com	shamna k	8086647296	Yes	Yes	5 Excellent
3/29/2023 9:54:56	fadiyafabin@gmail.com	Fadiya Fabin K	7560003930	Yes	Yes	4 Very Good
4/11/2023 14:43:48	shanasanaka91@gmail.com	Shana	8157067276	Yes	Yes	4 Very Good

PG DEPARTMENT OF HOME SCIENCE

KAHM UNITY WOMEN'S COLLEGE, MANJERI

1. Name of the programme: Pothichoru
2. Aim, Objectives, and Scope of the programme:

Aim:

- To increase social awareness and responsibility as well in students.
- To promote charity among students.

Objectives:

- To increase social awareness and responsibility as well in students.
- To promote charity among students.
- To create personality development through community service.
- To involve students with extracurricular activities ahead of academic part.

3. **Name of the coordinator/organizing secretary:** Ms. Loosiya. KP

3. **Date of programme:** July 2022 to February 2023.

3. **Mode of the programme(offline/online):** Offline

3. **Total number of attendees/participants:** UG and PG students and teachers of Home Science department and other department students and teachers.

3. **Organizing body:** PG Department of Home Science, KAHM Unity Women's College, Manjeri.

3. **Organizing committee members:** Home department faculties

3. **Students' involvement in organizing the programme:** Ms. Rishana PP, II year B.Sc. FCS was the student coordinator of 'Pothichoru' programme and all UG and PG students donating packed lunches.

3. **Detailed report of the programme:**

Home Science is a socially committed course and, keeping this in mind, the department is happy to conduct many socially relevant programs. The "Pothichoru" – Packed lunch was launched by clicking the logo by Jb. Munawar Ali Shihab Thangal (President, College Management Committee) at the Home Science fest held on 2nd March 2017. It was implemented as a community welfare program with the motive of distributing "Pothichoru" to Shalomatha Bhavan, Cherani Manjeri. It belongs to the Franciscan Missionary Sisters Association. It is a home for mentally ill and destitute women. Presently, 68 inmates are there. The age range of people who stay there is 30 to 95 years. Only five sisters and two supporting staff members work there. Every Tuesday, the students were asked to bring Pothichoru from their homes. It was distributed to the above-mentioned old-age home. An amount of 10 rupees was also collected from those who were not able to bring Pothichoru.

At the end of every year, daily grocery items as per the needs of institution were brought and handed to the matron in the presence of students. And also the amount used for transportation of packed lunches from college to old age home. The department gives this opportunity not only for the department students but also for nutrition club members and further extends to the students of the college. It is a great privilege to announce that the home science department faculties along with the students is making this feeding programme a great success. This is an ongoing program. In the academic year of 2022-23, a total 694 packed lunches were donated from July 2022 to February 2023. We would like to continue it forever. Ms. Loosiya KP and Ms. Rishana PP, student of II year B.Sc. FCS were the faculty and student coordinators for the year 2022-23.

Month	Total number of 'Pothichoru' donated
July	17
August	92
September	50
October	68
November	164

December	62
January	101
February	140
Total	694

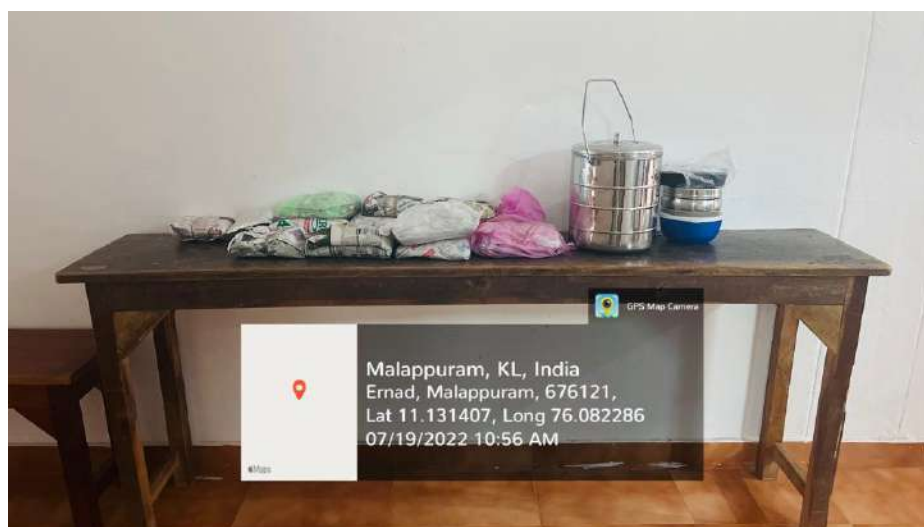
11. Feedback of the programme: In the academic year of 2022-23, a total 694 packed lunches were donated from July 2022 to February 2023.

11. Feedback analysis

11. Outcome, Evaluation, and results of the programme

Students get a chance to participate in social service activity there by developing a social responsibility among them. And also they involved in extracurricular activities ahead of academic part.

14. Signature of the organizing secretary







DEPARTMENT OF COMMERCE:

Higher Educational Opportunities for Commerce Graduates
 Promising Investment Avenues for Small Savings

Workshop on Softskill Developmen

Practical Session on Stock Trading

PG DEPARTMENT OF COMMERCE

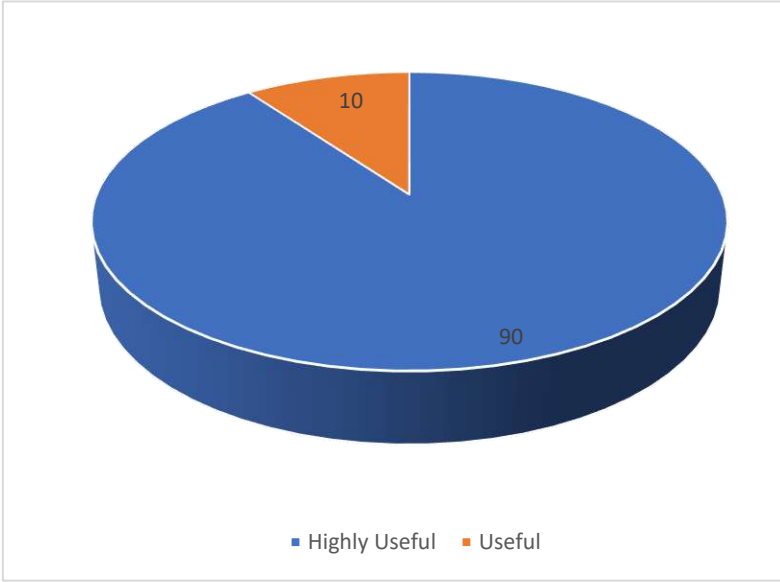
KAHM Unity Women's College, Manjeri

Programme Report

1.Name of the programme	Community Outreach Programme- <i>Higher Education Opportunities for Commerce Graduates</i>
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<p>2.Aim, Objectives, and Scope of the programme</p>	<p>Aims and Objectives</p> <p>The main aim is to provide support and guidance to students who have completed their graduate and PG studies in commerce and are looking to pursue further education.</p> <p>The programme sought to reach out to students from economically and socially disadvantaged backgrounds who may face barriers in accessing higher education opportunities.</p> <p>Scope of the programme</p> <p>Through the Community Outreach Programme, students can receive information about various higher education opportunities such as postgraduate studies, professional certifications, and vocational training programs that can help them enhance their knowledge and skills in the field of commerce.</p> <p>The programme also provides mentorship and counselling services to help students make informed decisions about their future academic and career paths.</p>
<p>3.Name of the coordinator/organizing secretary</p>	<p>Dr. Febina K</p>
<p>4.Date of programme</p>	<p>29-09-2022</p>

5. Mode of the programme (offline/online)	Offline
6. Total number of attendees/participants	150 (internal 132 and external 18)
7. Organizing body	PG Department of Commerce
8. Organizing committee members	TT Abdul Razak Dr Febina K
9. Students' involvement in organizing the programme	Students actively participated in the programme and interacted with the resource person.
10. Detailed report of the programme	A Community Outreach Programme on 'Higher Education Opportunities for Commerce Graduates' was organized on 29 th September, Thursday. The programme was inaugurated by the Resource Person of the programme, Mrs Ramla Beevi, Chief Career Counselor of Center for Information and Guidance India (CIGI). It was presided over by principal of the college, Dr. Muhammed Basheer Ummathur. Key note address was given by Adv. Abdurahman Karatt (Lecturer in law, Department of Commerce). Convener talk was delivered by Prof. T.T. Abdul Razak (HoD, Department of Commerce). Felicitation was bestowed by Prof. T. K. Fathima Shajitha (Associate Professor, Department of Commerce). The programme was

	<p>organized in two sessions; both of which were handled by Mrs Ramla Beevi. The initial session was about the ‘Prevalent Higher Opportunities after Commerce Graduation’. The second session gave special orientation to MBA programmes and Mrs Ramla Beevi disclosed some conclusive strategies for cracking CAT exam in the session. It was followed by a vigorous interactive session. The programme ended after a feedback session. Dr. Febina. K was the coordinator of the programme.</p>						
<p>11.Feedback of the programme</p>	 <table border="1"> <caption>Feedback Analysis Data</caption> <thead> <tr> <th>Category</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Highly Useful</td> <td>90%</td> </tr> <tr> <td>Useful</td> <td>10%</td> </tr> </tbody> </table>	Category	Percentage	Highly Useful	90%	Useful	10%
Category	Percentage						
Highly Useful	90%						
Useful	10%						
<p>12.Feedback analysis</p>	<p>A total of 90 percent of the participants commented that the visit was highly useful and the rest 10 percent remarked that it was useful.</p>						
<p>13.Outcome, Evaluation, and results of the programme</p>	<p>1. Increased access to higher education: The programme helped break down barriers to higher</p>						

	<p>education for students from disadvantaged backgrounds, who had no access to information or resources about available opportunities.</p> <p>2. Improved employability: Higher education qualifications can increase graduates' chances of finding employment and securing higher salaries. The programme helped students make informed decisions about their career paths and equip them with the skills and knowledge needed to succeed in the job market.</p>
14. Signature of the organizing secretary	

9. Programme Recordings (Screenshots, Photos, Videos, etc.)

Attach photographs & video links.





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anjeri

Google

Manjeri, Kerala, India
43JM+4FM, Manjeri, Kerala 676122, India
Lat 11.129777°
Long 76.083853°
29/09/22 10:12 AM

Brochure:

PG DEPARTMENT OF COMMERCE
KORAMBAYIL AHAMED HAJI MEMORIAL UNITY WOMEN'S
COLLEGE, MANJERI
(In association with IQAC)

Organises
AWARENESS SESSIONS
on

**HIGHER EDUCATION OPPORTUNITIES
FOR COMMERCE GRADUATES**
(A Community Outreach Programme)

On
Thursday, 29th September 2022, 9.30 AM
Venue: College Auditorium

Targeted Audience:

- ❖ Final year BCom and MCom students from external colleges
- ❖ Last year passed out Commerce students from external colleges

Inaugural Speaker:
Mrs Ramla Beevi
Chief Counselor, CIGI

Presidential Address:
Dr Muhammad Basheer Ummathur (Principal,
KAHM Unity Women's College)

Keynote Speaker:
Adv. Aburahaman Karat
(President, Malappuram Block Panchath & Lecturer
in Law, KAHM Unity Women's College)

Programme Co-ordinator:
Prof. T.T. Abidul Razak
(HOD and Associate Professor of Commerce,
KAHM Unity Women's College)

Programme Coordinator:
Dr. Febina Karimathal
(Guest Faculty, Department of Commerce)



Resource Person

Mrs Ramla Beevi
*Chief Counselor,
Center for Information
and Guidance India
(CIGI)*

*(Veteran Counselor
with experience of
more than ten years)*

Programme

Inauguration
(9.30 am to 10.00 am)

Session 1 : Prevalent higher opportunities after Commerce graduation
(10.00 am to 11.30 am)

Session 2 : Special orientation towards MBA programmes and strategies for cracking CAT
(11.45 am to 12.30 pm)

Interaction with Audience
(12.30 pm to 1 pm)

Contact:

- Dr Febina K Ph/Whatsapp : 9746677600
- Ramya Krishna Ph/Whatsapp : 9539888738

Internal Participants Details: Total 132

Sl No	Name	Class

1	Anisha M	Third Bcom CA
2	FathimaHamna KK	Third Bcom CA
3	FathimaJishana M	Third Bcom CA
4	FathimaNajva UT	Third Bcom CA
5	FathimaNasha A	Third Bcom CA
6	FathimaRigha K	Third Bcom CA
7	FathimaRushda CT	Third Bcom CA
8	FidhaParveen C	Third Bcom CA
9	FidhaSherin P	Third Bcom CA
10	HibaNasar KP	Third Bcom CA
11	Israh	Third Bcom CA
12	JuhainaCheladathil	Third Bcom CA
13	LaseenaNasreen K	Third Bcom CA
14	MishbaFathima	Third Bcom CA
15	Nahana AP	Third Bcom CA
16	NashidhaPalanthodi	Third Bcom CA
17	Nasila K	Third Bcom CA
18	Rafa	Third Bcom CA
19	Rinshida MK	Third Bcom CA
20	Safa PV	Third Bcom CA
21	Shahana Baby C	Third Bcom CA
22	ShahanaSharin AM	Third Bcom CA
23	ShahanaSherin K	Third Bcom CA
24	ShameemaThasni	Third Bcom CA
25	ShefanaShery	Third Bcom CA
26	ShiblaSherin VT	Third Bcom CA
27	Asma M	Third Bcom CA
28	HasnaNisani VK	Third Bcom CA
29	Safa CH	Third Bcom CA
30	Sajina P	Third Bcom CA
31	ShafeefaBadriyya K	Third Bcom CA
32	Anakha	Third Bcom CA
33	ArusZynabHyderi P	Third Bcom CA
34	FathimaHessa P	Third Bcom CA
35	FathimaLoodhaCheemadan	Third Bcom CA
36	FathimaParveen CK	Third Bcom CA
37	Jilfida P	Third Bcom CA
38	Jinsha A	Third Bcom CA
39	Liyana PC	Third Bcom CA
40	NainaAzeeb P	Third Bcom CA
41	NaijiyaNasrin M	Third Bcom CA

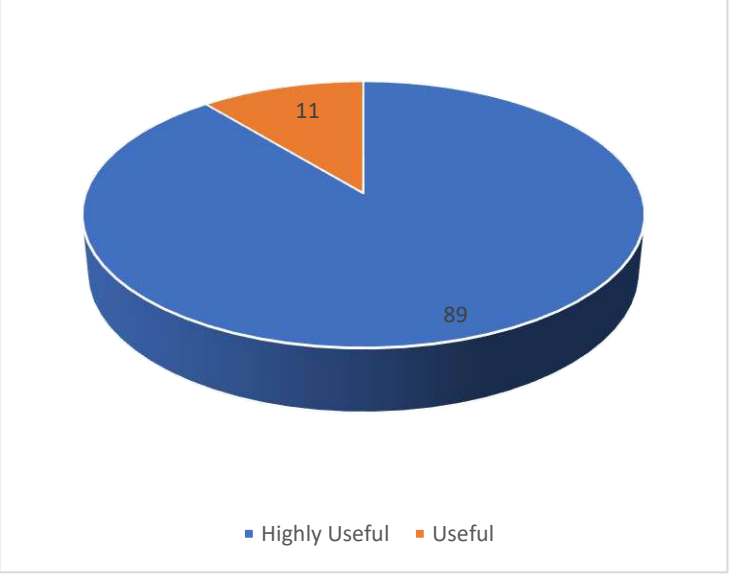
42	NihalaFebin P	Third Bcom CA
43	Nishma C	Third Bcom CA
44	RafnaSherin Pc	Third Bcom CA
45	Raniya T	Third Bcom CA
46	Reshma L	Third Bcom CA
47	ShahanaJebinNarikodan	Third Bcom CA
48	Shaneeba Sherin M	Third Bcom CA
49	Vismaya CP	Third Bcom CA
50	Ameena Banu.M.C	Fifth Bcom Coop
51	Amna.P	Fifth Bcom Coop
52	Anshida.N	Fifth Bcom Coop
53	Faheema.M	Fifth Bcom Coop
54	Fathima Fahma.P	Fifth Bcom Coop
55	Fathima Fida.T	Fifth Bcom Coop
56	Fathima Naseeka.P	Fifth Bcom Coop
57	Fathima Nasreen.M.T.	Fifth Bcom Coop
58	Fathima Rifa.K	Fifth Bcom Coop
59	Fathima Safa.C.M	Fifth Bcom Coop
60	Hasma Sirin.M	Fifth Bcom Coop
61	Hudha.T.P	Fifth Bcom Coop
62	Muhsina.T.M	Fifth Bcom Coop
63	Murshida Sherin. M	Fifth Bcom Coop
64	Raeesa.N.M	Fifth Bcom Coop
65	Safa. M.K	Fifth Bcom Coop
66	Safnas Salim.C.T	Fifth Bcom Coop
67	Sayana. T	Fifth Bcom Coop
68	Sehrabanu.K	Fifth Bcom Coop
69	Shahma Nasri.N	Fifth Bcom Coop
70	Shifana Sherin.M	Fifth Bcom Coop
71	Shifna Bangalath	Fifth Bcom Coop
72	Adithya Sreekumar.C	Fifth Bcom Coop
73	Ameera Faravi. V	Fifth Bcom Coop
74	Fathima Binsha.K	Fifth Bcom Coop
75	Fathima Fidha.K.V.S	Fifth Bcom Coop
76	Fathima Fidha.P	Fifth Bcom Coop
77	Fathima Rinsha.C.T	Fifth Bcom Coop
78	Jawhara.N.K	Fifth Bcom Coop
79	Nishba.C.K	Fifth Bcom Coop
80	Rinsha.E.K	Fifth Bcom Coop
81	Risna.C	Fifth Bcom Coop
82	Sarah Hamza Manappulan	Fifth Bcom Coop

83	Shibila Nargees.V.P	Fifth Bcom Coop
84	Thrishna.P	Fifth Bcom Coop
85	Adithya.K	Fifth Bcom Coop
86	Archana.T.M	Fifth Bcom Coop
87	Archana.V.P	Fifth Bcom Coop
88	Ardra.P	Fifth Bcom Coop
89	Ashitha.P.T	Fifth Bcom Coop
90	Bafna Hussain	Fifth Bcom Coop
91	Fathima Hiba.K	Fifth Bcom Coop
92	Fathima Shibla.M.K	Fifth Bcom Coop
93	Fathima Suhra	Fifth Bcom Coop
94	Fildha.M.T	Fifth Bcom Coop
95	Hridya K	Fifth Bcom Coop
96	Hyfa Sherin.K	Fifth Bcom Coop
97	Jinsha.M	Fifth Bcom Coop
98	Jithinsha.K.P	Fifth Bcom Coop
99	Mayadurga.C	Fifth Bcom Coop
100	Minu Dilfa.C.M	Fifth Bcom Coop
101	Shifa.N.P	Fifth Bcom Coop
102	Shilpa.A.K	Fifth Bcom Coop
103	Sneha. K	Fifth Bcom Coop
104	Sneha.K.T	Fifth Bcom Coop
105	Vijina.M	Fifth Bcom Coop
106	Wafa Mol.V.M	Fifth Bcom Coop
107	AfraH Hassan Mohamed Sajith	Fifth Bcom CA
108	Athika Safva P	Fifth Bcom CA
109	Aysha Nooha PT	Fifth Bcom CA
110	Fathima Diya KK	Fifth Bcom CA
111	Fathima Najiya PT	Fifth Bcom CA
112	Fathima Sana KK.	Fifth Bcom CA
113	Shamsiya	Fifth Bcom CA
114	Hafeefa CP	Fifth Bcom CA
115	Jamsheena Odakkal	Fifth Bcom CA
116	Jasreena Jibin K	Fifth Bcom CA
117	Kadeejathul Haneena TV	Fifth Bcom CA
118	Muhsina M	Fifth Bcom CA
119	Najiya Thesni M	Fifth Bcom CA
120	Namiya Henan E	Fifth Bcom CA
121	Nishana MT	Fifth Bcom CA
122	Rasmiya K	Fifth Bcom CA
123	Riya KP	Fifth Bcom CA

124	Rumaysa	Fifth Bcom CA
125	Safana Thasneem	Fifth Bcom CA
126	Sahla Sharin	Fifth Bcom CA
127	Shifna KP	Fifth Bcom CA
128	Shirin Shahnas P	Fifth Bcom CA
129	Thanha Shibi K	Fifth Bcom CA
130	Arunima S Kumar	Fifth Bcom CA
131	Ruby	Fifth Bcom CA
132	Naina Salam T	Fifth Bcom CA

PG Department of Commerce
Korambayil Ahamed Haji Memorial
Unity Women's College, Manjeri
(Govt. aided College and affiliated to University of Calicut.
Re-accredited by NAAC with B++ Grade (CGPA 2.77))
Narukara P.O., Manjeri, Malappuram. Kerala, India
(in association with IQAC)

<i>1.Name of the programme</i>	Promising Investment Avenues for Small Savings (A Community Outreach Programme)
<i>2.Aim, Objectives, and Scope of the programme</i>	The main aim of this programme is to create awareness about small investment methods among the people who are living nearby college and among students as well
<i>3.Name of the coordinator/organizing secretary</i>	Mrs. Haseena Jasmine C K, Assistant Professor of Commerce. Ms. Fathima Jumana, 5 th Semester B. Com (CA) and Ms. Bafna Hussain, 5 th Semester B. Com (Co-operation) were Student Co-ordinators
<i>4.Date of programme</i>	27 th July 2022
<i>5.Mode of the programme(offline/online)</i>	Offline
<i>6.Total number of attendees/participants</i>	100

<i>7.Organizing body</i>	<i>P G Department of Commerce</i>						
<i>8.Students' involvement in organizing the programme</i>	Students from 3rd Semester B.Com Co-operation, 3 rd Semester B.Com Computer Application, 5 th Semester B.Com Co-operation, 5 th Semester B.Com Computer Application, were participated in this programme actively.						
<i>Feedback</i>	 <table border="1" data-bbox="659 495 1385 1073"> <thead> <tr> <th>Category</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Highly Useful</td> <td>89</td> </tr> <tr> <td>Useful</td> <td>11</td> </tr> </tbody> </table>	Category	Percentage	Highly Useful	89	Useful	11
Category	Percentage						
Highly Useful	89						
Useful	11						
<i>Feedback Analysis</i>	A total of 89 percent commented that it was highly useful and the rest 11 percent opined that it was useful.						
<i>Outcome</i>	Provided the participants valuable financial education, helped them understand the importance of saving and the various investment options available to them.						

Programme Notice / Brochure

PROMISING INVESTMENT AVENUES FOR SMALL SAVINGS

ചെറുകിട സമ്പാദ്യങ്ങൾക്കുള്ള
മികച്ച നിക്ഷേപ മാർഗ്ഗങ്ങൾ

(A community Outreach Programme)

On
27th July 2022, 1.30 p.m.
Venue : College Auditorium



Organized by
PG DEPARTMENT OF COMMERCE
in association with IQAC
KAHM Unity Women's College, Manjeri

Resource Person



DILEEP KUMAR. K
Development Officer, PLI Manjeri

Inaugurator

**Dr. MUHAMMED BASHEER
UMMATHUR**
Principal, KAHM Unity Women's College, Manjeri

Programme Co-ordinator : **HASEENA JASMINE. C.K**
9846 380 152

Student Co-ordinators
: **JASREENA JIBIN**
9037 164 266
: **BAFNA HUSSAIN**
9446 730 572

9. Detailed report of the programme

PG Department of Commerce, KAHM Unity Women's College, Manjeri in association with IQAC organized a class on "promising Investment Avenues for Small Savings" as a part of Community Outreach Programme on 27th July 2022, 1.30 p.m. in the College Auditorium.

The main aim of this programme is to create awareness about small investment methods among the people who are living nearby college and among students as well

This function began with the welcome speech of Mrs. Haseena Jasmine C K, Programme Co-ordinator and Assistant Professor of Commerce. Mr. T. T. Abdul Razak, HOD and Associate Professor of Commerce has presided over the meeting. Dr. Muhammed Basheer Ummathur, Principal, KAHM Unity Women's College, Manjeri inaugurated the function. He spoke about the importance of economic empowerment of common people through small savings and investment. Adv. Abdurahiman Karat, President, Block Panchayath Malappuram & Lecturer in Law, KAHM Unity Women's College, Manjeri, Mrs. Shahina Mol, IQAC Co-ordinator, KAHM Unity Women's College, Manjeri, Ms. Fathima Jumana, 5th Semester B. Com (CA) and Student Co-ordinator etc. delivered the felicitation speech.

Dileep Kumar K, Development Officer, PLI, Manjeri handled the technical session. He explained the various areas of investment to small savers. 100 participants consisting of rural people and students attended the program.

Ms. Bafna Hussain, 5th Semester B. Com (Co-operation) and Student Co-ordinator rendered vote of thanks.

10 Programme Shedule

Promising Investment Avenues for Small Savings (A Community Outreach Programme)

on

27th July 2022, 1.30 p.m.
Venue: College Auditorium

PROGRAMME SCHEDULE

Welcome Address	: Mrs. Haseena Jasmine C K <i>Programme Co-ordinator</i>
Presidential Address	: Mr. T. T. Abdul Razak <i>HOD and Associate Professor of Commerce KAHM Unity Women's College, Manjeri</i>
Inaugural Address	: Dr. Muhammed Basheer Ummathur <i>Principal, KAHM Unity Women's College, Manjeri</i>
Resource Person	: Mr. Dileep Kumar K <i>Development Officer, PLI, Manjeri</i>
Felicitations	: Adv. Abdurrahman Karatt <i>President, Block Panchayath Malappuram & Lecturer in Law, KAHM Unity Women's College, Manjeri</i> : Mrs. Saleena A <i>Municipal Councillor, Ward 47, Narukara, Manjeri</i> : Mrs. Shahina Mol <i>IQAC Co-ordinator, KAHM Unity Women's College, Manjeri</i> : Ms. Fathima Jumana <i>Student Co-ordinator, 5th Semester B. Com (CA)</i>
Vote of Thanks	: Ms. Bafna Hussain <i>Student Co-ordinator, 5th Semester B. Com (Co-operation)</i>

Programme Recordings (Screenshots, Photos, Videos, etc.)

PROMISING INVESTMENT AVENUES FOR SMALL SAVINGS

(A Community Outreach Programme)

On **27th** July 2022, 1.30 p.m.

Resource person:

Dileep Kumar
Development Officer, P.L. Manjeri



Organized by

PG Department of Commerce in association with IQAG
KAHM Unity Women's College, Manjeri

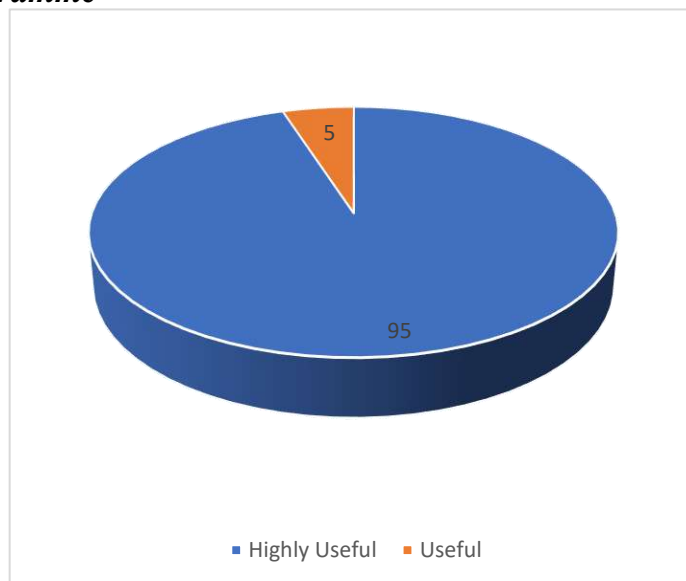


PG Department of Commerce
 Korambayil Ahamed Haji Memorial
Unity Women's College, Manjeri
(Govt. aided College and affiliated to University of Calicut.
Re-accredited by NAAC with B++ Grade (CGPA 2.77))
 Narukara P.O., Manjeri, Malappuram. Kerala, India

<i>1.Name of the programme</i>	Workshop on Soft Skill Development (<i>A Community Outreach Programme</i>)
<i>2.Aim, Objectives, and Scope of the programme</i>	This program focused on setting goals, managing priorities, managing people, and developing self-confidence among the higher secondary students nearby our college.
<i>3.Name of the coordinator/organizing secretary</i>	Mrs. Haseena Jasmine C K, Assistant Professor of Commerce. Ms. Shahana Jebin, 4 th Semester B.Com Computer Application and Ms. Shamla M K (4 th Semester B.Com Co-operation) were Student Co-ordinators
<i>4.Date of programme</i>	30 th January 2023
<i>5.Mode of the programme(offline/online)</i>	Offline
<i>6.Total number of attendees/participants</i>	80
<i>7.Organizing body</i>	<i>P G Department of Commerce</i>
<i>8.Students' involvement in organizing the programme</i>	Students from 1 st Semester B.Com Co-operation, 1 st Semester B.Com Computer Application, 4 th Semester B.Com Co-operation, 4 th Semester B.Com Computer Application, 6 th Semester B.Com Co-operation, 6 th Semester B.Com Computer Application, were participated in this programme actively.

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Feedback of the programme



Feedback Analysis

A total of 95 percent of the participants commented that it was highly useful and the rest 5 percent commented that it was useful.

Outcome

Developed better verbal and written communication skills, enabled participants to express ideas, provide feedback, and collaborate effectively.

10. Detailed report of the programme

PG Department of Commerce, KAHM Unity Women's College, Manjeri conducted a Workshop on Soft Skill Development as a part of Community Outreach Programme on 30th January 2023, 1.30 p.m. in the College Auditorium.

This program focused on setting goals, managing priorities, managing people, and developing self-confidence among the higher secondary students nearby our college.

This function began with the welcome speech of Mrs. Haseena Jasmine C K, Programme Coordinator and Assistant Professor of Commerce. Mr. T. T. Abdul Razak, HOD and Associate Professor of Commerce has presided over the meeting. Dr. Muhammed Basheer Ummathur, Principal, KAHM Unity Women's College, Manjeri inaugurated the function. He spoke about the essentials of communication and Personal development Skills.

First Technical Session on “Essentials of Communication” was handled by Mrs. M K Vineetha, Assistant Professor of English, KAHM Unity Women’s College, Manjeri and second Technical Session on “Personal Effectiveness Skills” was handled by Mr. Sidhique P, Assistant Professor of English, KAHM Unity Women’s College, Manjeri.

Many students from different higher secondary schools nearby college actively participated in this programme

Ms. Vajeeda, UUC, College Union and Ms. Shahana Jebin, 4th Semester B. Com (CA) and Student Co-ordinator delivered the felicitation speech. Ms. Shamla M K, Student Representative, 4th Semester B. Com (Co-operation) rendered the vote of thanks.

9. Programme Notice / Brochure



30TH ANNIVERSARY CELEBRATION
PG DEPARTMENT OF COMMERCE
KAHM UNITY WOMEN'S COLLEGE, MANJERI



(Govt. aided College and affiliated to University of Calicut.
Re-accredited by NAAC with B++ Grade (CGPA 2.77))
Narukara P.O., Manjeri, Malappuram. Kerala, India

A WORKSHOP ON SOFT SKILL DEVELOPMENT
(A Community Outreach Programme)

Inaugurator :

Dr. Muhammed Basheer Ummathur
Principal, KAHM Unity Women's College, Manjeri



**Technical Session 1:
Essentials of Communication**

RESOURCE PERSON:

M K Vineetha
Assistant Professor of English
KAHM Unity Women's College, Manjeri



**Technical Session II:
Personal Effectiveness
Skills**

RESOURCE PERSON:

Sidhique P
Assistant Professor of English
KAHM Unity Women's College, Manjeri

Targeted Audience: Higher Secondary School Students.

Programme Co-ordinator:
Haseena Jasmine C K
Assistant Professor of Commerce
KAHM Unity Women's College, Manjeri
9846380152

**On
Monday 30th January
2023, 1.30 pm.
Venue: College Auditorium**

Student Co-ordinators:
M P A Khadeeja Zeba Kurikkal
Third Semester B. Com Co-operation
8157066644
Shahana Jabin
Third Semester B. Com Computer Application
88480 78374

11. Programme Shedule

A Workshop on Soft Skill Development
(A Community Outreach Programme)

on

30th January 2023, 1.30 pm
Venue: College Auditorium

PROGRAMME SCHEDULE

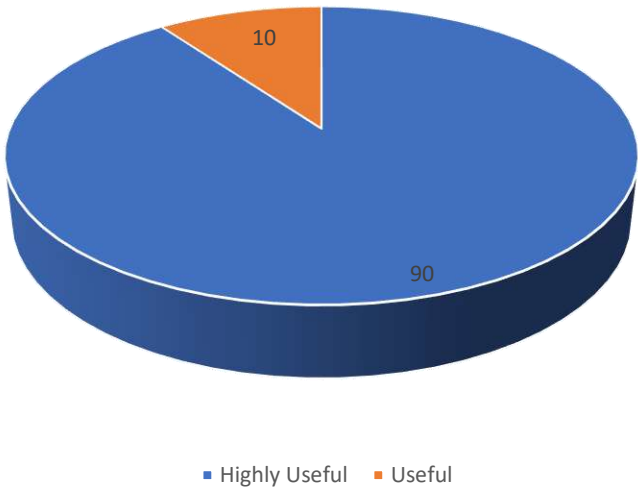
Registration	: 1.15 pm to 1.30 pm
Inaugural Session	: 1.30 pm to 1.45 pm
Welcome Address	: Mrs. Haseena Jasmine C K <i>Programme Co-ordinator</i>
Presidential Address	: Mr. T. T. Abdul Razak <i>HOD and Associate Professor of Commerce</i> <i>KAHM Unity Women's College, Manjeri</i>
Inaugural Address	: Dr. Muhammed Basheer Ummathur <i>Principal, KAHM Unity Women's College, Manjeri</i>
Felicitations	: Ms. Vajeeda <i>UUC, College Union</i>
	: Ms. Shahana Jebin <i>Student Co-ordinator, 4th Semester B. Com (CA)</i>
Vote of Thanks	: Ms. Shamla M K <i>Student Representative, 4th Semester B. Com (Co-operation)</i>
Technical Session I	: 1.45 pm to 2.45 pm
Resource Person	: Mrs. M K Vineetha <i>Assistant Professor of English</i> <i>KAHM Unity Women's College, Manjeri</i>
Topic	: Essentials of Communication
Technical Session II	: 2.45 pm to 3.45 pm
Resource Person	: Mr. Sidhique P <i>Assistant Professor of English</i> <i>KAHM Unity Women's College, Manjeri</i>
Topic	: Personal Effectiveness Skills

12. Programme Recordings (Screenshots, Photos, Videos, etc.)



PG Department of Commerce
 Korambayil Ahamed Haji Memorial
Unity Women's College, Manjeri
*(Govt. aided College and affiliated to University of Calicut.
 Re-accredited by NAAC with B++ Grade (CGPA 2.77))*
 Narukara P.O., Manjeri, Malappuram. Kerala, India

1. Name of the programme	Practical Session on Stock Trading (A Community Outreach Programme)
2. Aim, Objectives, and Scope of the programme	The objective of this programme was to develop awareness about the stock market among the Higher

	Secondary School students nearby college and our students as well.
3.Name of the coordinator/organizing secretary	Mrs. Haseena Jasmine C K, Assistant Professor of Commerce. Ms. Risla, 5 th Semester B.Com Computer Application and Ms. Himna Al Faz (3 rd Semester B.Com Co-operation) were Student Co-ordinators
4.Date of programme	31 st October 2022
5.Mode of the programme(offline/online)	Offline
6.Total number of attendees/participants	80
7.Organizing body	P G Department of Commerce
8.Students' involvement in organizing the programme	Students from 3 rd Semester B.Com Co-operation, 3 rd Semester B.Com Computer Application, 5 th Semester B.Com Co-operation, 5 th Semester B.Com Computer Application, were participated in this programme actively.
Feedback	 <p>A 3D pie chart showing feedback analysis. The chart is divided into two segments: a large blue segment representing 'Highly Useful' at 90% and a smaller orange segment representing 'Useful' at 10%. A legend below the chart identifies the colors: blue for 'Highly Useful' and orange for 'Useful'.</p>
Feedback analysis	A total of 90 percent commented that it was highly useful and the rest 10 percent commented that it was useful.

Outcome

Participants gained fundamental understanding of how stock markets operate, including key concepts like stock exchanges, stock prices, and trading hours.

9. Programme Notice / Brochure

30TH ANNIVERSARY CELEBRATION
PG DEPARTMENT OF COMMERCE
KAHM UNITY WOMEN'S COLLEGE MANJERI
Affiliated to University of Calicut, Re-accredited by NAAC with B++ Grade (CGPA 2.77)
Narukara P.O, Manjeri, Malappuram, Kerala.

**PRACTICAL SESSION ON
STOCK TRADING**
(A Community Outreach Programme)
On 31st October 2022, at 1.30 pm - College Auditorium

Inaugurator:
Dr. Muhammed Basheer Ummathur
Principal, KAHM Unity Women's College Manjeri

Resource Person:
Dr. Sanesh C
Trainer of SEBI & PFRDA
Head and Assistant Professor of Commerce
Sri Vyasa NSS College, Thrissur

Programme Co-ordinator:
• Haseena Jasmine C K
Assistant Professor
PG Dept. of Commerce

Student Co-ordinators:
• Himna Al Faz
(3rd Sem B. Com Co-operation)
• Riya (5th Sem B. Com CA)

10. Detailed report of the programme

PG Department of Commerce conducted a live programme on "Practical Session on Stock Trading" as a part of Community Outreach Programme on 31st October 2022, 1.30 p.m. in the College Auditorium.

The objective of this programme was to develop awareness about the stock market among the Higher Secondary School students nearby college and our students as well.

Dr. C Sanesh, Trainer of SEBI, Head and Assistant Professor of Commerce, Sri Vyasa NSS College, Thrissur lively presented how to buy and sell of shares of top companies in India. Around 80 students from different higher secondary schools nearby college actively participated in this programme

Dr. Mohammad Basheer Ummathur, Principal inaugurated the programme. TT Abdul Razak, Head of Commerce Department delivered the presidential speech.

Haseena Jasmine C K, Program Coordinator welcomed the programme. Rislal, 5th Semester B.Com Computer Application, delivered the felicitation speech and Himna Al Faz (3rd Semester B.Com Co-operation), Student Co-ordinator rendered the vote of thanks.

11. Programme Shedule

Practical Session on Stock Trading (A Community Outreach Programme)

on

31st October 2022, 1.30 p.m.

Venue: College Auditorium

PROGRAMME SCHEDULE

Welcome Address	: Mrs. Haseena Jasmine C K <i>Programme Co-ordinator</i>
Presidential Address	: Mr. T. T. Abdul Razak <i>HOD and Associate Professor of Commerce KAHM Unity Women's College, Manjeri</i>
Inaugural Address	: Dr. Muhammed Basheer Ummathur <i>Principal, KAHM Unity Women's College, Manjeri</i>
Resource Person	: Dr. Sanesh C <i>Trainer of SEBI&PFRDA Head and Assistant Professor of Commerce Sri Vyasa NSS College, Thrissur</i>
Felicitations	: Ms. Rislal Ummer <i>Student Representative, 5th Semester B. Com (CA)</i>
Vote of Thanks	: Ms. Himna Al Faz <i>Student Co-ordinator, 3rd Semester B. Com (Co-operation)</i>

12. Programme Recordings (Screenshots, Photos, Videos, etc.)

30TH ANNIVERSARY CELEBRATION
PG DEPARTMENT OF COMMERCE
KAHM UNITY WOMEN'S COLLEGE MANJERI
Affiliated to University of Calicut, Reaccredited by NAAC with B++ Grade (CGPA 2.77)
Narukara P.O, Manjeri, Malappuram, Kerala.

**PRACTICAL SESSION ON
STOCK TRADING**
(A Community Outreach Programme)
On 31st October 2022, at 1.30 pm - College Auditorium

Inaugurator:
Dr. Muhammed Basheer Ummathur
Principal, KAHM Unity Women's College Manjeri

Resource Person:
Dr. Sanesh C
Trainer of SEBI & PFRDA
Head and Assistant Professor of Commerce
Sri Vyasa NSS College, Thrissur

Programme Co-ordinator:
• Haseena Jasmine C K
Assistant Professor
PG Dept. of Commerce

Student Co-ordinators:
• Himna Al Faz
(3rd Sem B. Com Co-operation)
• Riya (5th Sem B. Com CA)



DEPARTMENT OF HISTORY: Why Study History?

DEPARTMENT OF HISTORY K.A.H.M UNITY WOMEN'S COLLEGE MANJERI ACADEMIC YEAR 2022-23

3-10. COMMUNITY OUTREACH ACTIVITIES BY THE DEPARTMENT WITH NUMBER AND LISTS OF STUDENTS AND LIST OF STUDENTS AND FACULTY PARTICIPATED

Extension Activity

AIM

1. To introduce the significance of History

OBJECTIVES

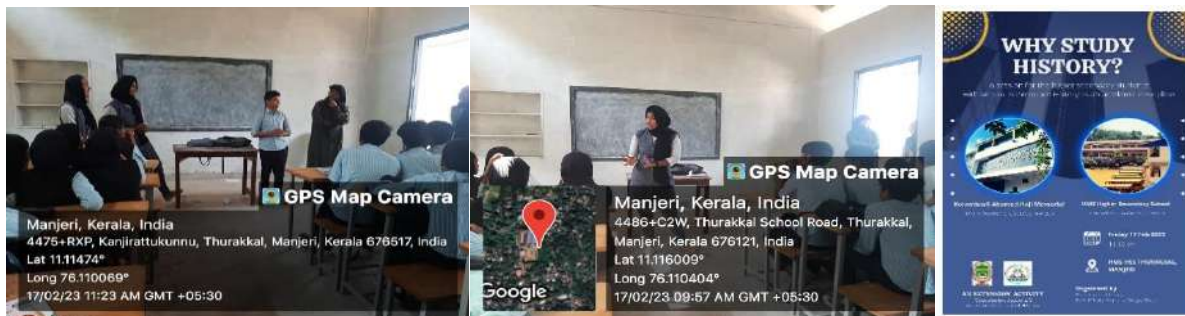
1. Encourage the students to study history as an academic discipline
2. To encourage students to study History in higher studies
3. Give awareness regarding the importance of History in contemporary society

Detailed report of the Programme

On 17-02-2023, five students from the department of history visited HMS Higher Secondary School Thurakkal with an aim to introduce the significance of History as an academic discipline. Third year students and program coordinator Jaseena C interacted with the Plus One Humanities students of the school about the career opportunity in history.

OUTCOME

1. Pupil got more awareness regarding the importance of History
2. They had got more ideas regarding their career build up.



DEPARTMENT OF COMPUTER SCIENCE: Audio Books Release

Korambayil Ahamed Haji Memorial UNITY WOMEN'S COLLEGE MANJERI

Programme Report

Programme Name	Audio Books Release
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Programme Type	Workshop	
Level of the Programme	College Level	
Name & Designation of the Coordinator	Haris U, Assistant Professor	
Date of the Program	From: 03/11/2022	To: 03/11/2022
Duration in days	0.5 Day	
Venue / Platform	AC Seminar Hall	
Total Number of Attendees	125	
Organizing Body	Department of Computer Science	
Organizing Committee	Prof. (Dr.) U. Muhammed Basheer Ummathur, Principal (Convener) Mr. Haris U, Department of Computer Science (Coordinator) Mr. Rahib B, Department of Computer Science (HOD, Dept of CS) Student Coordinators: Nafla P.T. and Hasifa Sherin C.P.	
Date: 03/11/2022	Signature of the Programme Coordinator	

1. Programme Notice / Brochure



PG Department of Computer Science
KAHM Unity Women's College, Manjeri



In Association with Shihab Thangal Library&Information Centre and
Kerala Federation of Blind Youth Forum



AUDIO BOOKS RELEASE

(Community Outreach Programme)



DATE

03 November 2022



TIME

11:30am



Venue

AC Hall

Inauguration

Dr. Muhammed Basheer
Ummathur
(Principal, KAHM Unity
Women's College, Manjeri)

Chief Guest

Mr. Sudheer
(Gen. Secretary and
Kerala Federation of
Blind Youth Forum)

Handing Over

Mr. Basheer Hussain Thangal
(Librarian, Shihab Thangal
Library&Information Centre,
KAHM Unity Women's College,
Manjeri)

Faculty Coordinator

Haris U
Assistant Professor
PG Dept.of Computer Science

Student Coordinators

Hasifa Sherin. CP
Nafla. PT
(1st Sem B.Sc CS)

2. Aim / Objectives of the Programme

The aim of this programme is to create awareness on understanding, acceptance, and respect for the blind people around us. This programme also helps the sighted students to become familiar with the tools and techniques used by the blind people and help them in all possible ways by introducing and implementing new ideas and technologies.

3. Scope of the Programme

The scope of this programme is to create audio books for the blind people. The following parties are collaborated in this programme.

- PG Department of Computer Science, KAHM Unity Women's College, Manjeri
- Shihab Thangal Library and Information Centre, KAHM Unity Women's College, Manjeri
- Kerala Federation of Blinds Youth Forum (KFBYF)

4. Programme Outcome and Results

The main outcome of this programme is that the B.Sc. Computer Science First Year students have created 30 Audio Books for the visually impaired. This books then handed over to Kerala Federation of Blinds Youth Forum.

Other outcomes:

- Demonstration of Braille - is a tactile writing system used by people who are visually impaired.

5. Detailed Programme Schedule

Audio Books Release

On 3rd November 2022, 11:30AM at AC Seminar Hall

Programme Schedule

Prayer

- | | |
|--------------------------|---|
| Welcome Speech | Haris U.
Assistant Professor of PG Dept. of Computer Science |
| Presidential Address | Rahib B.
HOD of PG Dept. of Computer Science |
| Inauguration | Dr. Muhammed Basheer Ummathur
Principal, KAHM Unity Women's College, Manjeri |
| Chief Guest | Mr. Sudheer
Gen. Secretary and Kerala Federation of Blind Youth Forum |
| Audio Books Handing Over | Mr. Basheer Hussain Thangal
Librarian, Shihab Thangal Library & Information Centre |
| Felicitations | <ol style="list-style-type: none">1. Dr. A.K. Shahina Mol, IQAC Coordinator2. Mr. Shihabul Haq. M, Assistant Professor3. Mrs. Jashira, Assistant Professor4. Mrs. Sangeetha, Assistant Professor (Ad-hoc)5. Mrs Shabana, Assistant Professor (Ad-hoc)6. Jihana, Association Secretary, 3rd Sem B.Sc. CS7. Ayisha Shifin, Class Representative, 5th Sem B.Sc. CS8. Shahana Sherin, 1st Sem M.Sc. CS |
| Vote of Thanks | Rinsha Sherin
1st Sem B.Sc. CS |

6. Abstracts of the Keynote Speeches

Reading is a fundamental and basic necessity of every person. Nobody can deny the importance of reading in everyday of life. Basically, there are two types of reading; Extensive reading (Reading for pleasure on any topic of interest) and Intensive Reading (Careful and in depth reading).

Blind persons can read and write by using the Braille script. Braille is a system of raised dots that people can feel with their fingers and that represent letters and words for people who are blind or have severe low vision. Blind people have a tough time finding good reading materials in accessible formats. Millions of people in India are blind but we do not have even the proper books in braille format. Learning and creating books in Braille is more difficult. Audio and voice activation are so commonplace these days that it is more integrative and inclusive for most.

To help this visually challenged people, the first semester B.Sc. Computer Science students created audio books and given to College Audio Library for the Blinds and also to Kerala Federation of Blinds Youth Forum (KFBYF) to circulate among the blind community. Indian Copy right Act 1957 does not contain any rules regarding converting any print, audio, to an accessible format for the visually

7. Programme Summary

The first semester B.Sc. Computer Science students taken 30 books for Audio Books creation from Shihab Thangal Library and Information Centre, KAHM Unity Women's College, Manjeri on 19/10/2022. Dr. Muhammed Basheer Ummathur (Principal, KAHM Unity Women's College, Manjeri) has officially given the selected books to First Semester B.Sc. Computer Science Students in the presents of Mr. Basheer Hussain Thangal (Librarian, Shihab Thangal Library and Information Centre, KAHM Unity Women's College, Manjeri) and Mr. Haris U. (Tutor and Programme Coordinator)

All the recorded Audio Books were released in a function named "Audio Books Release" on 03/11/2022. Programme coordinator Haris U. (Assistant Professor, Department of Computer Science) delivered the welcome speech and Mr. Rahib (HoD, Department of Computer Science) presided over the programme. Dr. Muhammed Basheer Ummathur (Principal, KAHM Unity Women's College, Manjeri) has officially inaugurated the programme and Mr. Basheer Hussain Thangal (Librarian, Shihab Thangal Library and Information Centre, KAHM Unity Women's College, Manjeri) handed over the Audio Books to Kerala Federation of the Blind Youth Forum General Secretary Mr. Sudheer. The chief guest Mr. Basheer Hussain Thangal also delivered the key note address. IQAC Coordinator Dr. A.K. Shahina Mol, all the faculty members of department of Computer Science, library staff Adam Thanari, Ms. Jihana A (Computer Science Association Secretary), and Ayisha Shifin (Students Representative) delivered the felicitations. Rinsha Sherin from First Semester B.Sc. Computer Science has expressed the vote of thanks.

The demonstration of the Audio Books, Braille Writing, use of White Cane and use of Smart Phones by blinds were performed after the inaugural session. The audio book demonstration was handled by Hanna TP (B.Sc. Computer Science First Semester Student) and the demonstration of Braille, White Cane and Smart Phones were performed by Chief guest Mr. Sudheer (General Secretary, Kerala Federation of the Blind Youth Forum) handled all the sessions.

8. Students Involvement in the Programme

The involvements of students were a vital part in this programme. Their coordination activities include the following:

- Collecting Books from Shihab Thangal Library and Information Centre, KAHM Unity Women's College, Manjeri.
- Creating Audio Books (Recording and Noise Removal)
- Poster Creation
- Programme Charting
- Invited delegates, staffs and students in to function
- Refreshments to the Chief Guest
- Venue Arrangements
- Participants Registration and Attendance
- Photo and videography

9. Short Report (News Letter, News Paper etc.)

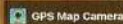
The department of Computer Science has organized an Audio Book Release function on 03/11/2022 to for release the Audio Books created by first semester B.Sc. Computer Science students. The Audio Books are handed over to Kerala Federation of the Blind Youth Forum State President Mr. Sudheer to circulate among the blind community. The demonstration of Creation of Audio Books, Braille Writing, Use of White Cane and Use of Smart Phones by blinds were also done. The programme is coordinated by Mr. Haris U (Assistant Professor), presided by Mr. Rahib B (HoD) and inaugurated by Dr. Muhammed Basheer Ummathur (Principal). Mr. Basheer Hussain Thangal (Librarian) handed over the Audio Books to Mr. Sudheer (Kerala Federation of the Blind Youth Forum). Nafla P.T. and Hasifa Sherin C.P. are the Student Coordinators of this programme.

10. Programme Recordings (Screenshots, Photos, Videos, etc.)





Manjeri, KL, India
Ernad, Manjeri, 676121, KL, India
Lat 11.130255, Long 76.083205
11/03/2022 11:58 AM GMT+05:30



Manjeri, KL, India
Ernad, Manjeri, 676121, KL, India
Lat 11.130241, Long 76.083249
11/03/2022 12:26 PM GMT+05:30



Manjeri, KL, India
Ernad, Manjeri, 676121, KL, India
Lat 11.130255, Long 76.083205
11/03/2022 12:00 PM GMT+05:30





 GPS Map Camera
Manjeri, KL, India
Ernad, Manjeri, 676121, KL, India
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11. Short Report (News Letter, Nes paper etc.)

കാഴ്ച പരിമിതർക്കു ശബ്ദപുസ്തകങ്ങളുമായി വിദ്യാർത്ഥികൾ

മഞ്ചേരി: കാഴ്ചപരിമിതർക്ക് മലയാള ശബ്ദ പുസ്തകങ്ങൾ നിർമ്മിച്ച് വിദ്യാർത്ഥികൾ ശ്രമം നേടുന്നു. മഞ്ചേരി യൂണിറ്റി വനിതാ കോളജിലെ കമ്പ്യൂട്ടർ സയൻസ് വിഭാഗം വിദ്യാർത്ഥികളാണ് ശബ്ദ പുസ്തകങ്ങൾ നിർമ്മിച്ചത്. പുസ്തകങ്ങളുടെ പ്രകാശനം കോളജിൽ നടന്ന ചടങ്ങിൽ പ്രിൻസിപ്പൽ ഡോ. മുഹമ്മദ് ബഷീർ ഉമ്മത്തൂർ കേരള ഫെഡറേഷൻ ഓഫ് ദി ബ്ലൈൻഡ് അഡ്വാക്ടേഷൻ സമാഹരണ പ്രസിഡന്റ് എം. സുധീനിനു കൈമാറി നിർവഹിച്ചു.

പുസ്തകങ്ങൾ ഫെഡറേഷൻ ട്രെയിനിംഗ്, വാക്സ്ആപ്പ് തുടങ്ങിയ മാധ്യമങ്ങളിലൂടെ കാഴ്ച ഇല്ലാത്തവർക്ക് എത്തിക്കും. കാഴ്ചപരിമിതർക്കു ആധുനിക കമ്പ്യൂട്ടർ ഉപയോഗിച്ചുള്ള വി



മഞ്ചേരി യൂണിറ്റി വനിതാ കോളജ് വിദ്യാർത്ഥികൾ തയ്യാറാക്കിയ ശബ്ദ പുസ്തകങ്ങൾ പ്രിൻസിപ്പൽ ഡോ. മുഹമ്മദ് ബഷീർ ഉമ്മത്തൂർ പ്രകാശനം ചെയ്യുന്നു.

വിധ ആപ്ലിക്കേഷനുകൾ നിർമ്മിക്കുന്നതിനു കോളജിലെ കമ്പ്യൂട്ടർ സയൻസ് വിഭാഗം മുൻകൈയെടുക്കുമെന്നു പ്രിൻസിപ്പൽ അറിയിച്ചു.

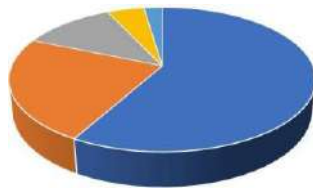
കോളജ് ലൈബ്രറിയൻ ബ

ഷീർ ഹുസൈൻ തങ്ങൾ, കമ്പ്യൂട്ടർ സയൻസ് വിഭാഗം അഡ്വാക്ടേഷൻ ഹാരിസ് ഉമ്മത്ത്, റാഹിബ്, വിദ്യാർത്ഥികളായ നിൻഷ, നസ്സ, ആസിഫ എന്നിവർ പ്രസംഗിച്ചു.

ബഷീർ കല്ലായി

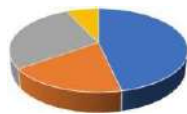
13. Participants Feedback Analysis Report

The visit was technology oriented?



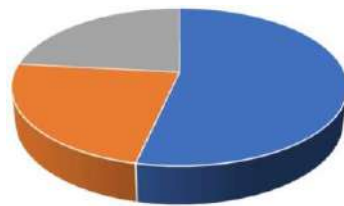
- Strongly Agree
- Agree
- Neither Agree nor Disagree
- disagree
- strongly disagree

The program was applicable to my future needs



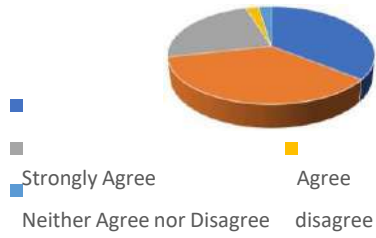
- Strongly Agree
- Agree
- Neither Agree nor Disagree
- disagree
- strongly disagree

Enhancement in skills



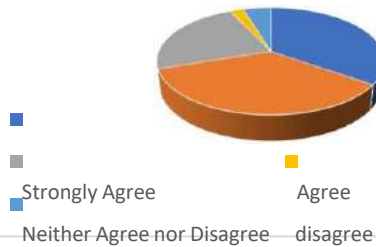
- Strongly Agree
- Agree
- Neither Agree nor Disagree
- disagree
- strongly disagree

The program was well placed within the allotted time



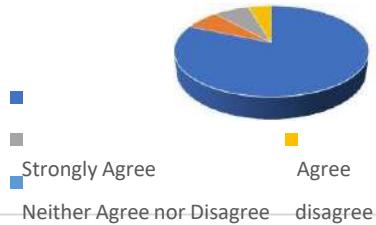
strongly disagree

The Resource/Industry person was a good communicator



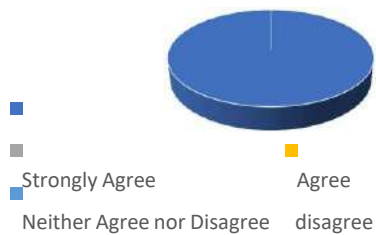
strongly disagree

The material was presented in an organized manner



strongly disagree

I would be interested in attending such visits in future



strongly disagree

DEPARTMENT OF BOTANY:

1. Distribution of Micro greens – A community outreach programme
2. Enriching kitchen gardens
3. Creating a mini medicinal garden for a growing community
4. Mushroom cultivation

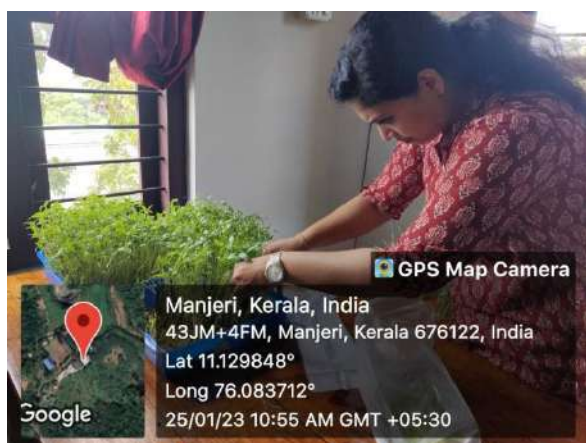
PG DEPARTMENT OF BOTANY

KAHM UNITY WOMEN'S COLLEGE

BOT/UWC/DQAC/3.10 community outreach activities by the department with number and list of students and faculty participated

1. Distribution of Micro greens – A community outreach programme

As the part of community outreach programme, PG department of botany, KAHM Unity Women's college distributed micro greens to the nearby Anganvadi on 25th January 2023. Micro greens were prepared in the department using green gram seeds. Micro greens contain extremely high levels of powerful vitamins, minerals and health-supporting components. The aim of the programme was to supply a nutritionally rich diet for children and thus to provide a basic knowledge about the importance of micro greens to the Anganvadi workers. The micro greens were handed over to the Mrs. Shylaja, Anganvadi worker, Narukara Anganvadi. They prepared a delicious dish using the micro greens on the same day itself.





Microgreen Preparation & Distribution

Name	Designation/ Class	Signature
1. Farjiza.T	I Msc Botany	<i>[Signature]</i>
2. Sujna.c	"	<i>[Signature]</i>
3. Aneesa Mebraaz	I Msc Botany	<i>[Signature]</i>
4. Rabana.U	I Msc Botany	<i>[Signature]</i>
5. Ishma Abdul Hameed	I Msc Botany	<i>[Signature]</i>
6. Farhana Sheerin c.k	I Msc Botany	<i>[Signature]</i>
7. Devika.T	1st MSc Botany	<i>[Signature]</i>
8. Fayisa Nassrin ct	1st Msc Botany	<i>[Signature]</i>
9. Shikha Banu kulthirgal	I msc botany	<i>[Signature]</i>
10. Shirin.P	Assistant Professor Adhoc	<i>[Signature]</i>
11. Geethika	Assistant Professor Adhoc.	<i>[Signature]</i>

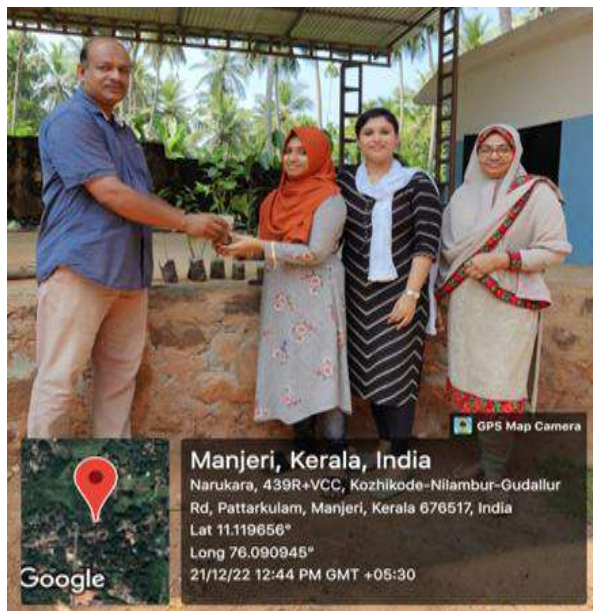
2. Enriching kitchen gardens

Seedling distribution is a critical activity of green initiative challenge. As a community outreach programme, PG Department of Botany, KAHM Unity Women's College conducted red lady Papaya saplings distribution for enriching the kitchen garden in the near by houses. For the programme Department germinated 20 seedlings of papaya from ripened fruit of our botanical garden. One month old seedlings distributed to non-teaching staffs of our college on 3rd February 2023. They promised to maintain the plants in their respective home kitchen garden . The programme was conducted under the leadership of Dr Geethika and Mrs Shirin, Guest Faculties PG Department of Botany.



3. Creating a mini medicinal garden for a growing community

Seedling distribution is a critical activity of the green initiative challenge. As a community outreach programme, PG Department of Botany, KAHM Unity Women's College conducted a medicinal saplings distribution for setting up a mini medicinal garden in the nearby schools. For the programme Department collected 20 saplings from Kottakkal Arya Vaidya Sala Herbs garden on 21 st December 2022. The purchased plants were Thippalli(Piper longum), Ganapathi Naarakam(Citrus medica), Chethi Koduveli(Plumbago indica), Neermathalam(Crataeva magna), Ithi(Ficus microcarpa), Chakkarakkolli (Gymnema sylvestre), Karinochi(Vitex negundo), Anali vegam (Alstonia venenata), Pathimukham(Caesalpenia sappan), and Karuvapatta(Cinnamomum zeylanicum). On the same day of collection we handed overed it to the head teacher of GLPS Narukara, Mrs Sabitha and Head Master of AUPS Pattarkulam, Mr Muhammed Kutty in presence of faculty members of each institution. They promised to maintain the plants in the herbal garden of the school. The programme was conducted under the leadership of Dr Geethika and Mrs Shirin, Guest Faculties PG Department of Botany.



4. Mushroom cultivation

On Feb 2 nd 2023, Thursday P.G. Department of Botany conducted a workshop on mushroom cultivation for Kudumbasree members of Pulpatta Panchayath. The programme was inaugurated by Dr. Muhammad Basheer Ummathur, College Principal. The training session was led by Dr. Usman.A , Head of the department of Botany and other teachers of the department. Around 15 kudumbasree workers benefited the programme.



Workshop on Mushroom Cultivation
02-02-2023 Training 27
@ Department of Botany
in Association with Agro-Horticulture Club
K. J. Somaiya Institute of Technology
for Horticulture, Council of Technical Education

S.No.	Name of the Participant	Place	Roll No.	Sign
1	Sakshita	Palghar	202220021	[Signature]
2	Sakshita	Mumbai	202221153	[Signature]
3	Sakshita	Palghar	202221153	[Signature]
4	Sakshita	Palghar	202221153	[Signature]
5	Sakshita	Palghar	202221153	[Signature]
6	Sakshita	Palghar	202221153	[Signature]
7	Sakshita	Palghar	202221153	[Signature]
8	Sakshita	Palghar	202221153	[Signature]
9	Sakshita	Palghar	202221153	[Signature]
10	Sakshita	Palghar	202221153	[Signature]
11	Sakshita	Palghar	202221153	[Signature]

- 02/02/2023
3. Mushroom cultivation - workshop
1. Sakshita
 2. Fajila
 3. Mahim
 4. Sakshita
 5. Sakshita
 6. Mahim
 7. Sakshita
 8. Mahim
 9. Sakshita
 10. Sakshita
 11. Sakshita
 12. Sakshita
 13. Anena Mehna
 14. Sakshita
 15. Sakshita
 16. Sakshita
 17. Sakshita
 18. Sakshita
 19. Sakshita
 20. Sakshita
 21. Sakshita

Faculty in Charge (Criteria III)

Hibamol P.K

Assistant Professor (Adhoc)

DQAC Convenor

Dr. Faseela P.

Assistant Professor

Head of the Dept

Dr.Usman A.

Assistant Professor

DEPARTMENT OF CHEMISTRY:

1. PARISTHITHIYUM JALASTHITHIYUM
2. PREPARATION AND EFFECTIVE MARKETING OF HAND WASH

UWC-DQAC-III-10- Community outreach



Programme schedule

Date &Time	: 06.11.2022- 2.30 pm
Venue	: GLPS Narukara
Welcome speech	: Dr. Jyothi P (Head of the Department)
Presidential Address	: Dr. Muhammed Basheer Ummathur (Principal, KAHM Unity Women's College, Manjeri)
Inauguration	: Saleena Teacher (Ward Counsellor)
Felicitation	: Hassan Kolakkadan (Former Ward Counsellor & PTA Executive)
Key note speak	: Dr. Sajeesh A.K (Quality Manager, Quality control District Laboratories, Wayanad)

Vote of Thanks : Dr.Jasna V.C (Convenor)

SL Community outreach -Paristhithiyum jalasthithiyum
No

- | | | |
|----|---|---|
| 1 | Name of the Programe | Paristhithiyum jalasthithiyum |
| 2. | Name of Coordinator | Dr. Jasna V C |
| 3 | Aim And Objective, Scope of the programme | Aim objectives and scope of the community outreach programme "paristhithiyum jalasthithiyum" for local people |

The aim of the community outreach program "Paristhithiyum Jalasthithiyum" is to raise awareness among local people about the importance of environmental conservation, particularly in relation to water resources. The program aims to promote sustainable and responsible use of water resources and to encourage local communities to take action to protect and preserve the environment.

The objectives of the program may include:

Educating local people about the importance of water conservation and the impact of human activities on the environment.

Encouraging local communities to adopt sustainable water management practices.

Promoting the use of alternative and eco-friendly technologies for water management and waste disposal.

Encouraging local communities to take responsibility for maintaining the cleanliness of water bodies in their vicinity.

Facilitating community-led initiatives for the protection and conservation of water resources.

Encouraging local communities to participate in policy-making related to environmental conservation.

The scope of the program may include:

Organizing awareness campaigns and workshops to educate local people about the importance of water conservation and environmental preservation.

Conducting training programs for local communities on sustainable water management practices and eco-friendly technologies.

Collaborating with local schools and educational institutions to incorporate environmental education into their curricula.

Facilitating community-led initiatives for cleaning and maintaining water bodies in the local area.

Collaborating with local NGOs, government agencies, and other stakeholders to advocate for policies and regulations that promote environmental conservation.

Conducting research and collecting data on local water resources and environmental conditions to inform the program's initiatives and advocacy efforts.

4	Date of Programme	06.12.2022
5	Mode of Programme	Offline
6	Total no of attendees	20
7	Organizing Body	Department of Chemistry
8	Organizing members	Dr. Jyothi P Dr. Deepa K Suhada K M Dr. Jamsheena V Dr. Jasna V C Shamsheera KO Dr. Thasnim P
9	Student's involvement	Dina taj – Students coordinator

The PG department of Chemistry of KAHM Unity Women's College, Manjeri had conducted a Webinar on "Paristhithiyum Jalasthithiyum" as the third session of the Community Outreach Programme of this academic year on Sunday, 6th November 2022 at 2.30 pm. The participants include all the chemistry students, common people near the school and family

members, staff members of our college and the local people of nearby villages. The Resource person of the session was Dr. Sajeesh A.K, Quality Manager, Quality Control District Laboratories, KWA, Waynad.

Dr. Deepa K (Assistant Professor, PG department of Chemistry) welcomed the participants. Principal Dr. Muhammad Basheer Ummathur presided over the function Hassan Kolakkadan Former Ward Counsellor & PTA Executive felicitated the function.

The presentation was based on the importance of water quality parameters, importance of saving water, purification methods, safety measures and awareness about the refilling of wells etc. Dr. Sajeesh AK, presented the webinar excellently and it was very much useful to the participants who attended the session since it was a need of the hour. The resource person shared the anxiety regarding the reluctance of the people in the taking junk food which is the main reason for the major stomach and health problems due to the water pollution in these days. The participants realized the need of protecting water, and conserving its purity.

An excellent interaction between resource persons, parents, students and teachers was held after the presentation session. They expressed their anxieties about the current situation in water pollution and disease caused by drinking these poisonous water. The participants remarked that the session was an eye opening one and the topic is needed this time. The entire programme was anchored by Ms. Dina Thaj (5th Semester BSc Chemistry). The webinar concluded at 4.30 PM by the vote of thanks of Dr. Jasna V.C (Assistant Professor, PG Department of Chemistry and Programme Coordinator).



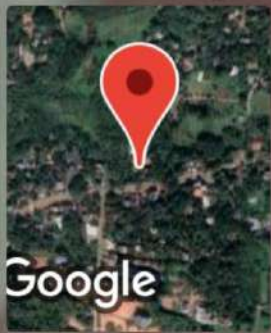
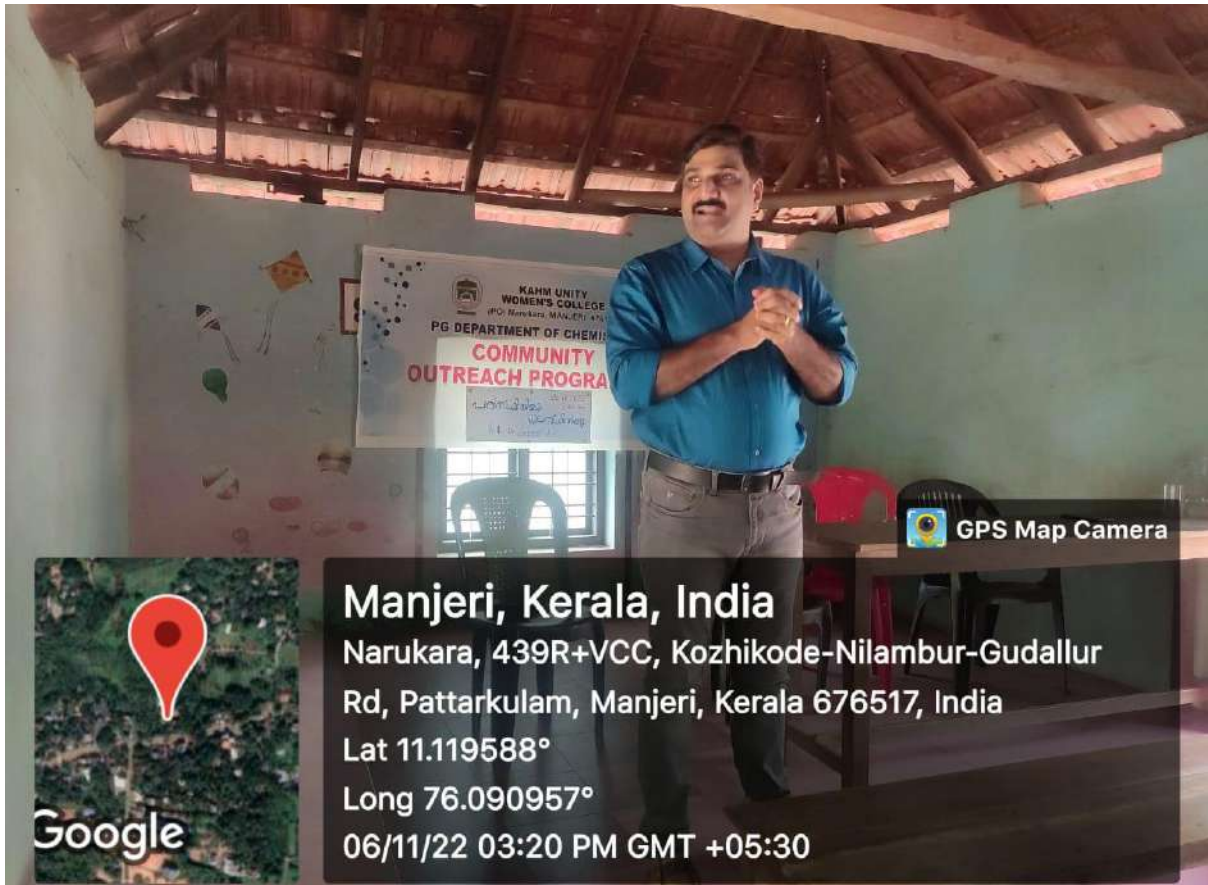












Manjeri, Kerala, India

Narukara, 439R+VCC, Kozhikode-Nilambur-Gudallur Rd, Pattarkulam, Manjeri, Kerala 676517, India

Lat 11.119588°

Long 76.090957°

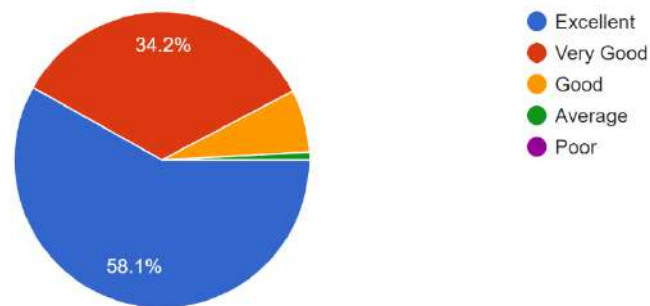
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Feedback of the Programme

SL No	Name	Feedback from Participants
1	Fathima	Excellent
2	Sumayya	Average
3	Sajna	Good
4	Sameera	Excellent
5	Fathima Suhra	Very good
6	Shabna	Excellent
7	Faseela	Good
8	Nafeesa	Excellent
9	Khadeeja	Excellent
10	Saina	Very good
11	Deepa	Very good
12	Rasiya	Very good
13	Geetha	Excellent
14	Divya	Excellent
15	Ramla	Very good
16	Safna	Excellent
17	Kavya	Excellent
18	Gayathri	Good
19	Vineetha	Excellent
20	Habeeba	Excellent

Feedback Analysis



Outcome evaluation and Result of the Programme

To evaluate the outcomes and results of this program, it would be necessary to review the specific goals and objectives of the program, the activities and interventions that were implemented, and the impact of these interventions on the target population and the environment. This evaluation could include measuring changes in knowledge and behavior related to environmental and water conservation among the target population, improvements in the quality and availability of water resources, and the sustainability of the program over time.

Overall, community outreach programs focused on environmental and water conservation can have significant positive impacts on the health and well-being of communities, as well as the sustainability of natural resources. However, the success of such programs often depends on effective community engagement, partnerships with relevant stakeholders, and ongoing monitoring and evaluation of program outcomes.

2. **KAHM Unity Women's College, Manjeri**

Programme Report

1. Name of the programme	<i>Community Outreach Programme Hand Was Making Training Programme</i>
2. Aim, Objectives, and Scope of the programme	The programme aims to train the nearby colony people especially women how to make hand wash and its small scale marketing.
3. Name of the coordinator/organizing secretary	<i>Dr, Thasnim P</i>
4. Date of programme	18/09/2022
5. Mode of the programme (offline/online)	<i>Offline</i>
6. Total number of attendees/participants	25
7. Organizing body	<i>PG Department of Chemistry</i>
8. Organizing committee members	<i>Dr. P. Jyothi, Dr. Shamsheera K O, Dr. Thasnim P</i>
9. Students' involvement in organizing the programme	<i>Student coordinator: Hanna Jasmin 15 other students were also participated</i>
10. Detailed report of the programme	
11. Feedback of the programme	

<i>12. Feedback analysis</i>	
<i>13. Outcome, Evaluation, and results of the programme</i>	The people in the colony could understand how to create their own business and they will be able to strengthen their economic power to earn steady income.
<i>14. Signature of the organizing secretary</i>	



**PG DEPARTMENT OF CHEMISTRY
UNITY WOMEN'S COLLEGE, MANJERI**



***A COMMUNITY OUTREACH
PROGRAMME***

***PREPARATION AND EFFECTIVE
MARKETING OF HAND WASH***

(18/09/2022)

***Coordinator: Dr. Thasnim P, Asst. Professor, PG
dept. of Chemistry***

Aim, Objectives, and Scope of the programme

The aim of a hand wash making program for a community is to teach individuals how to make hand wash from scratch using basic ingredients and techniques. The program aims to empower community members with skills that can be used to start a small business or to make hand wash for personal use.

The scope of the program includes teaching participants the fundamentals of hand wash making, including the chemistry of hand wash making, safety precautions, and basic hand wash making techniques. Participants will learn how to select and combine ingredients, measure and mix ingredients. They will also learn about the different types of oils, fragrances, and colors that can be used to create unique hand wash.

The objectives of the programme are to:

1. Provide participants with the knowledge and skills to make hand wash from scratch using natural and basic ingredients.
2. Teach participants about the chemistry of hand wash making, safety precautions, and basic hand wash making techniques.
3. Provide participants with the ability to customize their hand wash with different fragrances, colors, and textures.
4. Help participants develop an entrepreneurial mindset by providing them with a skill they can use to start a small business or supplement their income.
5. Promote environmental sustainability by encouraging the use of natural and biodegradable ingredients in hand wash making.
6. Foster a sense of community and camaraderie among participants by providing a platform for them to learn and create together.

The detailed Report of the training programme

The PG Department of Chemistry organized a handwash preparation training program for the residents of Narukara Adangampuram Colony on 18/09/2022. The programme, which focuses on home preparation of hand wash and small scale marketing, was impressive with public participation. Municipal Councilor Salina Teacher, former Councilor Mr. Hassan Kodakkatan, and Chemistry department teachers Dr. P. Jyothi, Dr. Thasnim, Dr. Shamsheera were present in

the programme. People were trained by the students of the Chemistry department. The prepared hand wash distributed among the colony people.

The training was a huge success, because the attendees left with a wealth of knowledge on how to make hand wash that is both effective and affordable. A range of topics, including the different types of hand wash, the ingredients needed to make hand wash, and the steps involved in the process were involved in the various training sessions. We also discussed the importance of hand washing, especially during times like these when the world is grappling with a pandemic. The attendees were eager to learn and asked a lot of questions, which made the training interactive and engaging. We went through the process of making hand wash step by step, and demonstrated how to mix the ingredients to get the right consistency. The participants were amazed at how easy it was to make hand wash, and they were impressed with the results. They were pleased to learn that they could make hand wash using ingredients that were readily available in their homes and communities.



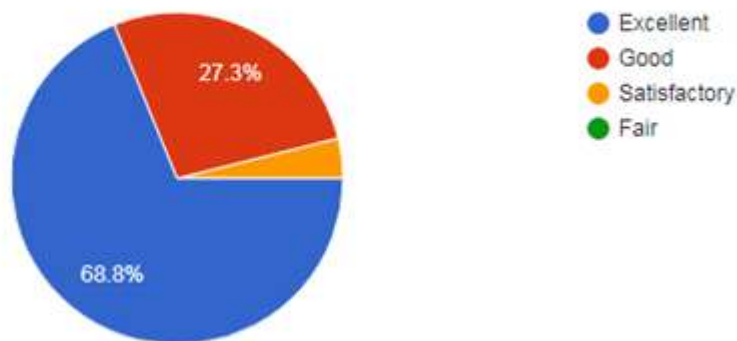


Feedback Analysis

SL No	Name	Feedback from Participants
1	Kalyani	Excellent
2	Thanka	Satisfactory
3	Kaarthayani	Good
4	Saleena	Excellent
5	Thulasi	Good
6	Shabna	Excellent
7	Faseela	Good
8	Nafeesa	Excellent
9	Khadeeja	Excellent
10	Saina	good

11	Deepa	good
12	Rasiya	good
13	Geetha	Excellent
14	Divya	Excellent
15	Ramla	Satisfactory
16	Safna	Excellent
17	Kavya	Excellent
18	Gayathri	Good
19	Vineetha	Excellent
20	Habeeba	Excellent
21	Naarayani	Excellent
22	Hassan	Excellent
23	Aalikkoya	Excellent
24	Krishnan	Excellent

How will you rate the session?



DEPARTMENT OF PSYCHOLOGY: MEMOIRE – PSY- CONNECT – 1

KAHM UNITY WOMEN’S COLLEGE

DEPARTMENT OF PSYCHOLOGY

Program report

1. Program name	MEMOIRE PSY - CONNECT 1
2. Program type	Community outreach program
3. Level of the program	Local
4. Name and designation of the coordinator	Nafla vk 5th sem Bsc psychology
5. Date of the program	21/10/2022
6. Duration in days	1
7. Venue	GLP School Narukara
8. Total number of attendees	33
9 Organizing body	Dept of Psychology
10 Organizing committee	Fathima Shirin k Head of the dept Nafla vk Student coordinator

Checklist

Sl.no	Name of the item	Yes/no
1.	Program notice	Yes
2.	Aim or objectives of the program	Yes
3.	Program outcome/ results	Yes
4.	Program recordings	Yes
5.	Participants feedback analysis report	Yes
6.	Participants details	Yes

1. Program notice

 **KAHM UNITY WOMEN'S COLLEGE, MANJERI**
AFFILIATED TO THE UNIVERSITY OF CALICUT
REACCREDITED BY NAAC B++ GRADE
NARUKARA P.O MANJERI MALAPPURAM, KERALA INDIA



MEMOIRE

PSY-CONNECT 1
COMMUNITY
OUTREACH PROGRAM
GLP SCHOOL, NARUKARA
DEPT. PSYCHOLOGY

10.30
AM
21
OCT

2. Aim or objectives of the program

The aim of the program is to measure the memory level of students from GLP School Narukara

3. Program outcome and results

By analysing the data we came to know that most of the students has above average memory level.

4. Program recordings





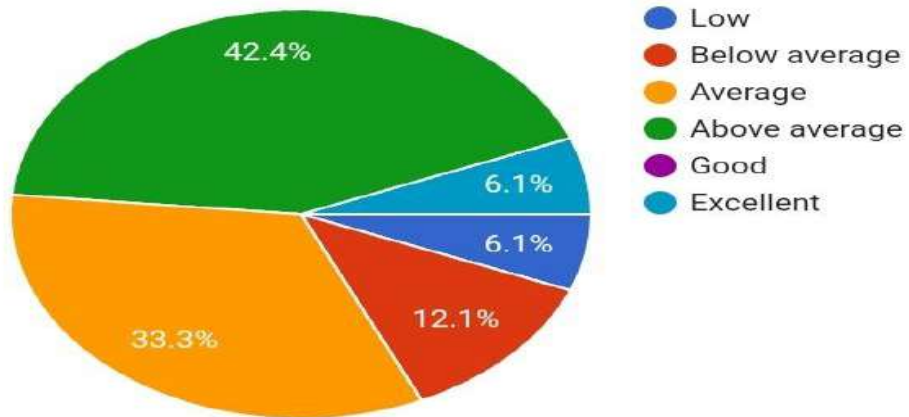
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5. Participants feedback analysis report

Level of the memory

33 responses



Sl. No	Name of the student	Memory level
1.	Anandhu	Below average
2.	Vaishnav	Above average
3.	Hamna	Average
4.	Abhinand	Average
5.	Sherin	Above average
6.	Vaikha	Average
7.	Parvati	Average
8.	Sia	Below average
9.	Veda	Average
10.	Nived	Average
11.	Rithu raj	Average
12.	Mohammed zayan	Above average
13.	Sreehari	Above average
14.	Salih	Excellent
15.	Subi Sri	Above average
16.	Mishal	Average

17.	Anithra	Below average
18.	Adhil	Above average
19.	Lasin	Low

20.	Anshidh	Low
21.	Minha	Above average
22.	Fathima Sajwa	Excellent
23.	Vismaya	Above average
24.	Adnan	Above average
25.	Vainga	Average
26.	Mirsha Fathima	Above average
27.	Fathima Shahla	Above average
28.	Ashonth	Below average
29.	Rishad	Above average
30.	Adharsh	Average
31.	Ameena	Above average
32.	Smrithi Lakshmi	Average
33.	Athira	Above average

National Service Scheme (NCC) - COMMUNITY OUTREACH

SOCIAL SERVICE ACTIVITIES 2022-23

SI No.	Name of Activity	No. of participants	Report
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1.	World Senior Citizen's Day (21 August 2022)	20	Every year World Senior Citizen's Day is celebrated on August 21 to highlight the contribution of elderly individuals to humankind. NCC Cadets visited and spent time with elders from their home and neighbors.
2.	World Ozone Day – Cleaning Campaign - 'Green Campus, Clean campus' (16 September 2022)	72	On behalf of International Day for the Preservation of the Ozone Layer, the NCC Cadets conducted a cleaning campaign named as 'Green Campus, Clean Campus'. The theme of the day was 'Global Cooperation Protecting Life on Earth'.
3.	Swachhata hi seva Rally (17 September 2022)	20	As part of the Indian Swachhata League, Manjeri Municipality conducted a 'SWACHHATA HI SEVA RALLY' on 17th September, 2022 from the Municipal Building to Seethi Haji Bus Stand, Manjeri.
4.	Gandhi Jayanti – Swachh Bharat Abhiyan – Cleaning Campaign (2 October 2022)	20	As part of Swachh Bharath Abhiyan, on 3 rd October 2022, Cadets cleaned the Gandhi Sculpture in Town hall, Manjeri. CTO Loosiya KP and UO Ayisha Anaina PK coordinated the cleaning programme.

5.	<p>International Day For Older Persons (3 October 2022)</p> <p>NCC Cadets attended the celebration and honoring ceremony of Older Persons conducted by Manjeri Municipality</p>	20	<p>The overall umbrella theme for the United Nations International Day of Older Persons in 2022 was ‘Resilience of Older Persons in a Changing World’. The important outcomes of observing this day were to raise public awareness about the opportunities and challenges presented to the ageing populations and to mobilize the families, community groups and stakeholders to address the difficulties faced by older people. By volunteering the programme, Cadets got a chance to care for them with lots of pleasure. The entire program 'The confluence of beneficiaries of vayomithram and felicitation of senior citizens' was conducted by Manjeri municipality with the message 'Let's wait with care, let's hold hands'.</p>
6.	<p>Pothichoru (25 October 2022)</p>	35	<p>NCC Cadets donated Pothichoru (Packed Lunchs) to Shalomatha Bhavan, Cherani, Manjeri in association with the Home Science department. It belongs to the Franciscan</p>

			<p>Missionary Sisters Association. It is a home for mentally ill and destitute women. Presently, 68 inmates are there. Cadets donated 35 packed lunches.</p>
7.	<p>White Cane Day - Stamp collection (1 November 2022)</p>	72	<p>NCC cadets collected fund for blinds on behalf of White Cane day (October 15). A stamp sheet was given to each cadets containing 20 stamps which was distributed to other students and staffs by collecting 10 rs per stamp. Total 15000 rupees was collected.</p>
8.	<p>Swatchhata Campaign (9 November 2022)</p>	20	<p>As a part of Swatchhata Campaign, twenty NCC cadets actively participated in cleaning process at a plot near to college on 9th November 2022. The program was led by Sub. Sunil Kumar, CTO Loosiyá KP and UO Ayisha Anaina PK.</p>
9.	<p>World Aids Day – Blood Donation (2 December 2022)</p>	4	<p>Every year, on 1 December, the world commemorates World AIDS Day. People around the world unite to show support for people living with and affected by HIV and to remember those who lost their lives to AIDS. The NCC Army wing observed</p>

			<p>World AIDS Day on 2nd December 2022 by donating blood. Under officer Ayisha Anaina PK(5th Sem BA English) and three first year cadets donated blood to Blood Bank, Medical College, Manjeri. The blood donation was aimed at encouraging students to step forward and donate blood. The main objectives were to sensitize the need to donate blood to the needy in time, to instill the feeling of helping others to breathe life with their precious donation, to impart to them the value of blood donation, and to be aware of scientific information about the blood group. The blood donation was coordinated by CTO Loosiya. KP.</p>
10.	Visit To Pakalveed (For Senior Citizens) – (31 December 2022)	20	<p>NCC Cadets of KAHM Unity women's College, Manjeri visited 'Pakalveed' for senior citizens at Karikkad, Trikalangode Grama Panchayat on 31st December 2022. Pakalveed is a platform for the elderly to spend their daytime, to share their life experience and to perform</p>

			<p>various cultural activities. They shared their life experiences that enlightened the cadets' hearts and strengthened their knowledge.</p>
11.	Palliative Care Day Fund Collection (12 January 2023)	10	<p>As a part of Palliative Care Day (15 Jan 2023) NCC cadets actively participated in the fund collection on 12 Jan 2023, organized by Palliative Care Units in Manjeri area. Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with a life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual. 10 cadets participated in the fund collection at Manjeri Bus stand.</p>
12.	Cleaning Campaign (27 January 2022)	20	<p>NCC Cadets of KAHM Unity Women's College, Manjeri participated in the 'Litter Free Kerala Campaign' conducted by Manjeri Municipality on 27 Jan 2023 at Mullampara</p>

			junction, Manjeri. The campaign was inaugurated by Smt. VM Subaida, Chairperson of Manjeri Municipality. 20 cadets participated in the campaign. CTO Loosiy a KP coordinated the students.
13.	Visit to ILU Thanal (Early Intervention Centre), Manjeri (23 Feb 2023)	130	20 NCC Cadets and CTO Loosiy a KP, visited ILU Thanal (Early Intervention Centre), Manjeri. The centre helps differently abled children to improve their abilities and learn new skills through therapies and activities.
14.	Sparsham 2023 – Palliative Care Units Get Together (14 March 2023)	20	Hastham, Manjeri Municipality conducted a get-together of Palliative Care Units of Manjeri area named as 'Sparsham 2023' on 14th March 2023 at VP Hall, Manjeri. The programme inaugurated by Smt. VM Subaida, Chairperson of Manjeri Municipality. 10 NCC cadets got a chance to be a part of the event and the opportunity to interact and entertain the patients who gathered. A total of 500 people attended the programme. Cadets and palliative care inmates performed various

			cultural activities. LCPL Ayisha Risni was the student coordinator.
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NATIONAL SERVICE SCHEME (NSS)

PUDAVA PRABHA -DISTRIBUTION OF ‘ONAKKODI’ 1-09-2022

Our NSS unit (00 & 171) held a ‘onakkodi’ distribution at Adangapuram colony for onam celebration. We collected fund for the dresses by arranging a food fest at our campous.Principal Dr. Muhammed Basheer Ummathur , Manager O. Abdul Ali , Programme officers Dr. Jasna VC and Dr.V.Hikmathulla and 6 volunteers went to Adangapuram colony to give the ‘onakkodi’. We distributed ‘onakkodi’ among 10 people in Adangapuram colony. It was a best event done by our NSS team. We are glad to make their celebration more



KARUNYAKENDRAM VISIT -02-09-2022

Our NSS unit (008 & 171) made a visit to Karunyakendram- Athanikkal in Valluvampuram , Malappuram. It is a paliative care unit running in Malappuram. 10 volunteers from our NSS visited karunyakendram for onam celebration.We reached there at 10:00 AM. We arranged some games for them.We involved there as one of them. Some volunteers sang songs ,danced to cheer them up. They were arranged ‘sadhya’ for us. We played with them ,we listened to them. They showed their talents tous. Each of them are differently abled and all have good talents in them. We returned from there at 3 PM. We are glad to get this oppurtunity to meet them and to gave them wonderful memories and ouselves to get unforgettable memories.



NSS –HELP for Cancer Patient. (30 September 2022)

A cancer patient named Perincholam Babu, a resident of Puttur Pallikal, has been treated by NSS. Conveying the donation

Fund collection for snehabhavanam 2022-23 (18 october 2022)

It was decided to build a house for a homeless student and applications are invited for the same. From the obtained applications, most deserving student was selected. As a second step nss volunteers started fund collection with the help of coupons.



Medicine challenge Campaign started(19 october 2022)

A medicine challenge was done for collecting unexpired medicines from students, students can bring unused or balance medicines in their homes. After the completion of collection we had decided to handover medicines to nearby palliative care unit.



Anti-Drug Awareness Mime and flashmob at Manjeri Town 28 oct 2022

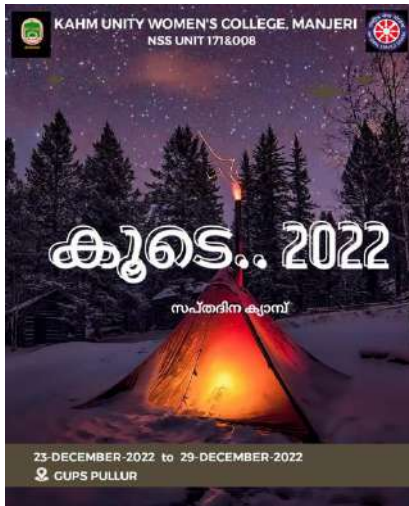
As part of kerala state government anti-drug campaign, Laharimukta Keralam scheme, NSS and NCC of Unity Women's College, Manjeri organized flash mob, mime and cycle rally with anti-drug messages under the auspices of Shraddha and Nerikutam. Programme was inaugurated by Municipal Education Standing Committee Chairman T.M. Nasser. Dr. K. Deepa, Dr.R. Poornima, Dr. V. Hikmatullah, Dr. V.C. Jasna, KP Lusiya and Geetika falicitated in the function. Flash Mob was lead by Keertana and Henna Rose, and mime was played under C.P. Rashika Parveen and Farzana. NSS secretaries Shahrban, T. Fatima Fida, Shifna Karim, Fida, NCC Under Officer P.K. Ayesha Anaina gave leadership for the anti drug campaign.



NSS Seven day Special camp on 23-29 Dec.2022.at GUPS pullur.

KAHM Unity Womens College, Manjeri This year's seven-day special camp for units of National Service Scheme 008 and 171 was held from 23 to 29 December 2022 at Govt.UP School, Pullur, Manjeri . NSS aims to invigorate the educational process through social participation and eco-friendly living and develop mental and physical health and leadership qualities in students. Aiming Cohabitation camps are the main way to do that. The camp theme proposed by the University this year is drug-free youth. Projects such as planting saplings, making school and surroundings plastic free, kitchen garden, cleaning of water sources, garbage disposal, health survey, handicraft training, childrens fair, senior citizens fair, voting rights awareness, anti-drug campaign etc. have been completed. As part of the camp, the Pullur Mannengara creek in the third ward of Mancheri Municipality was cleaned. Announcement march, anti-alcoholism art march, election awareness, vigil, Christmas programs etc. were held.

3rd Ward Councilor Hussain Mecheri inaugurated the Camp. Principal Dr. Muhammad BasheerUmmathur presided over the program and manager O. Abdul Ali,School Headmaster Purushothaman,SMC Chairman Hamza A.K , Yuva Kerala Club Secretary Nias TM and College Union General Captain Nishana Sherin extended their greetings. Program Officer Dr. Hikmatullah V, and Dr. Jasna V.C. Volunteer Secretaries Fathima Fitha T, Shifna Karim, Shahrban and Fida presented the camppreparation. NSS life -Mr. Naufal (District Coordinator, NSS)Creative intervention and Poetic approach of Life – Ameen Karakunnu , Ajmal KP. (Personal Trainers, Life Coach Manjeri) Explore yourself - Aleem Yusuf (Assistant Professor, Unity College) Empowering youth to be self reliant -(NSS Team, Sri Krishna College, Guruvayur).Theatre- Ismail Thazhekodan (Asst. Professor, H.M. College, Manjeri) Group dynamics - Mr. Salman E. K. (Educationalist, Trainor)etc..Resource persons took classes.



Dr. SHAHINA MOL. A. K.
 IQAC Co-ordinator
 KAHM Unity Women's College,
 Manjeri, Malappuram, Kerala.

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 Principal
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