

Department of B.Com (C.A.)

# Net coaching Inauguration program

The PG Department of Commerce (CA) conducted a NET Coaching Inauguration program for PG students, which was officially inaugurated on 8th October 2024 at 10:00 AM in the Seminar Hall. The event was inaugurated by Fathima Shajitha T.K, Associate Professor and Head of the Department of Commerce. Mursila Nasri C.K, Assistant Professor (ad-hoc) of the Department of Commerce felicitated the program. A talk by Bimal Binoy, Founder & Teaching Head of Provess Academy, Thodupuzha, on "Thrive: Navigating NET Orientation Journey," added glitter to the event. Murshida(3rd Sem PG) delivered the vote of thanks. Providing valuable guidance to students preparing for the upcoming NET exams, the event proved to be resourceful.



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### Department of Computer Science

The PG Department of Computer Science hosted the fourth lecture of the Alumni Lecture Series - Season 3 on October 10, 2024, at 7:30 PM via Google Meet. Titled "Data Science: Transforming Industries," the session was coordinated by Mrs. Maimoona KP, an Assistant Professor (ad hoc). The guest speaker, Mrs. Sajitha Abdullah, a postgraduate in Computer Science with a specialization in Data Science from CUSAT and a 2019–2022 BSc Computer Science alumna, shared insights on career prospects and the broad scope of data science. Her clear and approachable presentation offered valuable guidance for students and enthusiasts to make informed career choices in data science.





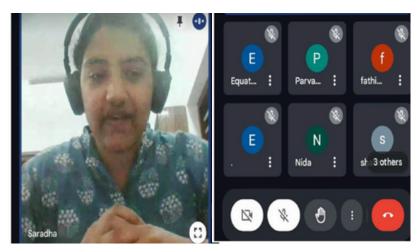
### Department of Mathematics

On October 5, 2024, a Mathematics puzzle competition was held from 9:30 AM to 3:30 PM in front of the college library. Organized by coordinators Rinsha Fathima P.C. and Devika N., the event saw enthusiastic participation from students across various programs, who engaged in solving puzzles based on Mathematical tricks. After an exciting day of competition, Hana Fathima K.P. from the first-semester BCom Co-operation class was declared the winner. The event successfully fostered interest in Mathematics through interactive problem-solving and showcased the analytical skills of our students.



### **Equation to Success Session – 5**

On October 4, 2024, the fifth session of the "Equation to Success" series took place via Google Meet, featuring guest speakers Saradha S from the Indian Institute of Science Education and Research (IISER), Thiruvananthapuram, and Parvathi S from Cochin University of Science and Technology (CUSAT), Ernakulam. Coordinated by Alfa T and Rifa Fathima, the event provided first-and third-semester students with valuable insights into pursuing higher studies in Mathematics. Saradha shared her experiences at IISER, highlighting the campus environment, faculty expertise, and admission details, while Parvathi detailed her journey at CUSAT, giving an awareness of the fee structure and study approach. An interactive Q&A session followed, where both speakers addressed student queries. The event concluded with a vote of thanks, leaving students motivated and informed about future academic paths in mathematics.



# Mathematics Puzzle Competition

On October 18, 2024, a Mathematics puzzle competition was held from 9:30 AM to 3:30 PM in front of the college library, organized by coordinators Rinsha Fathima P.C. and Devika N. The event attracted numerous enthusiastic participants, who engaged in solving challenging puzzles based on mathematical tricks. After a full day of keen competition, Fathima Lulu from the second-year BSc Chemistry program emerged as the winner. The competition successfully promoted analytical thinking and problem-solving skills, leaving students inspired and excited about Mathematics.



### **Equation to Success Session – 6**

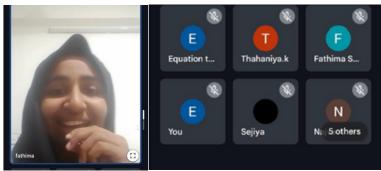
On October 18, 2024, the 6th session of the "Equation to Success" series was held on Google Meet, featuring Asia Nashath, a second-vear M.Sc. Mathematics student at Central University of Hyderabad and an esteemed alumna of Unity Women's College. Coordinated by Alfa and Rifa Fathima, the session provided students with an in-depth perspective on the academic environment at Central University. Asia introduced the campus through a video tour, discussed her reasons for choosing the university, and highlighted the institution's strong faculty and research focus. She also covered the fee structure and admission process, sharing her experiences and valuable advice for prospective applicants. A lively Q&A session followed, where students engaged with Asia's insights. The event concluded with a vote of thanks, leaving students inspired and informed about academic opportunities in mathematics.





### **Equation to Success Session – 8**

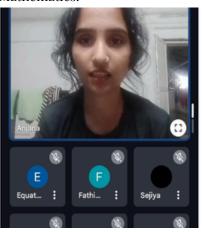
On October 29, 2024, the eighth session of the "Equation to Success" series was held on Google Meet, featuring guest speaker Fathima Fitha T, an MSc Mathematics student at Central University of Tamil Nadu and an alumna of KAHM Unity Women's College. Coordinated by Alfa and Rifa Fathima, the session provided BSc Mathematics students with valuable insights into higher education and career options. Fathima shared her academic journey, offering details on the university's environment, faculty, fee structure, and cultural activities. An engaging Q&A session followed, where she addressed questions on career paths and further studies.



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### **Equation to Success Session – 7**

On October 26, 2024, the seventh session of the "Equation to Success" series took place on Google Meet, featuring Anjana T, an MSc Mathematics student specializing in Finance and Computation at Kerala University. Coordinated by Alfa and Rifa Fathima, the session offered students valuable insights into the MSc program at Kerala University. Anjana discussed her academic experience, the program's fee structure, cultural programs, and the supportive faculty and facilities available. She emphasized the importance of foundational knowledge and details on scholarships and extracurricular provided opportunities. An engaging Q&A session followed, where students inquired about the program and application process. The session concluded with a vote of thanks, leaving attendees informed and motivated to pursue advanced studies in Mathematics.







### Department of Chemistry

Risla Usman (M.Sc. Chemistry, 2022–24 batch) presented a paper titled "Development of an Environment-Friendly Corrosion Inhibitor from the Ethanolic Extract of Peltophorum pterocarpum Flower for Mild Steel in Acidic Medium" at the International Conference on Advances in Plant Science (APS 2024) on Friday, October 25, 2024. The conference was organized by the Department of Botany, KAHM Unity Women's College, Manjeri. This work was done under the guidance of Dr. Shamsheera K. O, Assistant Professor, Dept of Chemistry.



# **Exploring Learnscapes: Central Universities Orientation**

The Department of Chemistry, in collaboration with Enlearn Academy, held a career guidance program on October 1, 2024, for final-year Chemistry students, focusing on CUET PG preparation and career options for Chemistry graduates. Mr. Sahal A.P., Managing Director of Enlearn Academy, Calicut, served as the resource person, sharing insights on essential skills, fellowships, and entrance exam strategies. Dr. Jyothi P., Head of the Department, welcomed participants, and Dr. Shamsheera K.O. led an interactive Q&A session. The program concluded with a vote of thanks by Omniyah Ummer, providing valuable guidance and inspiration for students' career pursuits



# Quiz Competition in connection with Mole day celebration

On October 17, 2024, at 2:50 PM in the CH Auditorium, a Quiz Competition on the Mole Concept was held, in connection with National Mole Day. Coordinated by Ms. Suhada K.M, the event engaged students with foundational chemistry principles. Multiple rounds tested participants' knowledge and problemsolving skills on the mole concept, with enthusiastic participation from various departments. After a closely contested final, Ms. Midha and Ms. Nourin emerged as winners, demonstrating exceptional subject knowledge and quick responses.





### Department of Psychology

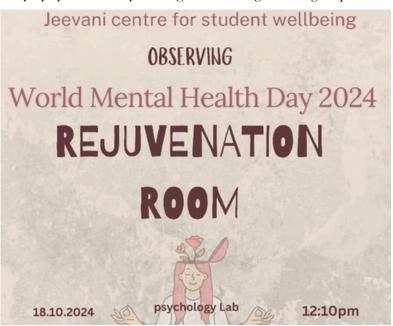
As part of World Mental Health Day, the Department of Psychology organized and placed an affirmation bulletin board on the college campus, titled 'Take What You Need'. The board offered a selection of affirmative messages on themes like hope, love and understanding, confidence and strength, forgiveness, motivation, peace and healing, from which students could pick and take with them. The students were encouraged to pick any affirmation they needed, offering them a small reminder of support and encouragement.



The Department of Psychology organised "Blindfolded Conversation" program in connection with World Mental Health Day 2024 at the college ground near the auditorium. Held on 18th October 2024, Blindfolded Conversation allowed participants to communicate freely without revealing their identity. Blindfolded, the participants engaged in conversations, focusing on each other's words and expressions without any judgments or preconceptions.



A "Rejuvenation Room" was set up by the Department of Psychology in connection with World Mental Health Day 2024 at the Psychology lab on 18th October 2024. The Rejuvenation Room offered a calming space where 20 students experienced Jacobson's Progressive Muscle Relaxation (JPMR), guided by the faculty, Hajara. Divided into two batches, the JPMR allowed participants to unwind, reduce stress, and refresh the mind and body by systematically tensing and relaxing muscle groups.



On 17th October 2024, during the association hour, the department organized a movie analysis featuring 'Chuvadu', a film depicting bipolar disorder, in connection with World Mental Health Day. The movie helped students gain an understanding of the difficulties of living with bipolar disorder and how mental illness can affect the various psychosocial aspects of a person. The session was then followed by a discussion on the same topic where students exchanged their thoughts and viewpoints related to mental illness and its treatment.



Fathima Nedha of third year BSc Psychology was elected as the UUC- University Union Councillor, Febra of Second year BSc Psychology was elected as the Psychology Association Secretary and Rahmidha T as the First DC representative in the college election 2024.



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### Department of Physical Education

### **Qwan Ki Do Championship**

The College QWAN Ki Do team participated in the 3rd Kerala state QWAN Ki Do Championship held at GCPE, Calicut on 05.10.2024 and won 4 Gold Medals in Senior Women Category. Mufeeda Thesni of 5th sem BA English, Anjana of 5th sem BA History, Sfitha V of 5th sem B.Com Cooperation and Farisa Rahma K of 3rd Sem B.Sc Computer Science were the team members and the four participants got Gold medals in different weight category. All four medalists were selected to the National QWAN Ki Do Championship. Hearty congratulations to the Winners.



### **SLK to Campus - Meet n Gree**

The Department of Physical Education in collaboration with the ZELINDA Students Union 2024 conducted the program "SLK to Campus - Meet n Greet" to introduce the Super League Kerala Football Tournament to students, fostering excitement and engagement with the sport. The college Principal Prof (Dr). Muhammed Basheer Ummathur inaugurated the event. The event took place on 18.10.2024. A total of 87 students participated in the event, reflecting strong interest in football and student engagement in physical activities. The event began with an informative presentation detailing the history, structure, and significance of the Super League Kerala Football Tournament. Students had the opportunity to engage with speakers, asking questions about the tournament, and also given prizes to the winners.





### Department of History

On 4th October 2024, the Department of History, Korambayil Ahammed Haji Memorial Unity Women's College, Manjeri, organized a one day history seminar on the topic "Conflicts in West Asia: Bridging History and Contemporary Crises". The seminar was inaugurated by the college manager, Engineer O. Abdul Ali. Dr. Lirar Pulikkalakath, Assistant Professor, School of International Relations and Politics, Mahatma Gandhi University, delivered the keynote address, focusing on the historical and cultural factors behind the conflicts, role of colonialism, duvision among muslims, the formation of Israel, oil economy, and other issues creating crises in West Asia. The seminar was presided over by Principal Professor (Dr.) Muhammad Basheer Ummathoor. College Dean, Ms.Jaseena C.

The seminar was presided over by Principal Professor (Dr.) Muhammad Basheer Ummathoor. College Dean, Ms.Jaseena C. and College Union General Secretary Ms.Fathima Tasni K. extended their felicitations. In the following sessions, Dr. Shahina Mol A K spoke on "Resistance and Resilience: The Lives of Palestinians under Occupation," and Mr. Faisal T.K. discussed "Israel and Iran: Nuclear Conflict and Regional Disputes."

### **Experiential Learning**

The Department of History organized an experiential learning visit to Wayanad on October 27, 2024, involving 55 firstsemester BA History students and two staff. The trip included visits to notable sites such as Lakkidi View Point, Karappuzha Dam, Edakkal Cave, and Banasura Dam, chosen for their historical and cultural significance. The visit to Edakkal Cave, a prominent megalithic site (6000 BC - 1700 BC) discussed in the first semester Kerala History course of FYUGP, provided students with a unique opportunity to explore ancient petroglyphs, ritualistic practices, and architectural innovations. This experience offered a profound glimpse into prehistoric life and cultural heritage. The day concluded with a mental health awareness session led by Dr. Jamshad from Apollo Hospital. This session, conducted in collaboration with the Sanjeevani Project—an initiative by the Government of Kerala—aimed to promote mental and physical wellbeing of students through vegetable cultivation.





### Orientation Session-IDEA LAB

ED Club and YIP Club of KAHM Unity Women's College jointly conducted an Innovation Development Session under the title "IDEA LAB" on 24th October 2024 from 2:45 pm to 3:45 pm at AC seminar hall . The aim of the program was to encourage the students to think outside the box and develop unique ideas and also to make a platform for fostering creative thinking, collaboration and problem solving. Dr.Bajeel PN, Assistant professor of Mathematics was the resource person. He explained how to generate an idea by identifying problems and finding solutions to those problems...Ms Fathima Shajitha TK, Faculty co-ordinator of ED Club and YIP Club delivered the welcome speech. Ms. Sidrathul Munthaha KC, Student coordinator proposed the vote of thanks. 25 students attended the session.





## Craft & Grew' Hands-on Training Workshop on Plant Cloning Methods

The Postgraduate Department of Botany, in association with Bhoomithrasena and Mathrubhumi SEED Club, organized a hands-on training workshop titled "Craft and Grew" on October 9, 2024. The event aimed to impart knowledge on plant cloning methods, specifically grafting, layering, and budding. The workshop was held at the college auditorium and witnessed enthusiastic participation from 50 Plus-two students from CHMKM Higher Secondary School, Kavanur, and 43 firstsemester BSc Botany students from KAHM Unity Women's College. The workshop commenced with a welcome speech by Dr. Faseela P., Assistant Professor of Botany, followed by an presidential address by Dr. Usman A., Head of the Botany Department. The keynote speaker, Mr. Abdul Azeez P.K., from the Agriculture Research Station, Anakkayam, Malappuram, shared his expertise on plant cloning methods. Mr. Siddiq, Botany teacher at CHMKM HSS, Kavanur, and Ms. Nazmin Banu, Assistant Professor from Department of Botany felicitated the program. After hands-on training at Auditorium, the participants actively engaged in demonstrations and hands-on activities on vegetative propagation techniques in the college's botanical garden. The workshop's objective was to promote community outreach and extension activities, providing students with practical experience in plant propagation techniques. The event was coordinated by Ms.Fathima N., first-sem Botany representative and Dr. Faseela P. Ms.Fahma, first-sem BSc Botany, delivered the vote of thanks.



## World Mental Health Day 2024 Workshop on Floral Art – Celebration: A Talk Bouquet Boutique

On 9th October 2024, the department hosted a talk on the 'Importance of Mental Health and Common Mental Health Issues Among College Students'. The session featured Ms. Abhirami O.U., a Psychologist from Jeevani and Ms. Amani, Assistant Professor Adhoc from the Department of Psychology, who addressed the growing mental health challenges faced by college students. Dr. Usman A., Head of the Botany Department, inaugurated the event by emphasizing the relevance of mental health awareness in academic settings. Ms. Amani highlighted the need for open discussions on mental well-being, while Ms. Abhirami shared practical strategies for students to maintain mental health and cope with common issues. The event coordinated by Dr.Deepa P., Assistant Professor Ad hoc, PG Department of Botany and Ms.Sana V., Fifth Semester B.Sc. Botany, ran smoothly and concluded with a heartfelt vote of thanks from Ms.Fathima Khadeeja, a Fifth Semester B.Sc. Botany student. The program provided a supportive platform for students to understand mental health and encouraged them to seek help when necessary, fostering a more informed and compassionate academic community.



On October 17, 2024, the PG Department of Botany at Korambayil Ahmed Haji Memorial Unity Women's College in Manjeri organized an engaging hands-on training workshop titled "Floral Art." This workshop focused on bouquet making and aimed to enhance the practical skills of first-semester B.Sc. Botany students. The event was held in the department's botany lab and attracted an enthusiastic participation of 47 students, who were eager to learn and explore the artistic side of botany through floral design. Ms. Nazmin Banu. CV, Assistant Professor, Department of Botany, was the keynote speaker and resource person. Her expertise in the field provided valuable insights into the techniques and principles of floral arrangement. Dr. Faseela P, Assistant Professor in the department, also contributed to the workshop, offering guidance and support throughout the session. Together, they facilitated a comprehensive learning experience, helping students understand the aesthetic and biological aspects of flower arrangement. Coordinated by Ms. Nazmin Banu alongside class representatives Ms.Fathima N. and Ms.Fahma T., the workshop successfully fostered collaboration and creativity among students. Participants engaged in hands-on activities, learning to create beautiful flower bouquets while developing teamwork skills.



### Food Day Celebration: Food 'Nature's Feast'

On 18th October 2024 the World Food Day was celebrated with a lively food fest titled 'Nature's Feast'. Students from both the BSc and MSc Botany programs actively participated in organizing activities focused on sustainable food practices and the diversity of plant-based foods. The event inaugurated by Prof. (Dr.) Muhammed Basheer Ummathur, Principal of the college, alongside distinguished guests, Dr. Abdul Ali O. (Manager), Dr. Shahina Mol A.K. (IQAC Coordinator), Dr. Abdul Salam C.M. (Estate Officer) and Usman A. (Head of the Botany Department). Their presence highlighted the college's commitment to student-led initiatives and experiential learning. The fest featured stalls offering a variety of dishes made from locally sourced plant-based ingredients, promoting sustainability and healthy dietary practices. Ms. Sudheesha K., Dr., Deepa P., Ms. Aswathy M. and Ms.Fayiza T. expertly coordinated the event, ensuring its success.



### International Conference on Advances in Plant Science (APS 2024)

The PG Department of Botany, in collaboration with the Kerala State Higher Education Council, successfully organised the International Conference on Advances in Plant Science (APS 2024) on 25th October 2024. The conference, held in the college's seminar hall from 9.00 am to 5.00 pm, was well-attended by students, research scholars, and faculty members from various institutions. The event commenced with a registration session, followed by an inauguration featuring a welcome address by Dr. P. Faseela, the conference convenor, and Assistant Professor of Botany, Prof. Muhammed Basheer Ummathur, Principal of KAHM Unity Women's College, delivered the presidential address and officially inaugurated the conference. Felicitations were extended by Dr. A. Usman, HOD, Department of Botany, Dr. A.K. Shahina Mol, IQAC coordinator and Mr. Adam Thanari, who represented the college's NTS. The conference highlighted the contributions of two eminent speakers. Dr. Jason C. White, Director of the Connecticut Agricultural Experiment Station (CAES), USA, delivered the Erudite Lecture titled "Nano-enabled Agriculture: A Path to Global Food Security in a Changing Climate." In his presentation, Dr. White discussed the potential of nanotechnology in agriculture, particularly for pesticide management and food security, and emphasized the significance of nanotoxology in sustainable agriculture. His talk brought international insights into current agricultural practices, setting a promising tone for future research avenues. The Erudite lecture concluded with a vote of thanks by M. Hasna, a fifth-semester BSc Botany student. Following a tea break, Dr. Akhila Sen, Assistant Professor in the Department of Botany at Mar Athanasius College, Kerala, presented on "Seed Priming for Abiotic Stress Tolerance in Plants." Dr. Sen elucidated the practical applications of various seed priming techniques in improving plant tolerance to both abiotic and biotic stresses. Her presentation offered valuable strategies for enhancing plant resilience, which sparked further discussion among attendees on tackling environmental challenges in agriculture. The invited lecture concluded with a vote of thanks by Ms.Hanan, a first-semester MSc Botany student. The afternoon sessions featured oral presentations by students, research scholars, and faculty members, which took place in the seminar hall under the guidance of Dr. Akhila Sen and Dr. Syed Hamid Thangal, Assistant Professor, Department of Zoology, KAHM Unity Womem's College, Manjeri. The 15 presentations covered topics including Phytochemical Analysis, Climate Change and Crop Productivity, and Plant Ecophysiology, with researchers presenting new findings and innovative approaches. Simultaneously, a poster presentation session took place in the college auditorium, where 19 presenters shared their research work under similar themes. Dr. Akhila Sen and Dr. Shamsheera K.O. evaluated the poster presentations, fostering a spirit of academic inquiry among the participants. The conference concluded with a valedictory session and an awards ceremony, presided over by Principal Prof. Muhammed Basheer Ummathur. Recognition was given to the best presentations, showcasing the depth of research talent present at the conference. In the oral presentation category, Ms.Nushiba Naser PT from Calicut University received the award for her research on phytochemical analysis, while Sneha U from SNGS College, Pattambi, and Dr. Sudheeshna PK, also from SNGS College, were awarded for their work on climate change, crop productivity, and plant ecophysiology, respectively. In the poster presentations, Ms.Mufeeda KV, Ms.Anshida P, and Ms.Thashnifa PK from KAHM Unity Women's College were recognized for their outstanding research contributions.





# LORIDO 2024: Taxonomic Collection Trip to Munnar and Kodaikanal

A taxonomic collection trip to Munnar and Kodaikanal was organized for the third semester M.Sc. Botany students from 19th to 21st October 2024. The primary objectives of the trip were to study the rich plant diversity of these regions and to enhance the student's expertise in plant identification. During the trip, students collected plant specimens from various locations as outlined in the syllabus for M.Sc. Botany Course which will be used for the preparation of herbaria. The fieldwork provided hands-on experience in identifying and documenting various plant species, enriching their understanding of taxonomy and plant diversity. The trip was coordinated by the faculty members, Dr. Deepa P. and Ms. Sudheesha K., with the student coordinator, Ms.Reeshana (III Semester M.Sc. Botany). It was a valuable learning opportunity, enabling the students to apply theoretical knowledge in a practical setting.



## Inspiring Success: CSIR-UGC NET Orientation Program for PG Students

On 28th October 2024, a lecture by Riya Fathima, an accomplished alumna who has successfully qualified for both the CSIR-UGC JRF and ICAR-AICE JRF, was delivered.. The session, Inspiring Success: CSIR-UGC NET Orientation Program for PG Students, aimed to inspire and guide Botany students on the path toward excelling in competitive examinations. The resource person encouraged students to approach the competitive exams with confidence and offered practical tips on resource selection and exam-taking strategies. The program was coordinated by Ms.Nadiya K.T. and Ms.Jumana K. of Third Semester M.Sc. Botany.





### Department of Malayalam

### **Expert talk on Art of Interviews**

Malayalam Department organized a program titled 'അഭിമുഖങ്ങളുടെ വർത്തമാനം' on 9th October 2024 at 11:30 am in the seminar hall. This event was part of the First Semester Undergraduate Program (FYUGP) syllabus, aimed at introducing students to the art of interviews.Mr. Sameel Illikkal, a renowned media writer, graced the occasion as the chief guest. He delivered an insightful address, sharing his vast experience in media writing and discussing the nuances of conducting successful interviews. The program began with a welcome speech by Ms. Vaigha from the Mathematics Department, followed by facilitation speeches from Dr. Hikmathulla and Ms. Arifa Beegum, faculty members of the Malayalam Department. They emphasized the importance of interviews in both academic and media contexts. The event concluded with a vote of thanks by Ms. Shahana from the Computer Science Department, who expressed appreciation to the chief guest, faculty, and students. The session provided valuable insights into the practical and theoretical aspects of interviews, enhancing the students' understanding of this vital skill.



## Aksharaprayanam' Receives Enthusiastic Reception at Unity Women's College

On October 23, 2024, K.A.H.M. Unity Women's College warmly welcomed 'Aksharaprayanam,' a cultural initiative under Malayala Manorama's 'Hortus' festival. The event was a collaborative effort between the Fine Arts Club and the Department of Malayalam, showcasing the college's commitment to cultural enrichment and literary pursuits. The inauguration ceremony was graced by the esteemed poet and writer P. Raman, who delivered the inaugural address. Prof. (Dr.) Muhammed Basheer Ummathur, the Principal of Unity Women's College, extended a cordial welcome to the gathering, setting the tone for an inspiring day. The Manager of the college, Engineer O. Abdul Ali, and Assistant Professor Dr. V. Hikmathulla from the Department of Malayalam, also addressed the audience, sharing their insights and appreciation for the cultural initiative. The program featured an array of captivating performances, including a vibrant flash mob and a competitive literary quiz that engaged the audience. The cultural flair continued with a poem recitation by Ms.Fatima Shafiya Kurikkal, whose words resonated with the crowd, and a classical dance performance by Parvathy, which added an artistic touch to the event.The 'Aksharaprayanam' event at Unity Women's College successfully fostered a sense of cultural unity and literary enthusiasm, leaving a lasting impression on all who attended.





# Screening of the Malayalam film "Matilukal" and a Panel Discussion.

The Malayalam Department organized a special event featuring the iconic Malayalam film "Matilukal". Directed by the renowned filmmaker Adoor Gopalakrishnan, this film is an adaptation of Vaikom Muhammad Basheer's celebrated novel of the same name. The novel, a poignant exploration of love and longing set against the backdrop of the Indian freedom struggle and the author's own experiences in prison, has been a literary landmark. The event commenced with the screening of the film. followed by an insightful panel discussion led by Dr. Hikmathulla V, the Head of the Department. The discussion delved into various aspects of the film, including:Literary Significance of Basheer's Novel- Themes of love, loss, and resilience were explored, showcasing the novel's deep reflection on the human spirit.Adoor Gopalakrishnan's Cinematic Adaptation- The discussion focused on how the director masterfully transformed Basheer's work into a visually compelling cinematic experience. Socio-Political Relevance- Insights were shared on the film's enduring resonance within today's socio-political context, emphasizing its cultural significance.Impact on Malayalam Cinema- The conversation highlighted the film's lasting contribution to the evolution and artistic growth of Malayalam cinema. The event underscored the importance of fostering a deeper understanding and appreciation of our cultural heritage.





The internal examination for the First Semester (FYUG) and Third and FifthSemester (CBCSS) UG Programmes were conducted smoothly and successfully from October 21st to 26th, 2024. Answer scripts were collected and distributed to evaluators securely. Evaluation was completed within the stipulated time. Marks were updated in the progress report cards and uploaded in the EMBASE Software to be viewed by the students.



### **Alumnae Lecture**

Mrs. Sahira, a former English Department student, gave the first semester postgraduate students an insightful talk titled "Fearful Symmetry: Blakean Philosophy in Christopher Nolan's The Dark Knight" on 1–10–2024 as part of the Alumnae Lecture Series. In her talk, Mrs. Sahira examined the complex relationships between the themes in Christopher Nolan's film The Dark Knight and the philosophical thoughts of William Blake. She offered a thorough examination of the ways in which the film's characters and plot reflect Blake's ideas of morality, dualism, and existential struggle. The lesson was intriguing and educational, giving the students a better grasp of how modern film and classic literature interact. It expanded their scholarly perspectives and demonstrated the value of literary analysis in contemporary narrative. The students responded favourably to the talk and valued the chance to learn from a successful alumna.



### Pall

Final year BA students in the peer mentoring process with the PALL mentors on the first of October working in teams to develop conversational skills for academic and employment purposes.PALL is Peer Assisted Language Learning, a student support system rendered by students of the English Department



### **Translation Contest**

A translation contest was organised for all students as a part of International Translation Day, by final year MA students of the PG and Research Department of English, on the 4th of October,2024. Celebrating the annual theme of 'Protecting Indigenous Languages' this year, the event also focussed on the leadership and event management skills of students along with awareness of the challenges in the art of translation.Ms. Shafna M.P was the student coordinator of the event and Ms. M.K.Vineetha, the teacher coordinator.

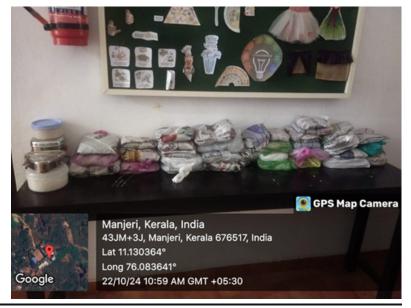


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### Department of Home Science

### **Pothicoru**

The UG and PG Students of the Home Science Department donated 'Pothichoru' (packed lunches) to the inmates of Shalom Matha Bhavan, Cherani, Manjeri, on 8th, 15th, 22nd and 29th October 2024. A total of 155 packed lunches were donated. Ms. Jumana P, Assistant Professor (Adhoc), PG Dept. of Home Science and Ms. Nada Musthafa, II Sem MSc Home Science (Nutrition & Dietetics) were the faculty and student coordinators, respectively



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### **World Food Day Celebration**

World Food Day is an international day celebrated on October 16th to promote global awareness and action for those who suffer from hunger and to highlight the need to ensure healthy diets for all. The PG Department of Home Science celebrated World Food Day on October 18, 2024, with the theme "Right to Foods for a Better Life and Better Future." As a part of it, an exhibition named 'Nourish the Future' was conducted. It included a comprehensive display of nutritionally important food items, charts, and posters showcasing food pyramids, macronutrient and micronutrient sources, World Food Day quotes, foods that improve our mood, weight gain foods, and iron rich recipes to treat or prevent anaemia. To promote healthy eating habits and portion control, the 'My Plate' model was also displayed. Thus, the World Food Day celebration successfully promoted. Nutrition awareness and encouraged healthy eating habits among students and faculty members. Mrs. Jumana P, Assistant Professor (Adhoc), and Ms. Nadeeda O, 1st Sem M.Sc. Home Science (Nutrition and Dietetics) served as the faculty and student coordinators, respectively.



### **Diet Clinic**

The Diet Clinic on Obesity was organized by 3rd Semester MSc Home Science (Nutrition and Dietetics) on 25th October 2024 to raise awareness on obesity, its health implications, and the importance of dietary management. The session focused on educating participants about meal patterns and diet planning to combat obesity effectively. The Faculty Coordinator was Mrs. Jumana. P and Student Coordinator was Ms. Ansheera C. M. A total of 10 participants attended the session, including individuals from diverse backgrounds who were keen to learn about practical dietary interventions for obesity management.



### Breast Cancer Awareness Programme

The PG Department of Home Science organized a talk on "Breast Cancer Awareness" on 17th October 2024 as part of Breast Cancer Awareness Month. The program aimed to educate participants on the significance of breast cancer awareness and to empower individuals with knowledge to support those affected by the disease. The event was inaugurated by the Principal, Prof. (Dr.) Muhammed Basheer Ummathur, who delivered the inaugural address. Dr. Annie Ninan, Associate Professor and Head of the Department, welcomed the participants. The keynote speaker, Dr. Ramiza Ansar, Assistant Professor in the Department of Community Medicine at Government Medical College, Manjeri, delivered an insightful presentation on various aspects of breast cancer, including risk factors, symptoms, self-examination techniques, treatment options, and nutritional management. Undergraduate and postgraduate students, along with faculty members, actively participated in the session. Ms. Dilsha P., a student from the third semester of B.Sc. FCS, extended the vote of thanks, while Ms. Farsina Sheril, a fifth-semester B.Sc. FCS student, moderated the program efficiently.





# **Celebration of International Day for Older Persons**

On 1st October 2024, the 008 and 171 NSS Units of KAHM Unity Women's College, Manjeri, celebrated International Day for Older Persons as part of the Swachhatha Hi Seva campaign. The event highlighted the importance of cleanliness, public health, and respect for the elderly in society. A campus-wide oath-taking ceremony was held at 2 PM, with Ms.Rasha, the NSS Secretary, leading the oath. This initiative brought together students and staff in a pledge to promote cleanliness, dignity, and care for older persons, reinforcing the college's commitment to social responsibility and community well-being.



# From Draft to Final: Workshop on Report Writing

On 1st October 2024, the 008 and 171 NSS Units of KAHM Unity Women's College, Manjeri, organized a workshop titled "From Draft to Final: Report Writing." The session was aimed at equipping students with the necessary skills to write effective and professional reports, a key requirement in academic and professional settings. Dr. Haris U, an Assistant Professor from the Department of Computer Science, served as the resource person, sharing his expertise in structuring, drafting, and refining reports. The workshop provided a hands-on environment where participants could actively engage with the content. Dr. Haris demonstrated practical tips on formatting, editing, and using technology to enhance the quality of reports. Students had the opportunity to practice these techniques during the session, receiving personalized feedback on their work. The program not only improved their report-writing skills but also prepared them for future academic and professional tasks that require clear and structured communication.



## One Day Nature Camp at Kadalundi Vallikkunnu Community Reserve and Visit to Bird Sanctuary

On October 2, 2024, following a successful beach cleaning campaign, the college organized a One Day Nature Camp at the Kadalundi Vallikkunnu Community Reserve (KVCR). This initiative, which involved 98 NSS volunteers, aimed to enhance awareness of environmental issues and foster a deeper connection with nature. The nature camp provided a unique opportunity for participants to engage with the rich biodiversity of the region while reflecting on their role in conservation. The camp began in the morning and participants enjoyed a boat trip through the Kadalundi Bird Sanctuary, where they had the chance to observe various local wildlife and appreciate the intricate relationships within the ecosystem. This hands-on experience was not only educational but also instilled a sense of responsibility toward protecting these natural habitats. The camp was coordinated by NSS Program Officers Mr. Haris U and Dr. Faseela P and NSS Secretaries Ms. Fathima Hashim and Ms. Hana Fathima. During the camp, volunteers explored the mangrove ecosystem, learning about its significance in maintaining biodiversity and mitigating environmental challenges. The trip was guided by local experts who shared insights on the ecological importance of the area and the impacts of pollution and climate change on wildlife habitats. This enriching experience deepened participants' understanding of conservation and the vital role they can play in environmental protection. Overall, the One Day Nature Camp at KVCR served as a meaningful extension of the day's events, reinforcing the principles of Gandhi Javanti and the NSS's mission of community service and awareness.



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## Mega Beach Cleaning Campaign at Kadalundi Beach

On October 2, 2024, a remarkable initiative was undertaken at Kadalundi Beach as 98 NSS volunteers from KAHM Unity Women's College, Manjeri, participated in a mega beach cleaning campaign. This event was part of the Swachhata Hi Seva 2024 initiative and ran from 7 am to 10 am, bringing together students and members of the Kadalundi Vallikkunnu Community Reserve (KVCR) to enhance environmental cleanliness and promote sustainable practices. The campaign was inaugurated by Mr. Sivadasan P., Chairman of the Community Reserve Management, who highlighted the vital role of community involvement in fostering environmental protection. Throughout the day, the volunteers demonstrated exceptional dedication and teamwork as they focused on removing plastic waste, litter, and other debris that marred the natural beauty of Kadalundi Beach. After hours of hard work, the collected waste was responsibly handed over to the Kadalundi Panchayath for proper disposal, reinforcing the importance of environmentally responsible waste management.



# Street Play: AIDS Awareness Program

NSS Units 008 and 171 of KAHM Unity Women's College, Manjeri, organized a street play as part of an HIV/AIDS awareness campaign. The event, held in partnership with the State AIDS Control Society and State Health Department, was conducted in collaboration with Manjeri Medical College. The session was guided by Ms. Loveena Bennet, Junior Public Health Nurse, and Mr. Bishwajith C.V, Junior Health Inspector, both from Manjeri Medical College. Pournami Theatres, a well-known theatre group from Balussery, Kozhikode, performed the play, delivering powerful messages on the prevention and treatment of HIV/AIDS. The performance highlighted the significance of early diagnosis and addressed the stigma surrounding the disease. Prof. Muhammed Basheer Ummathur, the college principal, attended the program and delivered an inspiring speech, urging students to engage actively in health awareness initiatives. The event drew a large and diverse audience, including students, faculty, and members of the local community, leaving a lasting impression through its impactful storytelling. The program concluded with NSS secretary Ms. Hana Fathima expressing gratitude to all collaborators and applauding the NSS team's dedicated efforts to make the event a success.





### National Unity Day Celebration

The observance of Rashtriya Ekta Diwas (National Unity Day) on 31st October every year commemorates the birth anniversary of Shri. Sardar Vallabhai Patel, the architect of national integration of Independent India. It is a special occasion to foster and reinforce our dedication to preserve and strengthen the unity, integrity and security of our nation. As a part of it, the cadets of the NCC Army Wing of the College undertook a pledge to reaffirm a commitment to the unity, integrity and security of India and to spread the message of unity among fellow citizens. A quiz competition was also conducted among the cadets to honour Shri. Sardar Vallabhai Patel's contributions to India. L/CPL Rushda P (3rd Sem Mathematics), L/CPL Fathima Hiba MP (3rd Sem Bsc Computer Science) and L/CPL Hiba Fayiza AK (3rd Sem Mathematics) were the student coordinators of the programme.



# W Union Activities

### **Union and Fine Arts Inauguration**

The College Union and Fine Arts Inauguration of KAHM Unity Women's College was held at the college Auditorium on October 29th, 2024. Prof. Abid Hussain Thangal, Honourable MLA of Kottakkal Constituency inaugurated College Union and Mr. Sameer Binsi, Sufi Singer and Lyricist inaugurated Fine Arts 2024–25.

By inaugurating the college union, Prof. Abid Hussain Thangal said "an inclusive social perspective in political realm can bring in humongous transformation in a society". He also mentioned how women education in Malappuram had been challenging once and how the scenario has changed immensely because of the vision of great minds like Jb. Seedhi Haji, Jb. C. H. Muhammed Koya and Jb. Korambayil Ahamed Haji. He also added that we have to follow the footprints of these torchbearers.

The Fine Arts was inaugurated by Mr. Sameer Binsi (Sufi Singer and Lyricist). Mr. Binsi expressed the innate values within ourselves and described how to cultivate compassion and brotherhood through these values. He also opined the need for self-introspection to define the essence of "I" which is the universe itself, to comprehend the world around us. His inspiring talk was followed by the unveiling of Fine Arts Logo – "KALAYOLI".

The Welcome address was delivered by Ms. Fathima Shajida TK, Staff Advisor and Ms. Fidha K, Chairperson, gave the Presidential address. Principal, Prof (Dr). Muhammed Basheer Ummathur administered the oath to the elected Union members and the leaders took charge of their official duties under the aegis of "Zelinda" Students' Union. This was followed by the Keynote address by Adv. U. A. Latheef, Honourable MLA of Manjeri constituency. Manager of the college, Jb. O. Abdul Ali, PTA Representative Mr. Anwar Sadath, Dr. Annie Ninan ( Staff Club President), Fine Arts Director, Dr. Hikmathullah V. and Muhammadali Kanniyan (NTS Representative) spoke on the occasion . Ms. Nuha Rasheed, Fine Arts Secretary delivered the vote of thanks. The official event was followed by a special musical performance by the Sufi Singer Mr. Sameer Binsi.

### Biriyani Challenge

A biriyani Challenge was organized by Meridia Students Union on 1st October 2024. The event aimed to raise fund towards Shihab Thangal Charitable Dialysis Research and Rehabilitation Centre Kondotty. The challenge brought together students and faculty members to enjoy a delicious meal while supporting a noble cause. The programme was a resounding success fostering a sense of community and social responsibility among the members.







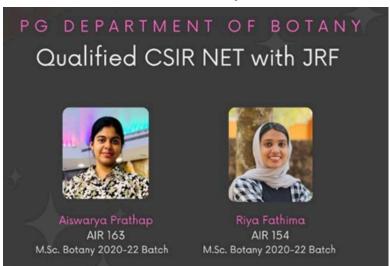


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### Student's Achievements

• Ms.Aiswarya Prathap and Ms.Riya Fathima of MSc Botany 2020–22 Batch secured CSIR - NET - JRF



• **Shibla Banu K. and Jumanath K.C.** secured the second and tenth ranks, respectively, in the M.Sc. Botany program (2022–24) at the University of Calicut.



• Ms. Loosiya KP, Assistant Professor (Adhoc) & 2017-19 batch alumna, Ms. Shameena CT, 2022-24 alumna and Ms. Thashreefa PM, 2021-23 alumna of the PG department of Home science qualified UGC-NET exam conducted in June 2024.



• The first top 9 positions B Sc Family and Community Science exam, March 2024, held by the University of Calicut were bagged by the students of B Sc Family and Community Science (2021-24) batch, namely, Ms. Ninsha M, Ms.Shahla Sherin M, Ms. Fathima Dilraz KC, Ms. Fathima Murshidha, Ms. Najiya Nasreen P, Ms. Rifa TK, Ms. Jumana Yasmin TK, Ms. Limna Iinsi T. Ms. Niba Fathima V and Ms. Noora CK.



• The first top 10 positions M Sc Home Science (Nutrition and Dietetics) exam, March 2024, held by the University of Calicut were secured by Ms. Shamila ES, Ms. Shinana Sherin MT, Ms. Bahira M, Ms. Riyana Nimshu U, Ms. Sayyidath Fathima Rifa V, Ms. Riswana P, Ms. Bahaboodiyya CT, Ms. Ayisha Fidha K, Ms. Hasna M, Ms. Farzeen and Ms. Shameena CT of M Sc Home Science (Nutrition and Dietetics) - 2022-24 batch.



Ms. Zanab P.K. secured first rank in M.A. English in the University Exam at Calicut University. 6th Rank was bagged by Ms. Fathima Rifa and Ms. Fathima Rimshi K. Secured the 8th

rank.



• **CPL Sreelaya NC**, V Sem. BA English, participated in the Ek Bharat Shrestha Bharat (EBSB) camp held at Kottayam from 21st October to 1st November 2024.



# **>>>**

### Teachers' Credentials

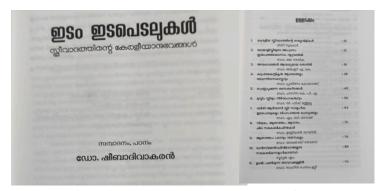
- **Prof. (Dr.) Muhammed Basheer Ummathur**, Principal, served as the Higher Education Expert in the Selection Committee for the appointment of Principal at Amal College, Nilambur on 24th October 2024.
- **Dr. Jyothi P, Associate Professor of Chemistry** attended duty as subject expert of the Screening cum Evaluation committee for the promotion of Dr. Jeemol P A Asssistant Professor, MES Asmabi College (Academic Level11 to Academic Level12) on 3/10/2024.
- Mr. Faizal TK Published a research paper on sacred as political: The role of Mosque in Malabar Rebellion in the Journal of South Indian History Congress(UGC Care Listed) and Ms.Jaseena. C Published a research paper on Mamburam Thangals and their Contributions: a study of the role of Sayyid Fazl Pookkoya Thangal in the Anti Colonial Struggle in India

#### Dr. Hikmathulla V, Assistant Professor of Malayalam

• Inaugurated the Book Fair at Ideal Higher Secondary School, Dharmagiri, on 04.10.2024.and delivered a lecture on the Importance of Reading, emphasizing the lifelong benefits of reading habits, their role in shaping critical thinking, and fostering a deeper understanding of the world.



 Published An Article Named Muslim Women And Agency (Page No.56-63)In Idam Idapedalukal –Sthreevadathinte Keraleeyanubhavangal- ISBN 9789361009204,Edited By Dr. Sheeba Divakaran And Published By State Institute Of Languages, Kerala OnOctober 2024



Appointed as the question paper setter for the course AEC Malayalam for first semester (FYUGP) BA/BSC Degree Programmes of Majlis Arts and Science College (Autonomous) Examination October 2024.



• Ms M.K.Vineetha participated in the three day FDP on 'Empowering Research & Teaching with Advanced AI Tools' organised by NSS Arts and Science College, Parakkulam in association with Digiref Research Academy, Chennai from 2nd to 4th October, 2024.

• Ms. Haseena Jasmine C K, Assistant Professor, Department of Commerce, KAHM Unity Women's College, Manjeri, participated in the Faculty Orientation Workshop on Implementing Experiential Learning into Commerce Education in the Context of NEP 2020 organised by the Board of studies (UG- B.Com) in Collaboration with Nergy India held at the Department of Commerce and Management Studies, University of Calicut on 1st October 2024.



• Ms. Farseena Jabeen K, Assistant Professor (DD Guest), Department of Commerce, KAHM Unity Women's College, Manjeri, participated in the Faculty Orientation Workshop on Implementing Experiential Learning into Commerce Education in the Context of NEP 2020 organised by the Board of studies (UG- B.Com) in Collaboration with Nergy India held at Department of Commerce and Management Studies, University of Calicut on 1st October 2024.



#### Dr Faseela P, Assistant professor, Dept of Botany

- Participated and presented a paper entitled by 'Arsenic phytoremediation potential of Sphagneticola trilobata (L.) Pruski: Physio-biochemical and anatomical changes' under the theme Metal and Metalloids in the International Phytotechnology Conference (IPC-18) on "Phytotechnologies for Sustainable Environment and Food Safety" Organised by Department of Botany, University of Calicut & International Phytotechnology Society from 22/10/24 to 24/10/24.
- Published a review paper entitled "Elicitors fortifies the plant resilience against metal and metalloid stress" in the International Journal of Phytoremediation, Taylor & Francis (IF-3.4).



• Dr Shahina Mol A K served as one of the resource persons for the panel discussion on "Vaakku, Murivu, Ezhuthu" in the one day program titled "Sthree Sargathmakathayude Swathanthryolsavam" organized by Poetria: A Platform for Kerala Women Poets on 25 October 2024, at seminar complex, University of Calicut.



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