KAHM UNITY WOMEN'S COLLEGE
MANJERI

UNique

The Monthly Communique

June 2024

IQAC

1000+ Green pledges for the Mother Earth by IQAC

On the occasion of World Environment Day (05-06-2024), Korambayil Ahamed Haji Memorial Unity Women's College, Manjeri was imbued with a spirit of environmental stewardship as the entire college community came together to take the Green Pledge. The solemn promise to uphold and protect the environment was led by the esteemed Principal Dr. Muhammad Basheer Ummathur, whose voice resonated with commitment as he read out the pledge. The event was conceptualised by Dr.Shahina Mol A K, Coordinator, IQAC. Faculty members, non-teaching staff members and students stood in solidarity, echoing each word, thereby reinforcing their dedication to sustainable practices and green initiatives. This collective vow marked not just a moment of reflection but a steadfast resolve to foster a greener tomorrow. The program was coordinated by Mr Shabeermon M, an IQAC member.



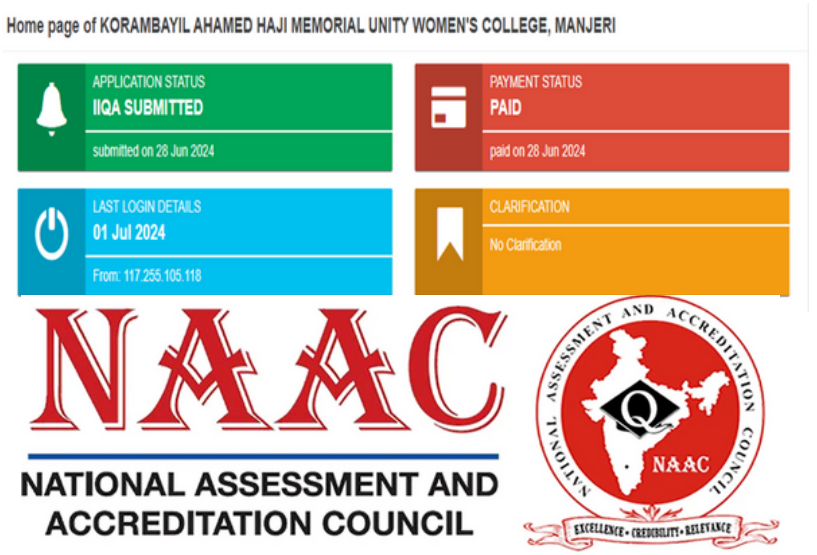
IQAC Quality Quotient Quest:

To identify the areas for improvement and to foster continuous enhancement for promoting excellence in institutional operations, the IQAC team of KAHM Unity Women 's College visited PSMO College Thirurangadi, on 14 June 2024 at 9 30 am. Dr Azeez K, the Principal of PSMO College delivered a session on effective strategic planning, and another session on the assessment and accreditation process of HEIs, was delivered by Dr Nizam, the IQAC Coordinator of PSMO College too.



IIQA Submission

The college submitted Institutional Information on Quality Assessment (IIQA) on 28 June 2024. IQAC chairman, Coordinator and members did the needful for the submission.



IQAC Annual Academic and Administrative Audit (AAA)



The annual academic and administrative audit of 23-24 was held on 26 June 2024. All the Heads of the departments, convenors of various clubs, cells, forums and other office bearers of 2023-24 presented their annual report as a PowerPoint presentation. Dr Pakkrutty TK and Prof. PN Abdurhiman, former principals, and O. Abdul Ali, college manager served as expert team members.

In the feedback cum evaluation gathering Principal Prof (Dr)Muhammed Basheer Ummathur presided over the function. Expert panel members presented their evaluation reports. Mr Shabeer Mon and Dr Jyothi, IQAC members, expressed their views on NAAC preparedness of the institution. IQAC Coordinator Dr Shahina Mol A K welcomed the gathering and Dr Usman A, an IQAC member expressed a vote of thanks.

Department of Psychology

On 20th June 2024, the Department of Psychology organized a letter-writing campaign- an initiative to mark Men's Mental Health Awareness Month. As part of this initiative, the students and faculties were encouraged to participate by crafting letters of support, encouragement, and appreciation. The letters were directed towards male teachers, friends, family members, and even anonymous individuals who might benefit from a kind word. The campaign provided a platform for heartfelt expressions of gratitude and solidarity, highlighting the importance of mental health awareness and supportive relationships.



The Department of Psychology conducted its first alumni lecture of the academic year 2024-2025 by observing International Yoga Day on 21st June 2024. The instructor, Ayisha Risni K (Alumni 2021-2024 batch) trained the first-year BSc Psychology students on the basic yoga postures, breathing exercises, and meditation with special emphasis on mindfulness and stress reduction techniques. The session was well received providing students with valuable knowledge and practical skills to enhance their mental health through yoga.

On June 21st, 2024, students from first-year BSc Psychology initiated a Gratitude Wall as part of the observance of Men's Mental Health Day. This initiative allowed students to express their appreciation through heartfelt thank-you notes, acknowledging the contributions and support provided by these individuals within our college and beyond. This thoughtful gesture was used to recognize and value the efforts of those who contribute to a student's educational journey. For several days, the Gratitude Wall was filled with touching sentiments, reinforcing the idea of recognizing and valuing the efforts of those around us.





As part of the celebration of Reading Day, first-year BSc Psychology students organized a quiz competition during the tutorial and brought famous writers Vaikom Muhammad Basheer and Sugathakumari to life through enactments. During the event, participants identified these renowned literary figures and highlighted their significant contributions to Malayalam literature.The program was conducted with the aim to instill a love for literature in students and highlight the enduring impact of these iconic writers on Malayalam literary heritage.



Department of Chemistry

World Environment day Celebration

In observance of World Environment Day on June 5, 2024, the Department of Chemistry organized a tree plantation ceremony in front of the Chemistry Department. The event, spearheaded by the Science Club, aimed to raise awareness about environmental conservation and promote sustainable practices within the campus community. The programme started at 1.00 pm. The Welcome speech was given by Dr. Jyothi P., Associate Professor and Head, Department of Chemistry. The theme of this year for the World Environment Day 'Land restoration, stopping desertification and building drought resilience'. Following the speech of Dr Jyothi P, she led the tree plantation ceremony by planting the first sapling in front of the Chemistry Department. This symbolic act marked the beginning of a series of tree plantation activities planned for the day. Students, faculty members, and staff actively participated in the ceremony, planting a variety of indigenous trees and shrubs. The collective effort aimed to enhance the green cover on the campus and create a healthier environment.



Restore the Earth: Combat Desertification and Build Drought Resilience

On June 5, 2024, the Department of Chemistry, in collaboration with the Science Club, celebrated World Environment Day with a series of educational and creative activities. The theme for this year, "Land restoration, stopping desertification and building drought resilience" guided the day's events, including an awareness class and a poster-making competition. The event commenced with a welcome address by Dr. Jyothi P, Head of the Department of Chemistry. She highlighted the importance of World Environment Day and the theme "Land restoration, stopping desertification and building drought resilience" emphasizing the role of educational institutions in promoting environmental awareness. The main event was a detailed presentation on the theme "Land restoration, stopping desertification and building drought resilience" Delivered by Jabin shabanu and Muhsina K, M.Sc. Chemistry second year students, the presentation covered various aspects of environmental restoration, including reforestation, conservation of biodiversity, and sustainable practices. Following the presentation, students participated in a poster-making competition centred on the theme "Land restoration, stopping desertification and building drought resilience" The competition aimed to encourage creativity and expression among students while spreading awareness about environmental issues. The programme was coordinated by Mrs. Suhada K.M and Dr. Jamsheena V. Assistant Professors and Science Club coordinators, KAHM Unity Women's College, Manjeri. The programme came to an end at 3.40 pm.



Department of Malayalam

Trekking to Unity Hills: A Journey Towards Environmental Awareness

On June 14, 2024, the Department of Malayalam at K.A.H.M Unity Women's College, Manjeri, organized a trekking expedition to Unity Hills in collaboration with the college's Adventure Club. Led by Noushad Ali P.K.(Co ordinator, adventure club)and Mahmood Minhaj (Department of Arabic)Dr. Hikmathulla V., Arifa Beegum, (Department of Malayalam) , the trek aimed to provide students with a unique learning experience while fostering a deeper appreciation for environmental conservation.The trek served a dual purpose. It offered students a chance to challenge themselves physically and connect with nature, promoting a sense of well-being and camaraderie. More importantly, the trek served as a platform to raise awareness about the importance of environmental conservation. Surrounded by the natural beauty of Unity Hills, students were able to directly observe the delicate balance of the ecosystem.This firsthand experience likely prompted discussions amongst the participants about the threats our environment faces and the responsibility we all share in protecting it.Through this initiative, the Department of Malayalam and the Adventure Club successfully combined academic pursuits with environmental consciousness. The trek provided students with a memorable experience that transcended traditional classroom learning, fostering a connection with nature and a commitment to its preservation. This collaborative effort paves the way for future endeavors that promote environmental stewardship amongst the college community.



Reading Day Celebration

TheDepartment of Malayalam of KAHM Unity Women's College, Manjeri, organized a Reading Day celebration on June 19, 2024, at 10:30 AM in the seminar hall. The event aimed to promote the importance of reading and encourage students to develop a lifelong habit of reading.The program was inaugurated by the esteemed Principal of Unity Women's College,prof. Dr.Muhammed Basheer Ummathoor, who spoke about the benefits of reading and the changes coused due to lack of reading habits in this e-world The event commenced with a warm welcome speech by Diya, a second-semester student, who eloquently expressed the significance of reading and the positive impact it has on personal growth and academic excellence.The chief guest for the occasion was Mr. Sharafudheen AK Assistant professor malayalam from Noble Women's College, Manjeri. He encouraged the students to embrace reading not just as a hobby but as a fundamental part of their lives.The event concluded with a vote of thanks delivered by Ms. Arifa Beegum , Assistant Professor in the Malayalam





PG and Research department of English in collaboration with Malayalam department conducted An interdisciplinary talk by Dr. Hikmathullah V, Assistant Professor on the title "Kuttipuram Bridge versus Kuttipuram Palam : Nitty-Gritty of Translations" which explored the nuances in translating Edasseri's work. It highlighted how cultural context, linguistic subtleties, and idiomatic expressions impact the translation process, revealing the challenges and intricacies in maintaining the original essence and poetic beauty. The program was coordinated by Reena C M on 28/06/2024 for the students of 2nd sem BSc Maths and 2nd sem BSc Chemistry.



Department of Computer Science

Alumni Lecture Series Season 3– Lecture 1 on "Teaching VS. IT careers"

The PG Department of Computer Science organized Alumni Lecture Series Season 3 – Lecture 1 on the topic "Teaching vs. IT careerz" on 28th June 2024 at 2:00 PM at final Year computer science class room. The Program was coordinated by Mrs. Jashira (Assistant Professor (ad hoc), PG Department of Computer Science). Mrs. Maimoona KP (Assistant professor(Unity Womens College) and Former Software Developer at sathwic Consulting, Infopark, Kochi), 2013 – 16 BSc Computer Science Alumna was the resource person. In the session, she covered various aspects of teaching and IT careers, as this can indeed be confusing for IT graduates. Understanding the pros and cons in detail can help in making informed career decisions.



Department of Home Science

World Environment Day Celebration -'Green Kitchen Initiative'.

The PG Department of Home Science observed World Environment Day on 05th June 2024 by organizing an event named 'Green Kitchen Initiative'. This initiative aimed to promote sustainable living practices and environmental awareness through the activities of sowing vegetable seeds and planting ornamental plants. The Principal, Prof. (Dr). Muhammed Basheer Ummathur sowed the seeds of tomato, green chilli and spinach in specially prepared grow bags. Teachers and some students also sowed the seeds in grow bags. A colourful ornamental plant was planted to beautify the department surroundings. The Principal, in his talk, encouraged the students to cultivate their own food, reducing dependence on external food sources and fostering a more sustainable lifestyle. This activity highlighted the sustainable gardening practices. The faculty and student coordinators for the programme were Ms. Bushaira V, Assistant Professor (Adhoc), and Ms. Risvana P, IVth Semester M.Sc. Home Science (Nutrition and Dietetics).





Webinar On Nutrical



The PG Department of Home Science, in collaboration with NSR Nutri Edu Tech Solutions (P) Ltd., conducted an online webinar on 'NutriCal" on 14th June 2024.The resource person was Nikesh Kumar Jain, Co-founder & Head of Innovation & Technology, NSR NutriEduTech Solutions Pvt. Ltd. He holds a Masters in Dietetics & Applied Nutrition from Manipal University, and a Certified Diabetic Educator. The students learned about the NutriCal app, which can be used by the Dietitians, nutritionists and Research scholars for the calculation of nutrients in the food. The II sem. MSc Home Science (Nutrition and Dietetics) students participated in the programme. The student coordinator, Ms.Hiba Naser of II sem. MSc Home Science (Nutrition and Dietetics) and the faculty coordinator, Ms. Shahla Karuthedath coordinated the programme

Visit To Oriental School Of Hotel Management, Wayanad





On 20th June 2024, the students of MSc Home Science (Nutrition & Dietetics) visited Oriental School of Hotel Management in Lakkidi, Wayanad, as part of their curriculum. The objective of the visit was to provide students with practical insights into culinary practices, food service management, and hospitality operations, which are relevant to their studies in food service management. An orientation was conducted by Training and Placement Officer, Mr. Ranjith Balaram who provided an overview of the institute's facilities and curriculum offerings. He also discussed the career opportunities in hotel management and introduced students who have successfully secured placements. During the visit, students engaged in interactive sessions with faculty and fellow students at the institution. They observed practical demonstrations in the labs, learning about food preparation techniques, hygiene standards, facility planning, advanced food production, front office operations, front office management and quality food production. Students had the opportunity to explore various departments of the institution, including kitchens, dining areas, library and classrooms equipped with modern culinary technology. A total of 31 students from the 4th and 2nd semesters of M.Sc. Home Science - Nutrition and Dietetics, accompanied by two faculty members Ms. Bushaira. V and Ms. Loosiya. KP (Assistant Professors Adhoc, PG Dept. of Home Science) participated in the visit.

Pothichoru



The UG and PG Students of the Home Science Department donated 'Pothichoru' (packed lunches) to Shalom Matha Bhavan, Cherani, Manjeri on 25th June 2024. It was implemented as a community welfare programme with a motive to distribute 'Pothichoru' to Shalomatha Bhavan, a home for mentally ill and destitute women. A total of 20 packed lunches were donated. Ms. Loosiya KP, (Assistant Professor Adhoc, PG Dept. of Home Science) and Ms.Nada Musthafa (2nd Sem MSc Home Science - Nutrition & Dietetics) were the faculty and student coordinators, respectively.

International Yoga Day Celebration

International Yoga Day is celebrated annually on June 21st as a global observance promoting well-being. This worldwide movement acknowledges the ancient Indian art of yoga and its profound effects on mental, physical, and spiritual well-being, transcending cultural and geographic boundaries. The PG Department of Home Science celebrated International Yoga Day on June 21, 2024, with the aim of introducing students to the physical and mental benefits of yoga and encouraging them to incorporate yoga into their daily lives. The event also aimed to cultivate awareness and appreciation of yoga as a pathway to achieve a balanced and healthy lifestyle among students.The session was conducted by Lt. Loosiya KP, Assistant Professor (Adhoc), who guided students through various yoga asanas such as Tadasana, Vriksasana, Trikonasana, Bhujangasana, Halasana, Vakrasana, etc. Additionally, students learned breathing techniques including Pranayama and Kapalabhati, emphasizing the role of yoga in stress reduction, improving flexibility, and enhancing overall mental and physical health. The session was held at the CH auditorium, where around a total of 50 students from the 2nd Sem BSc FCS and the 2nd and 4th Sem MSc Home Science participated enthusiastically. Lt. Loosiya KP, Assistant Professor Adhoc, and Ms. Shameena CT (4th Sem MSc Home Science – Nutrition and Dietetics) served as the faculty and student coordinators, respectively.



Flight Kitchen Visit

The students of MSc Home Science (Nutrition and Dietetics) visited the Casino Air Caterers and Flight Services (CAFS), Karipur, Malappuram on 24th June 2024. Around 35 students participated in the visit. The main objective of the visit was to provide recent advancements in food administration of flight kitchens and to enable the students to interact with industries and know more about the industrial work environment. The students visited all the departments of the kitchen including the receiving department, store room for perishable and non-perishable foods, cutting area, cooking area, setting area, cleaning area and loading bay, etc. They facilitate various domestic and international flights like Indigo, Jet Airways, Air India etc. The organization has a laboratory for microbial analysis of food items for maintaining hygiene standards. It was a great learning experience for the students to know the work culture and different codes in food organization, where food safety and sanitation has always been of prior importance. The visit was organized by the student coordinator, Mrs. Hiba Naser, II sem. MSc. Nutrition and Dietetics and the faculty coordinator, Mrs. Shahla Karuthedath.



Department of English

Integrating Technology For Advanced Learning

Fourth semester MA English students prepared video lessons based on their semester seminar topics with the help of Microsoft Flipgrid, under the guidance of Dr. Shahina Mol A K, Head, Department of English. The interactive video room was made available for all students in the classroom, in order to ensure engaging curricular practice with the help of ICT tools.

Flipgrid - Online Video Discussion Room By MA Students

Select students of MA English second semester created their curricular based short videos in their Flipgrid discussion room with the guidance of Dr. Shahina Mol A K, Head, Department of English. The discussion room enhances technology assisted learning and helps students to embrace advanced ICT tools for learning along with improving their skills in presentation and research.

Department of Botany

Environment Day Celebration



The Bhoomithrasena Club and the Department of Botany, KAHM Unity Women's College, Manjeri in association with Friends of Nature NGO, Malappuram, observed the World Environment Day celebration on 5th June 2024 at the college campus. The event commenced with the inauguration of the Bhoomithrasena Club's activities for the academic year 2024-2025 by Mr Badusha S, Secretary of Friends of Nature, who also conducted an environmental awareness session for the students. Principal Prof. (Dr.) Muhammed Basheer Ummathur inaugurated the statewide campaign program of Friends of Nature for the academic year 2024-2025. College Manager Er. O. Abdul Ali and Dr. Usman A., HOD, Dept. of Botany graced the occasion with a felicitating address, acknowledging the collaborative efforts of Bhoomithrasena Club, Department of Botany, and Friends of Nature in fostering environmental consciousness. The celebration concluded with a green pledge taken by all participants, reinforcing their dedication to environmental protection. In addition, the event included the ceremonial planting of a jackfruit tree in the campus, symbolizing a commitment to nurturing nature and enhancing the green cover of the college. The program was coordinated by Dr. Faseela P, Assistant Professor in the Department of Botany, and Sana V (4th semester BSc Botany).

Alumni Talk 1 and Book 'Tharattu' Release



On June 13, 2024, Ms. Sudheesha K., Assistant Professor Ad-Hoc, and student coordinator Sreena N. coordinated the first lecture of the Alumni Lecture Series 2024, featuring Aswathy Dileep, a graduate of the 2013-2016 B.Sc. Botany batch and now a writer. Aswathy presented her book 'Tharattu' which focuses on her pregnancy experience over 10 chapters, detailing the journey and emotion a woman undergoes during the pregnancy period. This lecture provided a unique perspective on women's experiences and highlighted the diverse paths alumni can take after their studies.

Experiential trip to Kadalundi Bird Sanctuary, Malappuram, Kerala



P. G. Department of Botany conducted an experiential trip to Kadalundi Bird Sanctuary for students of Second Semester MSc Botany on 10th June 2024. The primary objective of the visit was to study the diverse bird species that inhabit the sanctuary and learn about the features and importance of preserving such ecological hotspots. Natives provided informative sessions on the ecological importance of the sanctuary by highlighting the role of mangroves in protecting coastal areas and sustaining marine biodiversity. The participants had the opportunity to interact with researchers and conservationists who shared their experiences in studying and protecting avian species and their habitats. Discussions emphasized the need for conservation efforts to preserve not only the bird species but also the fragile ecosystems they depend on. Students meticulously observed various species of mangroves present in the sanctuary such as Rhizophora mucronata, Avicennia marina, Bruguiera cylindrica etc. and familiarized the adaptations of mangroves in halophytic habitats. The visit to Kadalundi Bird Sanctuary was coordinated by Sudheesha K (Assistant Professor Adhoc), Surya EV (Assistant Professor Adhoc) and Farhana Hiba (Second Semester MSc Botany).

Visit to ICAR-IISR, Calicut, Kerala by PG Department of Botany

On 10th June 2024, PG Department of Botany organized an experiential visit to Indian Institute of Spices Research (ICAR-IISR), Calicut, Kerala. The objective of the visit was to gain insights into research activities, innovations in spice cultivation and processing, and their contribution to the spice industry. The institute plays a crucial role in advancing research and development (R&D) initiatives aimed at improving the productivity, quality and sustainability of spice crops. The director of the institute provided an overview of the importance of cultivation, breeding and disease management practices of spices and highlighted the role of spices in the Indian economy and global market. Discussions on the integration of digital technologies and precision agriculture techniques sparked interest among students in the potential for innovation in agriculture. Interactive sessions with researchers and scientists allowed students to ask questions and gain firsthand knowledge about career opportunities in agricultural research. Demonstrations of field experiments and controlled environment agriculture techniques provided practical insights into experimental design and data collection methods. The visit to the Spices Research Institute was highly informative and educational for students and provided a comprehensive understanding of the critical role of scientific research in addressing challenges and driving innovation in the spice industry. The visit was coordinated by Sudheesha K (Assistant Professor Adhoc), Surya EV (Assistant Professor Adhoc) and Farhana Hiba (Second Semester MSc Botany).



Department of History

Training Session on SWAYAM Online Courses

The Department of History,vKAHM Unity Women's College Manjeri organized a training session on SWAYAM Online Courses for the second year BA History students. The session which was held on 24 June 2024 at 10:40 AM in the Association Hall was handled by Haris Ummath, Assistant Professor of Computer Science. Mr. Ummath began his presentation with a comprehensive introduction to SWAYAM (Study Webs of Active Learning for Young Aspiring Minds), detailing its inception by the Government of India to promote digital learning. He emphasized the significance of SWAYAM as a revolutionary platform providing free access to a plethora of courses across various disciplines, aiming to bridge the digital divide and make quality education accessible to all. Haris Ummath also pointed out the interactive nature of SWAYAM courses, which include video lectures, reading materials, quizzes, and discussion forums, fostering a holistic and engaging learning experience. He concluded by discussing the certification process, where students can earn certificates upon successful completion of courses, and how these certifications can add value to their resumes and aid in career advancement. Jaseena C, Assistant Professor of History, welcomed the guest and the audience, while Munjiya proposed vote of appreciation.



NSS

World Environment Day Celebrations and Awareness Class by NSS.

On June 5th and 6th, 2024, the NSS units of K.A.H.M. Unity Women's College, Manjeri, organized a series of events to observe the World Environment Day. The festivities commenced with a solemn inauguration ceremony on June 5th, where Principal Prof. (Dr.) Muhammed Basheer Ummathur set the tone by planting a tree, symbolizing our commitment to nurturing and preserving the environment. The occasion was graced by the presence of College Manager Er. O. Abdul Ali,who delivered an inspiring address, emphasizing the importance of environmental stewardship.Continuing the spirit of celebration, a green pledge was taken by all participants, reaffirming their dedication to sustainable living and environmental conservation. Dr. Faseela from the Department of Botany and Dr. Siddiqe P from the Department of English lent their support to the event, highlighting the interdisciplinary nature of environmental concerns and the imperative for collective action. Dr. Hikmathulla. V, the program officer, along with volunteer secretaries Fathima Rasha, Hana Fathima, Fathima Hashim, Najiya Thasni, Dilsha, Devi Sree, Riya, and Dilna, also addressed the gathering.The festivities culminated in an enlightening awareness class on June 6th, led by Dr. Faseela P, Assistant Professor in the Department of Botany. Held in the college's seminar hall, the session provided a platform for students to delve into the complexities of environmental issues and explore potential solutions. Dr. Faseela's insightful discourse undoubtedly ignited a sense of responsibility and empowered the attendees to become agents of positive change in their communities.Overall, the World Environment Day celebrations and awareness class at K.A.H.M. Unity Women's College served as a poignant reminder of the interconnectedness between human well-being and environmental health, urging us all to embrace sustainable practices and champion the cause of environmental conservation.



Elder Abuse Awareness Day Program

On June 13, 2024, at the Town Hall in Manjeri, a comprehensive awareness program was held to observe World Elder Abuse Awareness Day, which is globally recognized on June 15th. This event was organized collaboratively by the Manjeri Municipality, Kerala Social Security Mission's Vayomitram Project, and the National Service Scheme units of Manjeri K.A.H.M. Unity Women's College. The Manjeri Municipality Chairperson inaugurated the program, which featured a detailed legal awareness class on the Maintenance and Welfare of Parents and Senior Citizens Act, 2007, and an interaction with the Community Police team, who explained crimes against elders and ways to prevent them. Cultural programs, including folk songs and dances, conveyed important messages to the public. The program aimed to raise community awareness about elder abuse, reduce intergenerational conflicts, and promote a senior-friendly environment at home and in society.



Yoga Day

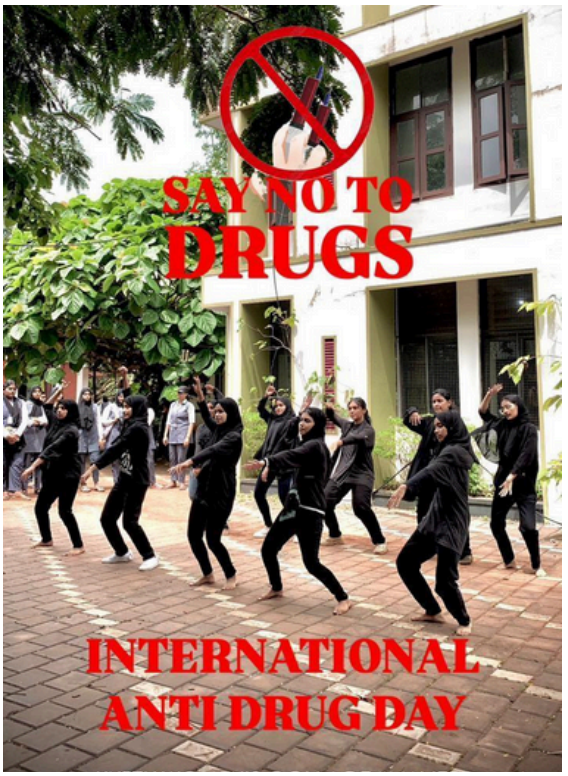


Library Cleaning



On June 15, 2024, the NSS units 008 and 171 of KAHM Unity Women's College, Manjeri, conducted a library cleaning as part of their social service activities. The program, which began at 9:30 AM, took place at the Shihab Thangal Library and Information Centre, housed in a separate multi-facility building covering 464.5 sq.m (5000 square feet). The library holds a collection of 21,071 volumes and subscribes to 86 periodicals annually. Fifty volunteers participated, divided into ten groups of five, each assigned a specific area to clean. They worked diligently, cleaning and arranging over 22,000 books on the racks, demonstrating active participation and perseverance. The program was led by secretaries Ms. Hana Fathima, Ms. Sadhiya, and Ms. Fathima Rasha, with assistance and guidance from library staff members Mr. Yousuf, Mr. Younus, and Mr. Koyakutti. The principal, Dr. Mohammed Basheer Ummathur, was present and expressed his appreciation to the students for their efforts.

NSS Observes International Day Against Drug Abuse



On June 26, 2024, the National Service Scheme (NSS) units of Manjeri K.A.H.M Unity Women's College organized a successful program to raise awareness about drug addiction in observance of the International Day Against Drug Abuse. The event commenced with an inaugural address by Dr. Muhammed Basheer Ummathur, Principal of the College, who emphasized the significance of International Drug Abuse Day and highlighted the institution's commitment to combating drug abuse in the community. Fathima Hana, NSS volunteer Secretary, welcomed all attendees to the program.NSS Program Officer Dr. Jasna V.C. delivered an informative session on current drug abuse trends, their devastating impact on individuals and society, and effective preventive measures. This session aimed to educate and empower attendees to make informed choices and promote a drug-free lifestyle. NSS volunteers then presented a captivating skit depicting real-life scenarios related to drug abuse, focusing on the consequences of addiction and the importance of seeking help through prevention and rehabilitation programs. This was followed by a high-energy flash mob performance that creatively reinforced the program's message.The event concluded with a solemn Anti-Drug Pledge ceremony, during which attendees took a pledge to abstain from drugs and actively spread awareness about the dangers of substance abuse in their communities.

NCC

Combined Annual Training Camp(CATC CAMP)



Combined Annual Training Camp is a compulsory ten-day camp conducted for all the cadets every year by unit or battalion for eligibility to write the (A, B, C) NCC examinations. These camps are held within the state under the aegis of respective NCC Directorates. 35 second-year NCC cadets attended the CATC from 10th to 19th June, 2024 conducted by 9 K Girls Battalion NCC Headquarters, Calicut. The basic aim of this camp is to introduce cadets to a regimented way of life and help in developing camaraderie, team work, leadership qualities, self-confidence, self-reliance and dignity of labour in the cadets. The camp focused on teaching both theoretical and practical subjects and learning NCC and general knowledge.

World Environment Day - Tree Plantation And Campus Cleaning



The NCC unit of KAHM Unity Women's College, Manjeri, observed World Environment Day on June 5, 2024. The event aimed to raise awareness about environmental protection and promote sustainable practices among the college community. ANO Lt. Loosiya K.P. delivered the welcome speech, highlighting the importance of planting trees. The College Principal, Prof. (Dr.) Muhammed Basheer Ummathur, emphasized the significance of World Environment Day and inspired the cadets to take action to protect the environment. He also planted an almond tree near the college's main gate. The cadets participated in cleaning the college campus, with a total of 20 cadets taking part in the programme. The event inspired them to take small steps towards a more sustainable future. The programme was coordinated by Lt. Loosiya K.P., ANO (Assistant Professor Adhoc, PG Dept. of Home Science), and UO Asna Sherin (V Sem B.Sc Mathematics).

International Yoga Day



The NCC Army Wing of KAHM Unity Women's College, Manjeri, under the 9 (K) Girls Battalion NCC, Kozhikode, celebrated International Yoga Day on Friday, June 21st, from 8:15 am to 9:30 am in the College CH Auditorium. The session, led by Associate NCC Officer Lt. Loosiya K.P., marked the 10th International Day of Yoga with the theme 'Yoga for Self and Society,' emphasizing yoga's dual benefits for personal well-being and societal improvement. Lt. Loosiya K.P. demonstrated various asanas, including Pranayama, Kapalabhati, Tadasana, Trikonasana, Vriksasana, Vakrasana, Bhujangasana, Chakrasana, Halasana, Savasana, and Suryanamaskar. The session highlighted the importance of balance in modern life, promoting physical, mental, and spiritual harmony, stress reduction, and overall health. Thirty-five cadets actively participated. The programme was coordinated by Lt. Loosiya K.P. and CPL Sreelaya N.C. (4th Sem BA English).

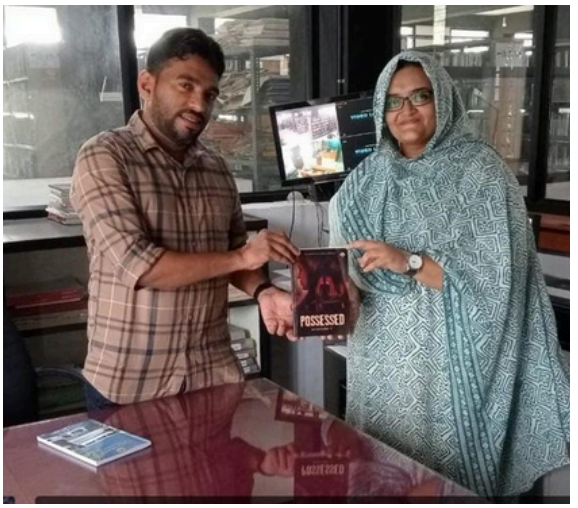
Avesham 2.0 Mini Marathon



Manjeri Municipality organized a mini-marathon on 29th June 2024 on the theme 'My surroundings are beautiful'. The run aimed to raise awareness about the importance of cleanliness and waste disposal and to promote green initiatives and community involvement in maintaining a clean environment. The mini marathon was flagged off by the Honourable Malappuram District Collector, Mr. V.R. Vinod. In his address, he encouraged participants to take responsibility for their surroundings and contribute to a beautiful and sustainable community. The run started from Chullakad School and ended at the IGBT Bus Stand in Kacheripadi, Manjeri. Over 500 participants from various departments, schools, collegesand associations took part in the event. Manjeri Municipality Chairperson Mrs. VM Subaida and MLA Adv. UA. Latheef emphasized the importance of cleaning home surroundings, cities, and nature. All participants took a pledge to maintain cleanliness and proper waste disposal, led by the district collector. A total of 31 cadets participated in the mini-marathon. The event successfully promoted the importance of cleanliness and waste management among cadets. ANO Lt. Loosiya. KP, and CPL Sreelaya. NC (IV Sem BA History) coordinated the cadets.

Library

Shafeeda T, Unity Women's College Alumna, Gifts Debut Book to Shihab Thangal Library.



Shafeeda T, an alumna of Korambayil Ahamed Haji Memorial Unity Women's College, gifted her debut book titled ' Possessed ' to the Shihab Thangal Library. The work, marking her entrance into the literary world, holds promise as a compelling addition to the library's collection.The action underscores Shafeeda's commitment to both her alma mater and the broader community, fostering a culture of literacy-sharing creativity. Shafeeda's act of philanthropy serves as an inspiration for aspiring writers and underlines the importance of giving back to educational institutions and public spaces.

National Reading Day/Week 2024 Celebration



The Shihab Thangal Library and Information Centre, in collaboration with the Readers Forum and Library Literary Club, organized the National Reading Day/Week 2024 celebration at KAHM Unity Women's College, Manjeri, on 19th June 2024 at 10 AM in the AC Seminar Hall. The event successfully underscored the importance of reading for personal and academic development, leaving a lasting impact on all attendees. Prof. (Dr.) Muhammed Basheer Ummathur, the College Principal, delivered the inaugural address, which was followed by a reading pledge that reinforced the commitment to reading. His speech highlighted the transformative power of reading and libraries' significant role in education. Prof. Ummathur also declared Ms. Fathima Thasni K, a 2nd-year BA History student, as the Best Reader of the Year 2023-24, recognizing her outstanding dedication to reading. Dr. Hikmathulla V, Head of the Department of Malayalam, delivered an inspiring message on the importance of reading and its role in exploring various life experiences. He emphasized the contributions of Malayalam literature to the global literary landscape, encouraging students to delve into their rich literary heritage.A Book Review Competition, a significant event aimed at fostering reading habits among students, was also announced by the Shihab Thangal Library and Information Centre during the function. The program began with a welcome speech by Mr. Yunus TP, UGC Librarian, followed by the presidential address by Mr. Sidhique P, Coordinator of the Readers Forum and Library Literary Club. The event concluded with a vote of thanks by Omniyah, the Student Convenor of the Readers Forum

Student's Achievements

- Shihab Thangal Library and Information Centre awarded the title of Best Reader of the Year 2023 to **Ms. Fathima Thasni K**, a second-year BA History student. The announcement was made by Prof. Dr. Muhammed Basheer Ummathur, the Principal, during the inauguration of the Reading Day celebration on June 19, 2024.



- **Ms. Rashida Banu P P**, M Sc Home Science (Nutrition & Dietetics) of 2021-2023 batch received the Topper award from the Vice Chancellor, University of Calicut, during the Toppers Award Ceremony held on 16th March 2024 at the EMS Seminar Complex, University of Calicut.



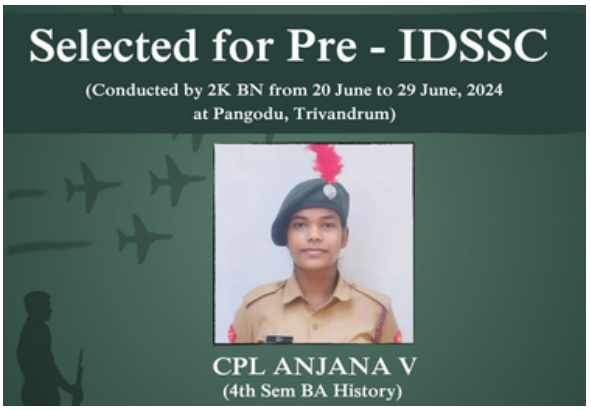
- **Fatima shirin M** and **Laekha Parveen P P** (MSc Chemistry 2021-23) and **Jamshiya Sulthana** and **Raniya TM** (BSc Chemistry 2019-22) have successfully cleared the GATE-2024 exam



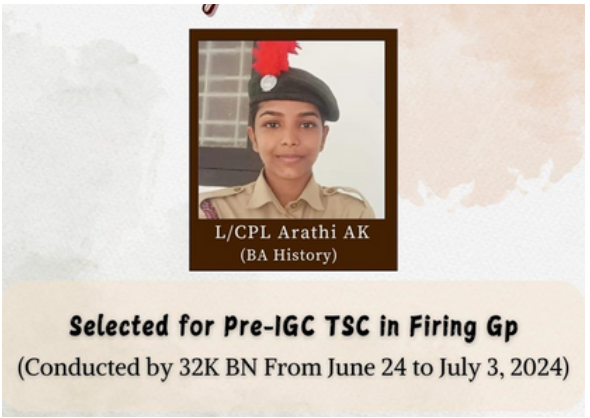
- **Dilna PP, Shameema AK** and **Sharban C** (BSc Botany 2021-24 Batch) has qualified Calicut University Common Admission Test CUCAT 2024 Entrance Examination with 3rd, 7th and 9th Ranks, respectively.



- **CPL Anjana V** (IV Sem BA History) attended the Pre-Inter Directorate Sports Shooting Competition (Pre-IDSSC) conducted by 2K BN Pangodu, Trivandrum from 20th June to 29th June 2024.



- **L/CPL Arathi AK** (IV Sem BA History) attended Pre Inter Group TSC (Pre-IGC TSC) in the firing group conducted by 32K BN, from 24th June to 3rd July 2024.



Teachers' Credentials

- **Principal Prof. (Dr.) Muhammed Basheer Ummathur** served as Higher Education Expert in the Selection Committee for the Screening and Evaluation of Principal at AIWA College, Mongam, on 15th June 2024.

Ashitha PA, Department of Mathematics

- Attended the Workshop on "FYUGP: Math Major with all different pathways" on 19th June 2024 organized by the Post Graduate Department of Mathematics, Sullamussalam Science College, Areekode.
- Attended Faculty Development Program - Workshop on Time Table Creation Software FET organized by NSS Training College, Ottapalam on 12th June 2024.
- **Mrs. Saleena M., L.D. Store Keeper**, K.A.H.M. Unity Women's College, Manjeri participated in the Administrative Staff Training Program on the topic "Mop & Office Procedures" at Marthoma College, Chungathara on 15th June,2024.

- **Mr. Sidhique P, Assistant Professor Department of English**, conducted a workshop titled "Language Labyrinth :Navigate English with ease" at Bhukhar Dawa College, Kondotty, on June 12, 2024.



- **Bajeel P N, Department of Mathematics** attended the Workshop on "FYUGP: Math Major with all different pathways" on 19th June 2024 organized by the Post Graduate Department of Mathematics, Sullamussalam Science College, Areekode.



- **Dr. Shahina Mol A K, Head, Department of English**
- Nominated as governing body member of CH Muhammed Koya Chair of studies on Developing Societies, University of Calicut.
- Delivered the keynote address titled, "Achieving Your Dream Career", on 7 June 2024, for the winners of Plus two, SSLC and other competitive examinations and for their parents, at Anakkayam Panchayath. The event was conducted by Mukti, an organisation for social upliftment in Anakkayam, Malappuram District.



- Delivered a session on "Higher education pathways to the winners of SSLC and Plus Two", at Makkaraparamba Panchayath on 2 June 2024. The programme was organised by the elected Committee of Ward II, under the coordinatorship of Ward member.



- Attended the meeting of governing body members of CH Muhammad Koya Chair for Studies on Developing Societies, University of Calicut on 15 June 2024, held at Syndicate conference room, University of Calicut.



- Completed four-month certificate course on PRP mentoring offered by Kaisan institute in collaboration with Nilgiri College of Arts and Science, Thaloor, Tamilnadu. She attended a one-day session for PRP mentors, held at Nilgiri College of Arts and Science Thaloor, Tamilnadu on 22 June 2024.



- Attended 5 Days National level Faculty Workshop cum Faculty Recharge Program on Innovative Teaching Strategies and Tools in the Digital Age, conducted by Progrezz Academic Training and Research Institute, Tamilnadu from 19 June 2024 to 23 June 2024.

Dr. Hikmathulla V. Assistant Professor, Department of Malayalam

- Served as subject expert in the interview board of High school assistant in Malayalam on 01.06.2024 at Markazul uloom English school ,Ekkaparambu,Kondotty,affiliated to CBSE,Delhi.
- Inaugurated Sahityasamajam and delivered an invited talk at Ilahiya College ,Thirurkad on 08.06.2024.



- Inaugurated the new Readers' Club at MES Science College in Angadipuram, Perinthalmanna, on June 19, 2024. The event, held in the AV Hall, was part of National Reading Day programs. He delivered a lecture on the importance of reading. The program was conducted by the Department of Journalism, Library, and Cultural Forum Vedi



- Delivered a Lecture on the Importance of Reading at the Reading day program conducted by the Department of Languages and Library ,PPTM Arts and Science College, Cherur, Vengara on 20.06.2024



- Delivered a Lecture on the Vayanayile Puthumakal at the writing workshop day conducted by the Thanima Kala Sahithyavedi ,Kerala at Kondotty on 29.06.2024



- Delivered a lecture on Kavalam Narayana Panicker In the webinar titled "Remembering Vishwakalaakaaran: A Tribute by Friends and Disciples" , which was held on June 26, 2024, to commemorate the 8th death anniversary of the legendary Malayalam playwright, poet, lyricist, and dramatist, Padma Vibhushan Kavalam Narayana Panicker.
- Delivered an invited talk on 'Vayana Varaghosham' organized by Dept. of Malayalam, Sullamussalam Arabic College, Areekode, on 25.06.2024.



- Delivered an inspiring message on the importance of reading and its role in promoting and exploring various life experiences. He also highlighted the contributions of Malayalam literature to the global literary landscape, encouraging students to explore their rich literary heritage.



Dr. Faseela P, Department of Botany

- Attended Faculty Development Program - Workshop on Time Table Creation Software FET organized by NSS Training College, Ottapalam on 12th June 2024.



- Participated in the Online Workshop on Data Analytics and AI organized by Centre for Computer Science and Information Technology (CCSIT), Manjeri, University of Calicut in association with IPSR solutions limited on 15th June 2024.



- **Mr. Shabeermon M, Assistant Professor of Hstory**, completed the NEP 2020 Orientation & Sensitization Programme under Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC) Organized by MMTTC, Kannur University from 21.05.2024 to 30.05.2024.



- **Ms. Vineetha M.K**. bagged special consolation prize in the On-the-Spot Translation Contest for Students and Research Scholars organised by the Department of English , University of Calicut on 7 March, 2024. The Awards were distributed in June.

Department of Commerce

Visualising data insights: workshop on spss

Inorder to enhance data analytical skills and research skills along with data driven decision making and hypothesis testing a work shop on SPSS Software was conducted by the PG department of Commerce named Visualising data insights on 23/06/2024. Ms Sarithambika, Assistant professor, Lead college of management, Palakkad was the resource person. The programme was scheduled in google meet. The work shop was designed in such a manner where the participants get the opportunity to work on their own projects and they receive guidance and feedback from the expert without any delay.The resource person used the data collected by the students for demonstration which helped the students to get in -depth knowledge in data driven decision making and hypothesis testing. All the students demonstrated the data analysis and cleared their doubts through sharing their screen. The workshop was coordinated by Sumayya NT (fourth semester Mcom) and Shiyana EK (Assistant professor –adhoc) from department of commerce.



PG Department of Commerce conducted a photography contest on 6th June 2024 as a part of celebrating Environment day. The event aimed to explore nature through the power of visual story telling and enhance their aesthetic sence.20 students from different classes participated in the competition. Ayisha P. V 2nd Semester B.Com Computer Application secured the First place. Ms. Shiyana. E. K and Rahiya thasneem. P. P (Assistant Professor Adhoc) and Minsha. C (4th semester B.Com Computer Application) coordinated the event.



Green Campus: Towards Sustainable Campus and Environment

PG Department of Commerce, KAHM Unity Women's College, conducted a programme on "Green Campus: Towards Sustainable Campus and Environment" as part of the Commerce Association Programme on 13.06.2024 in the College Campus. The event aimed to foster a culture of sustainability and environmental consciousness within the commerce students. The event began with the planting of saplings in the college campus. Students and staff actively participated in this activity, contributing to the beautification and greening of the campus environment. The event featured an interactive session with Dr. Deepa P, and Sudheesha K, Assistant Professors from Department of Botany. A slogan writing competition was organized to engage students creatively and raise awareness about environmental issues. Participants came up with inspiring and thought-provoking slogans that highlighted the importance of a sustainable campus and environmental conservation. The competition aimed to foster a sense of responsibility and encourage students to think critically about sustainability. Jasna Sherin K, a 2nd Semester B. Com Co-operation student, emerged as the winner of this competition, impressing everyone with her impactful slogan. The programme was co-ordinated by Nitha Fathima V (Association Secretary), 4th Semester B.Com Co-operation and Haseena Jasmine C K, Assistant Professor of Commerce.



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