



**KAHM UNITY  
WOMEN'S  
COLLEGE,  
MANJERI**



# **DEPARTMENT OF PHYSICAL EDUCATION**

**K.A.H.M UNITY WOMEN'S COLLEGE, MANJERI  
NARUKARA POST, 676122  
MANJERI, MALAPPURAM**

[www.unitywomenscollege.ac.in](http://www.unitywomenscollege.ac.in) 

**Korambayil Ahamed Haji Memorial  
UNITY WOMEN'S COLLEGE MANJERI  
SILVER JUBILEE BLOCK-2016**

**DEPARTMENT AT A GLANCE**



## DEPARTMENT OF PHYSICAL EDUCATION

# Welcome Message

Welcome!

The Department of Physical Education was established in the year 1991 and has been an integral part of K.A.H.M Unity Women's College, Manjeri. A Permanent faculty named Dr. Zakir Ahamed P was appointed in the year 1993 and he was retired on march 2021. At present, Mr. Hamraz Ahamed M is the HOD of the department and was appointed on June 2022. The main aim of the department is to guide the students to participate in different sports activities; also the department is preparing teams for various levels of competitions in most of the major games and activities.





## DEPARTMENT OF PHYSICAL EDUCATION

### Our Vision

To create a dynamic and inclusive environment that empowers our students to achieve their full potential in sports and physical education.

### Our Mission

We strive to provide our students with a holistic sports experience by fostering their physical, mental and emotional well-being through rigorous training, competitive opportunities and community outreach.



## Department Objectives

- To provide high-quality sports training and education.
- To foster a culture of excellence and sportsmanship.
- To promote physical fitness and healthy lifestyle choices.
- To create opportunities for student engagement and leadership.

## Faculty Profile



**Mr. Hamraz Ahamed M.**

B.Sc, BPed, MPed, NET

AIFF D License

AIFF Referee





## **Infrastructure and Learning Resources**

- We have an Indoor Stadium with three Badminton Courts and a fitness Centre.
- We have an outdoor football field inside our campus near Indoor stadium.

## **Student and Faculty Achievements**

- Farisa Rahma of 2nd Year B.Sc Computer science student got gold medal in National Games 2025 in Kalarippayattu.
- Mufeetha k of BA English student got Bronze medal in Calicut University intercollegiate championship 2023-24.
- Mr. Hamraz Ahamed M have contributed to the construction and restructuring of the Calicut University FYUGP syllabus in Physical Education.



## Best Practice

An intercollegiate staff Badminton tournament in every year in the name of Dr. T.M Shoukathali.

## Future Plans

- Self defence academy.
- Sign a MoU with any one PSC Coaching Centre and start a fitness academy