

KAHM UNITY

WOMEN'S COLLEGE



DEPARTMENT OF PSYCHOLOGY

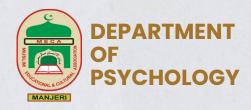
KAHM Unity Women's College Narukara Post,676122 Manjeri, Malappuram

info@unitywomenscollege.in

DEPARTMENT AT A GLANCE

Korambayil Ahan UNITY WOMEN'S

SILVER JUBI

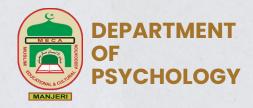


Vision

• Promote an understanding of human behaviour and optimum personality development.

Mission

- Develop personal and professional skills of women to develop society.
- Develop affective skills, sound mental health and healthy human relations.
- Provide high quality and innovative education and create good society by empowering women for better living.



DEPARTMENT HIGHLIGHTS

Well functioning Counselling Cell Spacious Psychology Lab Extension activities and Capacity building programs 10 Alumni- Central and State Universities Clinical Visits 95% average results

PROGRAMMES OFFERED

B.Sc. Psychology (CBCSS) B.Sc. Psychology (FYUGP)



PROGRAMME OUTCOMES

Critical Thinking

Problem Solving

Effective Communication

Effective Citizenship

Environment and Sustainable Development

Self-directed and Life-long Learning

Individual and Team Work

Knowledge Acquisition

Communication, Collaboration, Inclusiveness, and Leadership

B.Sc. Psychology (CBCSS)

B.Sc. Psychology (FYUGP)

Professional Skills

Digital Intelligence

Scientific Awareness and Critical Thinking

Human Values, Professional Ethics, and Societal and Environmental Responsibility

Research, Innovation, and Entrepreneurship





CERTIFICATE COURSES

Year	Course	No of Beneficiaries
	Life Skills Training	50
2023-2024	Case Analysis in Psychology Program	27
	Psychological First Aid	74
2022-2023	Learning Disability	38
	Self Development Practical	23
	The Science of Happiness	43
2021-2022	Positive Psychology	30

DEPARTMENT HIGHLIGHTS

Well functioning Counselling Cell

10 Alumni- Central and State Universities

95% average results

Extension activities and Capacity building programs

Clinical Visits

STUDENTS' PROJECT

YEAR	NO OF PROJECTS
2023-2024	11
2022-2023	7
2021-2022	29

CERTIFICATE

This is to certify that the project titled"PERCIEVED PARENTING STYLE AND SEXUAL ATTITUDE AMONG EARLY ADULTHOOD", submitted by LIDIA MUJEEB RAHIMAN(Reg. No:UTAVSPY010),DHILSHIFAP. K(Reg. No:UTAVSPY002) and AYISHA JAZA P. K(Reg. No:UTAVSPY016) in partial fulfilment of the requirement for the award of the Degree of Bachelor of Science in Psychology, KAHM Unity Women's College, is a bonafide work done under my supervision and guidance during the year 2021-24

TY WOMEN'S CO

×B/ HAJARA

Assistance Professor (Adhoe) Department of Psychology KAHM Unity Women's College, Manjeri

Place: KAHM Unity Women's College, Manjeri Date:



This is to certify that the project tided "MARITAL ADJUSTMENT AND SEXUAL SATISFACTION AMONG MARRIED ADULTS", submitted by in partial fulfilment of the requirement for the award of the Degree of Bachelor of Science in Psychology by JUSAINA K P (UTAVSPU020), FAHMIDHA K V (UTAVSPY004), SALIMA C (UTAVSPY012) is a borafide work done by student of BSc Psychology, KAHM Unity Women's college, Manjeri under my supervision and guidance during the year 2021-2024.

WITY WOMEN'S

Place: KAHM Unity Women's College, Manjeri

Mrs. Fathima Shirin.K Head of the Department (Adhoe) Department of Psychology KAHM Unity Women's College College

Date:

Manjeri



Department of Psychology KAHM Unity Women's

Manjeri

INTERNSHIPS AND FIELDWORK

Year	No of students
2023-2024	33
2022-2023	10





Thiruvananthapuram, KL, India Asistiamagalan: Oolanpara Proad, Kowdiar, Thiruvananthapuram, 695003, KL, India Lat 8.526787, Long 76, 969648 12/02/2023 05%41 AMIGMT+05130 Note: Captured by GPS Map Camera

ENROLLMENT TRENDS

SL.NO	YEAR	SANCTIONED	ADMITTED	OBC Muslim	sc	ST	General	Others
1	2019-20	45	33	2	0	0	11	20
2	2020-21	29	23	3	0	0	8	12
3	2021-22	46	38	4	0	0	13	21
4	2022-23	55	43	5	0	0	15	23
5	2023-24	55	36	5	1	0	17	14



FACULTY MEMBERS



Ms Fathima Shirin K A M.Sc., MSW



Ms Hajara M.Sc



Ms Thasneem Rahmathulla M.Sc, NET

TEACHING-LEARNING METHODOLOGIES

Participative Learning Seminar & Workshop 6 Exhibition 3 Debate 3 Competitions 3 Alumni Talk 10 Students Seminar 4

Experiential Learning	
Clinical visit	4
Study tour	4
Extension activities	5
Internship	15



CROSS CUTTING ISSUES



Department of Psychology

In collaboration with

PG Department of Psychology Govt.Arts and Science College, Mankada

Jointly organises a transgender

awareness programme 5eyond abolo

JAN 16, 2024 | 10 AM A/C SEMINAR HALL

In association with Department of



SOCIAL JUSTICE



SEMESTER V

PSY5B02 SOCIAL PSYCHOLOGY Credits : 2 48 hours

10 hours

13 hours

Objectives:

To enable the student to

- · Understand and explain behavior in social settings
- Explain the psychological aspects of various social phenomena
- To create awareness about the management of human behaviour in group settings

Module 1: Introduction to Social Psychology

Origin and Development of Social Psychology, Definition, Nature, Goal and Scope of Social Psychology, Methods of social psychology

Module 2: Social perception and Attitudes

Social Perception-Definition, Non-Verbal Communication- facial expression, gazes, stares, body language, touching, deception and micro expressions.

Attribution - Definition, Theories - Correspondence inference, Kelly's theory, Applications of attribution theory, Attribution Errors.

Attitude and behavior - Definition, nature, components, functions and formation of attitudes.

Module 3: Group, Leadership and Social Influence

Groups: nature and functions. Types and theories of leadership. Social facilitation, social loafing.

Social influence: Conformity, Factors affecting conformity. Compliance: Underlying Principles and tactics. Obedience and destructive obedience

Module 4: Interpersonal attraction and prosocial behavior

12hours

Interpersonal attraction: beginning of attraction, proximity, emotions, affiliation need. Becoming acquainted- situational determinants-Love- Triangular Model of love.

Prosocial behavior -Responding to emergency, Steps. Altruistic personality. Volunteering, Explaining prosocial behavior: Empathy altruism model, negative state relief model, empathic joy

13 hours



한 동안을 해외에서 위험을 했는 것을 수 있는 것을 수 있는 것이 없다. 것은 것이 같은 것이 같은 것이 있는 것이 나는 것이 없는 것이 없는 것이 같은 것이 없다. 것이 없는 것이 없는 것이 없는 것이 없는 것이 없는 것이 없는 것이 없다. 것이 없는 것이 없다. 것이 없는 것이 없다. 것이 없는 것이 없다. 것이 없는 것이 없다. 것이 없는 것이 있는 것이 없는 것이 않는 것이 않는 것이 않는 것이 않는 것이 않는 것이 없는 것이 않는 것이 않는 것이 않는 것이 않는 것이 않는 것이 않는 않은 것이 없는 것이 않는 것이 않은 것이 없는 것이 없는 것이 없는 것이 않는 것이 않는 것이 않는 것이 없는 것이 없는 것이 않는 것이 않는 것이 없는 것이 않는 것이 없는 것이 없는 것이 없는 것이 없는 것이 않는 것이 않 않 것이 것이 않은 것이 않는 것이 않는 것이 않는 것이 않은 것이 않는 것이 않이	
Cross cutting issues	No of courses in BSc
Professional Ethics	2
Gender	3
Human Values	3
Environment & Sustainability	1

Expert Engagements

YEAR	No of expert engagements
2023-24	8
2022-23	5
2021-22	3
2020-21	1
2019-20	1















Programs for slow and advanced Learners















Pulpatta, Kerala, India Pulpetta-Unity Rd, Pulpatta, Kerala 676517, India Lat 11.130516° Long 76.08353° 15/02/24 12:06 PM GMT +05:30







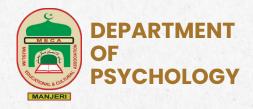
Internal Assessment Methods & Reforms

Formative Assessments

- Attendance
- Seminars
- Assignment
- PPT presentations
- Role plays

Summative Assessments

- Internal Exams
- Class test papers





Student Participation: Active

Center for Mental Health





Aslam Siddig

Clinical Psychologist

PRESENTERS :





Fathima Hiba





DILSHA FIROZKHAN Differently Abled (Mental Health of Parents)

MUHSINA Suicide Prevention

DHILSHIFA Intern Sexual Assault Awareness

FARHA Intern Maternal Mental Health

> SAMEEHA Intern Mental Health



0 7:30 PM 0

Google Meet

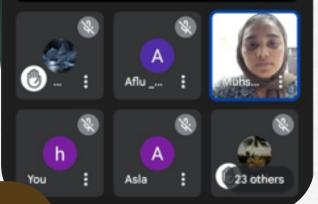
ENTRY FREE



::)

(茶)

muhsina is presenting



5 students presented their qualitative studies in an online panel discussion conducted by Psyfos Clinic, Manjeri







Il students attended a two-day International Conference on Wellness, titled 'WellCon 2024', jointly organized by Team Incubation and Farook College (Autonomous)



SEMINARS AND WORKSHOPS







Department's Excellence : Awards and Achievements

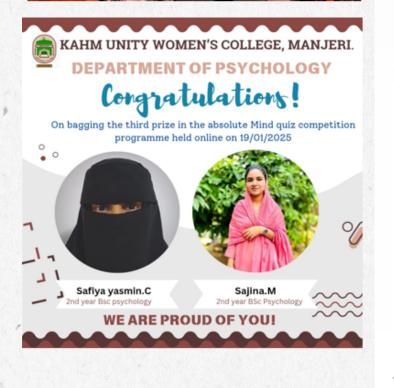
Awards/Achievements	Νο
PTA Award	Every year
Best senior NCC cadet award	1
san Mahmood Kurikkal Best Project Awa	1
Quiz Competition	2
C zone winner	1













ഡോഡു കൂടി രണ്ടാം സ്ഥാനം നേടി. യൂണിറ്റിയിലെ മൂന്നാം വർ ഷ ബിരുദ വിദ്യാർത്ഥിനികളാണ് ടീമംഗണൾ, ആര്യ കെ, മേഘ എം രാജീവ്, ദൃശ്യ പി, മഞ്ജിമ പി അഷിത കെ ,നയന മധു പി, ആകിഫ അഞ്ചു ടി, രദ്യ പി, നയന എം, എന്നീ വിദ്യാർഥികളാ ണ് ഇതിൽ പടൈട്ടത്തത്. Chandrika Edition

Jul 18, 2023 Page No. 15





COMMUNITY OUTREACH PROGRAMS

Name of the Program	Νο	KAHMUNITY WOMEN'S COLLEGE, MANJERI (Affiliated to the University of Calicut. Reaccredited by NAAC B++ Grade) Narukara P.O, Manjeri, Malappuram, Kerala, India DEPARTMENT OF PSYCHOLOGY
Buddy Project	2	BUDDY PROJECT COMMUNITY OUTREACH PROGRAM
Koode (World Disability Day)	3	22-01-2024 10:00 am CH Auditorium DR: C: P. ABOGACKER RETO CIVIL SURGEONS PHYSIATAIS Faculty co-ordinator: Faculty co-ordinator:



ാട് യൂണിറ്റി വിമൺസ് കോളജ് സൈക്കോ ഉജി ഡിപ്പാർട്ട് മെന്റിന് കിഴിൽ നടന്ന ഭിന്നശേഷി സംഗമം

യൂണിറ്റി കോളജിൽ ഭിന്നശേഷി സംഗമം

മഞ്ചേരി: ഭിന്നശേഷി കുട്ടികൾക്ക് വൈവി ധ്യമാർന്ന പരിപാടികൾക്കായി യൂണിറ്റി കോ ധൃമാർന്ന പരിപാടികൾക്കായി യൂണിറ്റി കോ ളജിൽ വേദിയൊരുക്കി. യൂണിറ്റി വിമൺസ് കോളജ് സൈക്കോളജി ഡിപ്പാർട്ട്മെന്റിന്റെ കീ ഴിലാണ് 'കൂടെ' എന്ന പേരിൽ ഭിന്നശേഷി സംഗമം സംഘടിപ്പിച്ചത്. മാനേജർ ഒ.അബ്ദുൽ അലി ഉദ്ഘാടനം ചെയ്തു. ഡോ. മുഹമ്മദ് ബഷീർ ഉമ്മത്തൂർ അധ്യക്ഷനായി. സൈ ക്കോളജി വിഭാഗം അധ്യക്ഷ ഫാത്തിമ ഷിറിൻ, ഡോ.ഷാഹിന മോൾ, എ.കെ. തണൽ ഭാരവാ ഡോ.ഷാഹിന മോൾ. എ.കെ, തണൽ ഭാരവാ ഹി അബ്ദു നാസർ പ്രസംഗിച്ചു. ഭിന്നശേഷി കുട്ടികളും കോളജിലെ വിദ്യാർഥികളും ചേർ ന്ന് ബൈ്വിധ്യമാർന്ന കലാ പരിപാടികൾ നട ത്തി. മഞ്ചേരിയിലെ ഐ.എൽ.യു. തണൽ ഏർളി ഇന്റർവൻഷൻ സെന്ററിലെ വിദ്യാർഥി കളാണ് യൂണിറ്റിയിലെ വിദ്യാർഥികളുടെ അ തിഥികളായെത്തിയത്. മനം നിറഞ്ഞ് ആടി പ്പാടി അവർ അതിജീവനത്തിന്റെ പുതിയ സ്വ പ്നങ്ങളുമായാണ് മടങ്ങിയത്. തണൽ ഭാര വാഹി വി.ആലിപ്പ, റിഹാബിലിറ്റേഷൻ സൈ ക്കോളജിസ്റ്റ് ജോയിസി ജോയ്, സൈക്കോള







MOU/ COLLABORATIONS



Long 76.083784°

euuga

Team Incubation

Psyfos Centre for Mental Health and Wellbeing, Manjeri

27/09/22 01:40 PM GMT +05:30



Manjeri, Kerala, India 43JM+4FM, Manjeri, Kerala 676122, India Lat 11.13026° Long 76.083758° 07/07/23 02:51 PM GMT +05:30

SPS Map Camera

Team InPsyGht, Malappuram

Manjeri, KL, India Ernad, Manjeri, 676122, KL, India Lat 11.124951, Long 76.086210 08/22/2024 11:11 AM GMT+05:30

Wellness Clinic, Manjeri







RESEARCH GUIDESHIP AND MENTORSHIP

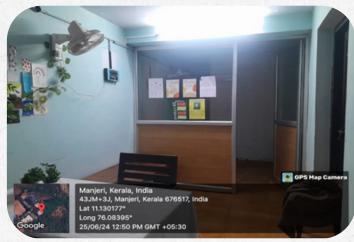
YEAR	NO. OF PROJECTS
2019-22	29
2020-23	7
2021-24	11



INFRASTRUCTURE FACILITIES

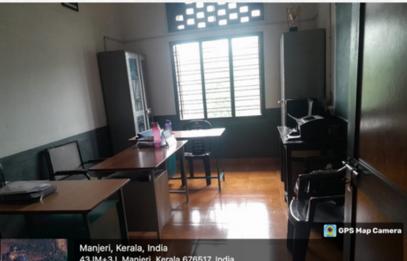
FACILITIES	EXISTING
Classroom	3 - B204,B209, B303
Books	(General Library)
Desktop Computer	1
LAB	1- B304
Smart TV	3
LCD Screen	1
Printer	1
Counselling Room	1 – B305
Staff Room	1- B307
Shelf	2





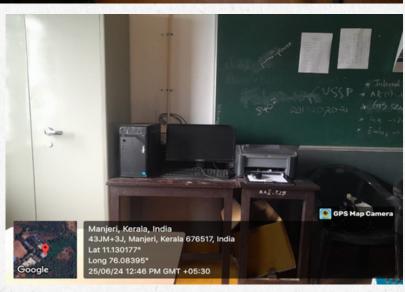


INFRASTRUCTURE FACILITIES

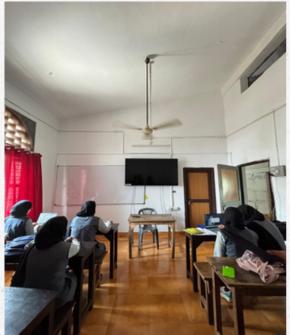




Manjeri, Kerala, India 43JM+3J, Manjeri, Kerala 676517, India Lat 11.130177° Long 76.08395° 25/06/24 12:46 PM GMT +05:30











CAPACITY BUILDING PROGRAMS

Activities

Workshops

Awareness classes

Sessions

Debates

Certificate courses



ASSOCIATION PROCRAMME



International Yoga Day

Workshop on Listening Skills







CAPACITY BUILDING PROGRAMS

Awareness classes on World suicide prevention day





Class on personality disorders









STUDENT PROGRESSION

YEAR	NO OF STUDENTS
2023-2024	25
2022-2023	19
2021-2022	24





STUDENT PLACEMENT

YEAR	NO OF STUDENTS	
2023-2024	1 + 3 entrepreneurs	
2022-2023	-	
2021-2022	6 + 1 entrepreneur	





ALUMNI ACTIVTIES/MEET

YEAR	NO.OF ACTIVITIES & MEET
2023-2024	5 + 1 (meet)
2022-2023	6

ALUMNI LECTURES-ODYSSEY



KAHM UNITY WOMEN 'S COLLEGE MANJERI AFFILIATED TO UNIVERSITY OF CALICUT, REACCREDICTED BY NACC B+-GRADE, NARUGARA (PO) MANJERI , MALAPPURAM, KERALA, INDIA

Department of Psychology

ALUMINI LECTURE SERIES -7

TALK ON **DRUG ABUSE**



MRS.NIHALA

acualty Coordinator Mrs. Shifana.P

Student Coordinate Fathima Rifa .NK

28, FEB 2023



OF PSYCHOLOGY

KAHM UNITY WOMEN'S COLLEGE

DEPARTMEN

Saturday

7:30 PM

Platform:

AFLA HANNA

MANJERI

Affiliated to University of Calicut, reaccredited by NAAC B++ grade, Narukara(po), Manjeri, Malappuram



●Google meet





ALUMNI LECTURES-ODYSSEY







PROMINENT ALUMNI



Sherin P (2019-2022 Batch) Talent Acquisition Manager, Yourstutor



Asma Sherin E (2019-2022 Batch) Healthcare Assistant, Quadrant Care, United Kingdom



Fathima Naja P C (2019-2022 Batch) Trainee Medical Coding Assistant, Medcode Services- IT Company, Kakkanad



Nihala Jabin P T (2019-2022 Batch) Psychologist Trust Centre for Mindful Living, Calicut



Fathima Hiba (2019-2022 Batch) Academic Coordinator, Absolute Mind Counselling and Psychotherapy Centre



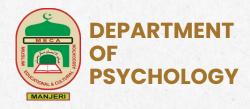
Najiya P (2019-2022 Batch Child Behaviour Therapist, Kuriikkal Clinic and Lab, East Pandikkad



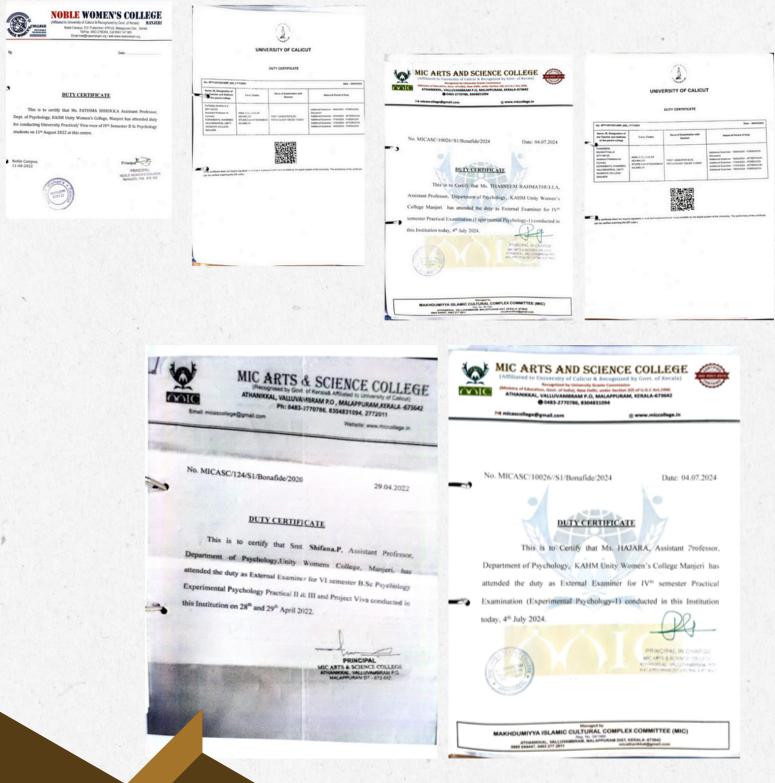
FACULTY PARTICIPATION & POSITION IN VARIOUS BODIES

SL NO	NAME OF THE FACULTY	DEPARTMENT LEVEL	COLLEGE	UNIVERSITY
1	Fathima Shirin K A	Head of the Department	Coordinator - Wellness Club and Counselling Cell	UG & SDE Valuation camps, External examiners
2	Hajara	DQAC, Website coordinator (2023- present)		UG & SDE Valuation camps, External examiner
3	Thasneem Rahmathulla	CUCBCSS Coordinator (2023- present)	Coordinator - Mental Health Club and Psychology Club	UG & SDE Valuation camps, External examiner
4	Fidha Rahman	DQAC (2020-2023)		UG & SDE Valuation camps, External examiner
5	Shifana P	CUCBCSS Coordinator (2021- 2023)		UG & SDE Valuation camps, External examiner

...



FACULTY PARTICIPATION & POSITION IN VARIOUS BODIES





DETAILS OF ONLINE CERTIFICATE COURSES

	Fathima Shirin K A	•	One Credit Course on Learner Psychology of Two Weeks duration with the consolidated score of 70 % offered by Tamil Nadu Teachers Education University, Chennai - 600 097 Learning Disability training program - Wellness Clinic, Manjeri Online skill training course in Counselling and guidance- Psy Craft, Aifer Education Attended workshop on the art of writing conference papers-Team Incubation and Farook College
--	--------------------	---	--

- Jelwamol C
- 20 Hours Life Skill Training programme- E Sreedharan Centre for Life Skills Education, Central University of Kerala





BEST PRACTICES

2222

K A H M UNITY WOMEN'S COLLEGE, MANJER. (Affiliated to the University of Calicut. Reaccredited by NAAC B++ Grade) Narukara P.O, Manjeri, Malappuram, Kerala, India

D E P A R T M E N T OF PSYCHOLOGY

DECEMBER 3

World Disability Day

KOODE 0.2

Koottilangadi, Kerala, India

.061467, Long 76.112029 /2024 12:56 PM GMT+05:30

12:00 pm Buds Sch

Counselling Cell

• Ventilate your emotions

Observing World Disability Day

• Koode

KAHM UNITY WOMEN'S COLLEGE, MANJERI (Affiliated to the University of Calicut. Reaccredited by NAAC with B++ gra. Narukara P.O, Manjeri, Malappuram, Kerala, India-676122

DEPARTMENT OF PSYCHOLOGY presents

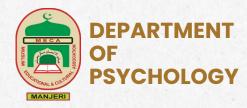
REOPENING OF COUNSELING CELL

Providing free offline psychological consultation service.

Video launch by College Principal PROF. (DR.) MUHAMMED BASHEER UMMATHUR AT COLLEGE AUDITORIUM | 12 PM | 27/6/2023



dent Coordinatorhima Risly A M





SWOC ANALYSIS



- Counselling services

- Resources- Psychology lab & 100% ICT enabled classrooms

- Admissions in Central/state universitie



- No options for specialization or postgraduate studies

- Small Alumni Network



 Potential to introduce postgraduate program
 Collaborations with mental health institutions & NGOs



- Students without science background - Dropouts





FUTURE PLANS

PG Department

Wellness Park

Skill Development Workshops